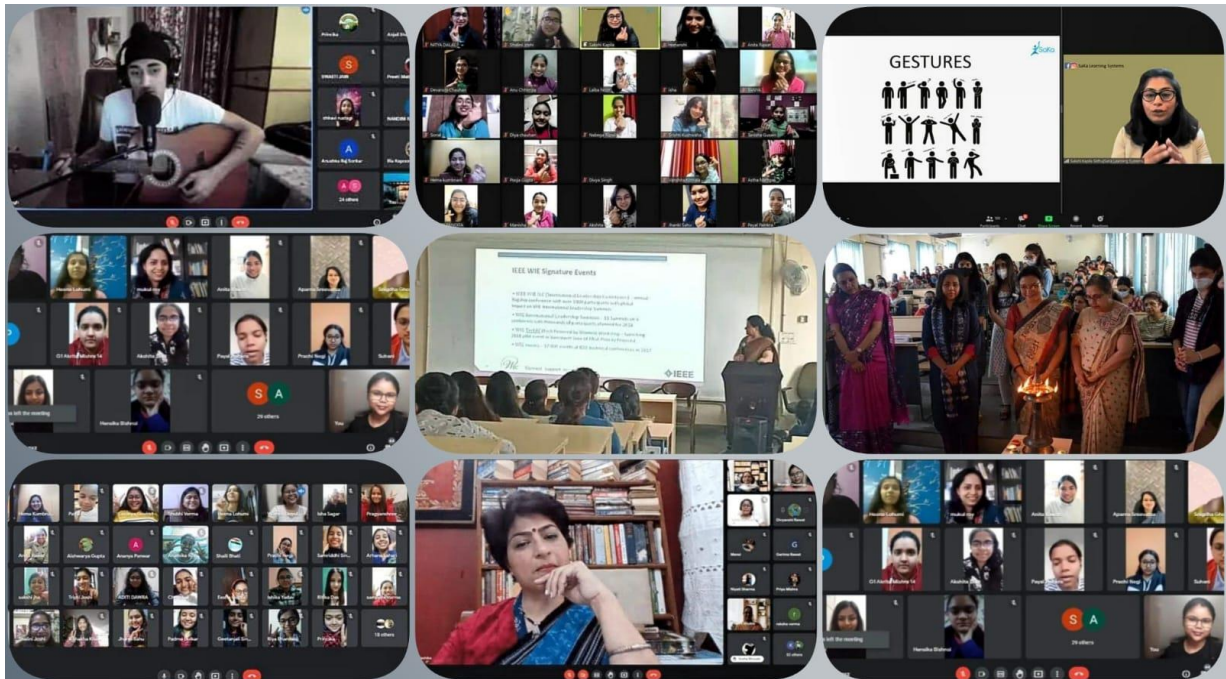


Anubhuti: The Women Development Cell (2021-22)

- Organized a webinar in collaboration with Menstrual Café, SRCASW, on “PCOS - Let's Debunk Myths” on 24th September 2021 with guest speaker, Dr. Reema Ranka, B.P.T, ICCE, Women's Health Physiotherapist.
- Organized a webinar on “Her Story Over Decades: Défense and Leadership Edition” 23rd October 2021 with the honourable TED Speaker and the First Lady Officer posted at a High Altitude, Captain Yashika.
- Organized a two-day Skill Development Workshop on the topic: “Acing in Public Speaking and Confidence Development”, with esteemed guest speaker, Sakshi Kapila, Founder of SaKa Learning Systems and Soft Skill Trainer at CU from 11th – 12th January 2022.
- WDC, on the occasion of **National Girl Child Day**, conducted a Poetry Writing Competition, on the theme, “My Voice, our Equal Future”, on 26th January 2022.
- Organized an **Awareness Session on National Cancer Day**, with eminent guests, Dr. Mukul Roy, MBBS, DNB, MBA, Fellowship in Precision and Dr. Aparna Sreevatsa, MBBS, MD Pediatrics on 4th February 2022.
- Organized a Panel Discussion in collaboration with Girl Up Nayaab, under the aegis of IQAC, on “Women in STEM” on 8th March 2022, under Ahaan'22.
- Organized annual fest “Ahaan'22” with various events like Musical Evening Competition, Stand up Comedy, Photography Competition based on the theme, “What SHE Sees”, Street Harassment Workshop on the topic, “Shatter the Silence, Mono-Acting Competition, Article Writing Competition on the topic, “Women Empowerment in STEM”.
- Anubhuti started a 2nd cycle of Collection Drive from 29th November till 3rd December where people could come and donate things related to personal hygiene.



Interactive & Informative Webinar

HerStory over Decades:

Science & Leadership Edition

October 23rd
Saturday

11:30 am onwards

CAPTAIN YASHIKA
Kavali War Veteran

ANUBHUTI
THE WOMEN DEVELOPMENT CELL
(University of Delhi)

NATIONAL CANCER DAY

Organized by ANUBHUTI

4 February, 2022
1pm onwards

with **Mukul Roy** and **Dr. Aparna Seewata**

आहान '22
WORDSMITH

ARTICLE WRITING COMPETITION

THEME - HAPPIER THE WOMEN, STRONGER THE NATION

DATE: 8th - 10th March 22

TIME: 11.00 AM ONWARDS

ANUBHUTI
THE WOMEN DEVELOPMENT CELL
SHAHJEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(University of Delhi)

4 days skill development workshop

RACING IN PUBLIC SPEAKING AND CONFIDENCE DEVELOPMENT

January 11

Shahjeed Rajguru College of Applied Sciences for Women
(University of Delhi)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

आहान '22

GIRL UP NAYAAB

A Themed Presentation on
Women in STEM

Identifying the Gender Gap and Exploring the roles of Women

KEYNOTE SPEAKER: **Dr. Anshu** | PANELISTS: **Dr. Anshu, Dr. Anshu, Dr. Anshu**

Shahjeed Rajguru College of Applied Sciences for Women
(University of Delhi)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

आहान '22

SARANG

- A SAGA OF SOUND -

14th March 2022 | Time: 8:30 pm | Venue: Google Meet and Live

SHAHJEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

Under the aegis of IQAC
on the occasion of
NATIONAL GIRL CHILD DAY

POETRY WRITING competition

Theme : My Voice, Our Equal Future.
Deadline : 20th January, 2022

Shahjeed Rajguru College of Applied Sciences for Women
(University of Delhi)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

आहान '22

Act It Out

- LADRI HO SAI KAS SKTI HO -
(A Mass Acting Competition)

THEME : Women Empowerment in Exemption of STEM

Deadline: 15th March 2022 | Time: 11:30 am onwards

Shahjeed Rajguru College of Applied Sciences for Women
(University of Delhi)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

आहान '22

Laugh-O-Coaster

with **Mr. Sunny V Sharma**

SHAHJEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

Under the aegis of IQAC
on the occasion of
NATIONAL GIRL CHILD DAY

SHORT VIDEO MAKING COMPETITION

DEADLINE - 10 FEBRUARY 2022 | EMAIL - REGS@SIRSI.UDELHI.INDIA

Shahjeed Rajguru College of Applied Sciences for Women
(University of Delhi)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

आहान '22

Street Harassment Workshop

- SNAATCH THE SILENCE, STOP THE VIOLENCE -

with **Mr. Salman**

• Certified Trainer by Ministry of Skill Development & Entrepreneurship
• 10+ years of experience in training
• 1000+ students trained in various fields

Shahjeed Rajguru College of Applied Sciences for Women
(University of Delhi)

ANUBHUTI
THE WOMEN DEVELOPMENT CELL

आहान '22

An Interactive and Informative session on:

SEX-EDUCATION

Topics covered : Peer pressure