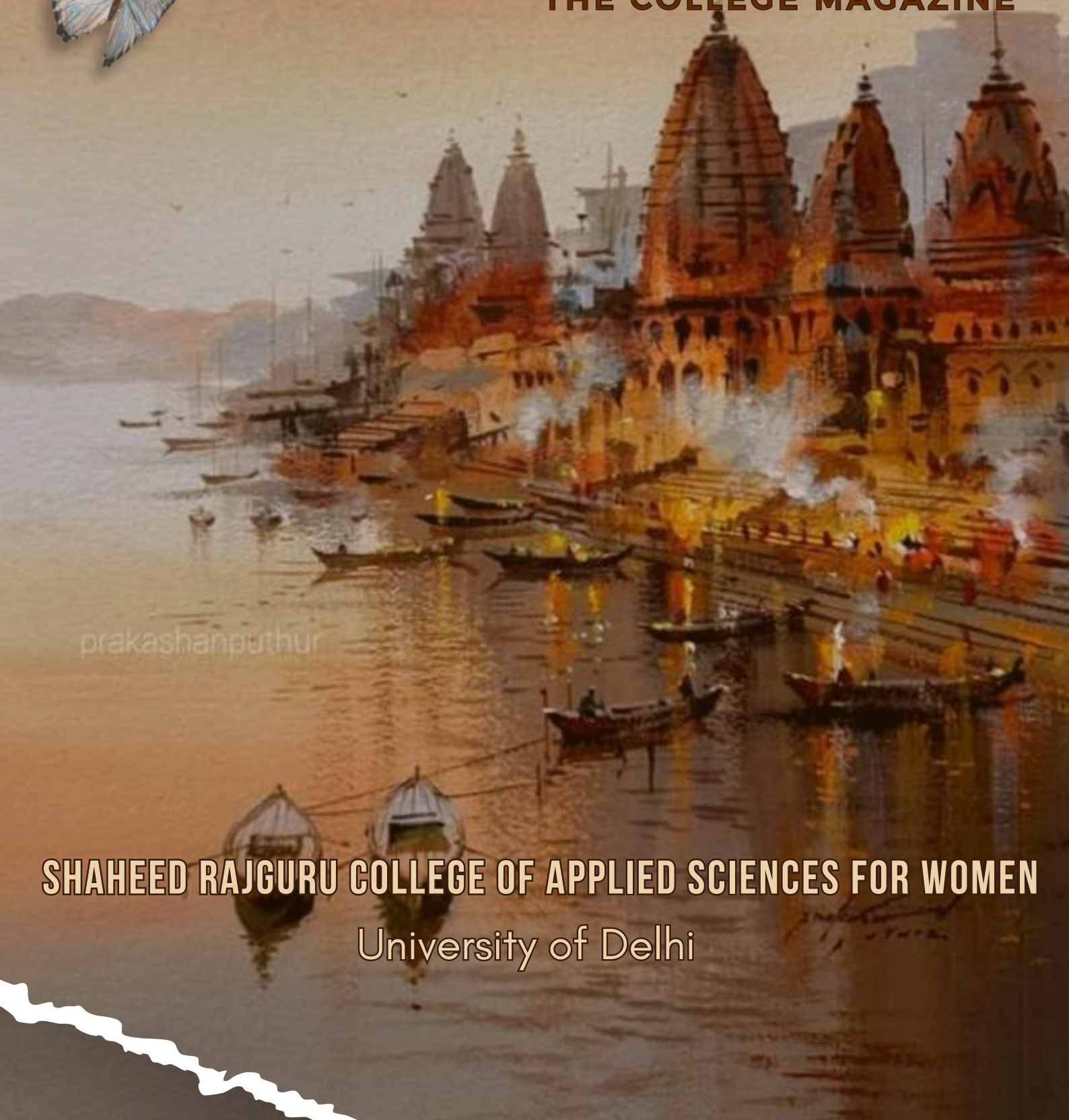


VOLUME:8
2024-25



Aakriti

THE COLLEGE MAGAZINE



prakashanputhur

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
University of Delhi

CREDITS

- **INKLINGS COUNCIL**

SUMANYA (President)

ALKA YADAV (President-Hindi Samaj)

MRIGANKI TYAGI (Vice-President)

- **DESIGNER HEAD**

VANSHIKA MAHESHWARI

- **EDITORIAL HEAD**

MEKHLA DHAR

HIMANI THAKUR

Principal's

Desk



Dear Students, Faculty, and Staff,

It is with great joy and immense pride that I welcome you to this edition of Aakriti, our annual college magazine. This year's theme, "Tapestry of Indian Heritage," celebrates not only the artistic and cultural brilliance that unites our nation but also the diverse and vibrant spirit of our own college community.

Aakriti is more than just a publication—it is a reflection of our shared aspirations, creativity, and resilience. Within these pages, you will find the voices of our dedicated faculty, insightful staff, and inquisitive students, each contributing their thoughts, achievements, and artistic expressions. This magazine stands as a testament to the intellectual and creative energy that defines Shaheed Rajguru College of Applied Sciences for Women.

I extend my deepest appreciation to all the contributors who have brought their ideas to life through this platform. Your creativity and passion ensure that Aakriti continues to inspire and uphold the proud legacy of our institution. A special note of gratitude goes to the editorial council, whose dedication and meticulous efforts have transformed this vision into reality.

As you explore these pages, I hope you find inspiration in the stories of perseverance, success, and innovation that shape our college. Let us continue to strive for excellence, united by our shared values and unwavering pursuit of knowledge.

Wishing you a thought-provoking and enriching reading experience.

Prof. (Dr.) Payal Mago

Principal

A MESSAGE TO

राजगुरु जी

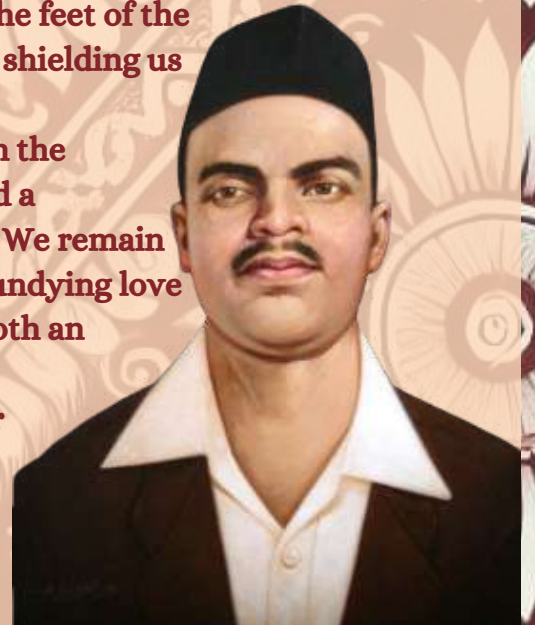
We offer our deepest salutations to Shivaram Hari Rajguru, whose valor and unwavering spirit endowed Shaheed Rajguru College of Applied Sciences for Women with our dignity and leaving behind an enduring legacy. We honor you with the holiest product of our collective efforts: the annals of your bravery, etched into every page, engraved in every brick of this institution. Your patriotic spirit lives on, not only in the heart of this college but in the very fabric of our nation.

In your rebellion and resilience against injustice, you have shown us the strength to rise above adversity. Your sacrifice and devotion to a greater cause are the gifts you have bestowed upon us, guiding us through each challenge. Your bravery continues to resonate in the hearts and souls of billions of us. It is because of warriors like you that we are privileged to call ourselves citizens of this great nation. Your courage, your indomitable strength, and your unyielding commitment to freedom stand as an eternal testament to your love for Bharat Mata, the spirit of our nation.

We are profoundly grateful for your immense valor, your unwavering perseverance, and your unparalleled sacrifice. The cosmic intensity of your suffering still sends chills down our spines, and your heroic strength and endless love for our nation continue to inspire us. Your fearless patriotism knew no bounds, and it has imprinted the spirit of liberation in the hearts of every citizen, especially the youth. Your legacy is a wellspring of innovation and inspiration for every generation that follows. It is impossible to fully capture the depth of your sacrifices and the weight of your forfeitures.

The immense cost of your selfless sacrifice; laid at the feet of the nation continues to stand as a pillar of our identity, shielding us from the forces of injustice and oppression. Our nation's freedom and independence were born from the relentless courage of warriors like you, who sparked a revolution that shattered the chains of colonialism. We remain eternally grateful for your renunciations and your undying love for this land. To dedicate these few lines to you is both an honor and a privilege, a small tribute to repay your immeasurable contributions. Today we invoke your

name and blessings as we embark on this auspicious journey of Aakriti' 25.



Convener's Note

Dear Readers,

It is with great pleasure that we present to you the latest edition of our college magazine, Aakriti 2024-25. This year, as we embrace the theme "Tapestry of Heritage," we celebrate the rich cultural, literary, and intellectual legacy that shapes our institution.

Like a tapestry woven with threads of history, tradition, and innovation, this magazine brings together diverse voices, perspectives, and artistic expressions. Each page reflects the vibrant spirit of our students and staff, capturing stories that connect the past with the present while paving the way for the future.

As the Convenor of the Inklings Society, I am immensely proud of the dedication and creativity exhibited by our talented team of writers, editors, designers, and contributors. Their efforts have transformed Aakriti into a platform that nurtures and showcases the boundless imagination of our college community.

I extend my heartfelt gratitude to everyone who played a role in bringing this edition to life. Your passion and commitment have made this magazine a true reflection of our shared heritage and evolving narratives.

I invite all our readers to immerse themselves in this beautifully woven tapestry of words and art, to celebrate the creativity within these pages, and to cherish the traditions that unite us. May Aakriti 2024-25 continue to inspire and uphold the excellence that defines our institution.

*Warm regards,
Dr. Himani Dua
Convenor*

President's Note

Inklings

Words have the power to immortalize moments and Aakriti 2025 stands as a testament to that very magic. More than ink on paper, it is the core part of Shaheed rajguru collage of applied sciences for Women—a vibrant tapestry woven with stories of ambition, triumph and unyielding spirit. Every page is a reflection of the passion that define us, capturing the echoes of laughter, the thrill of achievement.

Steering Inklings as its President has been a transformative journey—one that nurtured me not just as leader but as storyteller. This society has been my canvas, allowing me to articulate, create and celebrate the magic of words. Witnessing and chronicling the essence of our college within the pages of Aakriti has been both an honor and a privilege.

Just as India's heritage is a rich tapestry of wisdom, resilience and artistry, this edition of Aakriti weaves together voices that honor our past and embrace our future. Each page reflects the traditions, stories and creative spirit that define us. My deepest gratitude to my incredible team and the literary enthusiasts who have brought this vision to life, ensuring our legacy continues through the written word.

I hope Aakriti inspires, resonates and ignites the storyteller in you. May we continue to write, create and leave our mark—one word at a time.

Write, express and let your words shine!

Sumanya Kumari

President(2024-2025)

Editor's Desk

With immense enthusiasm and pride, we present this year's edition of Aakriti, woven around the theme "Tapestry of Indian Heritage." Within these pages lies a celebration of India's cultural richness—stitched together with traditions, beliefs, and the dreams of a generation carrying its legacy forward.

Editing this edition has been a journey through creativity itself challenging yet deeply fulfilling. From collecting and curating to refining each piece, every step has brought us closer to the voices behind these stories, every contribution adding a unique shade to this vibrant canvas.

As Chief Editor, shaping these narratives has been an absolute privilege. But this magazine wouldn't be what it is without the unstoppable Editorial Team—dedicated, passionate, and committed to bringing this vision to life. To them, and to every contributor who poured their creativity into Aakriti, I extend my deepest gratitude. So, as you flip through these pages, let yourself get lost in the stories, immerse in the visuals, and celebrate the voices that make this edition truly special.

~Mekhla Dhar
Chief Editor (2024-25)
Inklings

It is a privilege to present this edition, a canvas of creativity, intellect, and expression. This magazine is not just a collection of words but a reflection of our students' diverse talents, perspectives, and aspirations.

Sitting with stacks of submissions, marking edits, and debating over the smallest details—it's a process I've grown to cherish. Being the Sub-editor has been more than just a title; it's been a journey of learning and appreciating the power of words.

.Being a part of this process has been more than just an editorial role; it as been an experience of growth, collaboration, and creativity.

Every article, every poem carries a piece of someone's heart, and I feel honored to help shape this collective expression. This magazine isn't just pages—it's passion, persistence, and the power of words.

~Himani Thakur
Sub-Editor (2024-25)
Inklings



QUICK PEEK

- ✿ THE FORCE BEHIND THE VISION
- ✿ INKLINGS COUNCIL
- ✿ INKLINGS WORKFORCE
- ✿ STUDENT COUNCIL REPORT
- ✿ CULTURAL CROSSROADS
- ✿ SOCIETY REPORTS
- ✿ DEPARTMENT REPORTS
- ✿ COLLEGE PILLARS
- ✿ CREATIVE QUILL
- ✿ SHUTTER STORIES FT.
- ✿ SHUFFLESHOTS
- ✿ ART ALOOVE FT. ELVIRA

The Force Behind the Vision

Inklings had the utmost honour of sitting down was Prof. Dr. Payal Mago, Principal, Shaheed Rajguru College of Applied Sciences for Women, University of Delhi wherein ma'am walked us through her inspiring journey, resilient motivations and transformative institutional visions.

Question: Could you kindly share with us what inspired you to choose the path of academics and leadership, and how your journey has shaped over the years?

Answer: My decision to pursue academia was inspired by mentors who instilled in me a deep respect for knowledge and intellectual growth. I have always viewed education as a means to shape not only professional competence but also character and critical thinking. Leadership responsibilities evolved naturally, enabling me to create an environment that fosters innovation, inclusivity, and academic excellence, thereby preparing individuals to make meaningful contributions to society.

Question: Leadership comes with its share of challenges. May we ask how you keep yourself motivated and continue to inspire those around you despite such challenges?

Answer: Challenges are an inherent part of leadership, and I view them as opportunities for growth rather than obstacles. My motivation stems from the tangible impact education has on students' lives and futures. By maintaining a clear vision, staying solution-oriented, and fostering a collaborative environment, I am able to navigate difficulties effectively. Witnessing the resilience, achievements, and progress of our students and faculty continually inspires me to persevere with renewed commitment.

Question: As the Principal of Shaheed Rajguru College and Director of School of Open Learning, University of Delhi, how do you manage to balance multiple high-level responsibilities effectively?

Answer: Balancing multiple responsibilities requires clarity of vision, effective time management, and a strong support system. I prioritize tasks based on institutional goals, delegate responsibilities to capable teams, and maintain open channels of communication. Equally important is staying organized and focused, ensuring that each role receives the attention it deserves. By fostering collaboration and empowering colleagues, I am able to fulfil diverse responsibilities while upholding the standards of excellence expected from our institutions.



Q

Question: What is your personal philosophy on lifelong learning, and how do you ensure continued intellectual growth, while serving in such responsible positions?

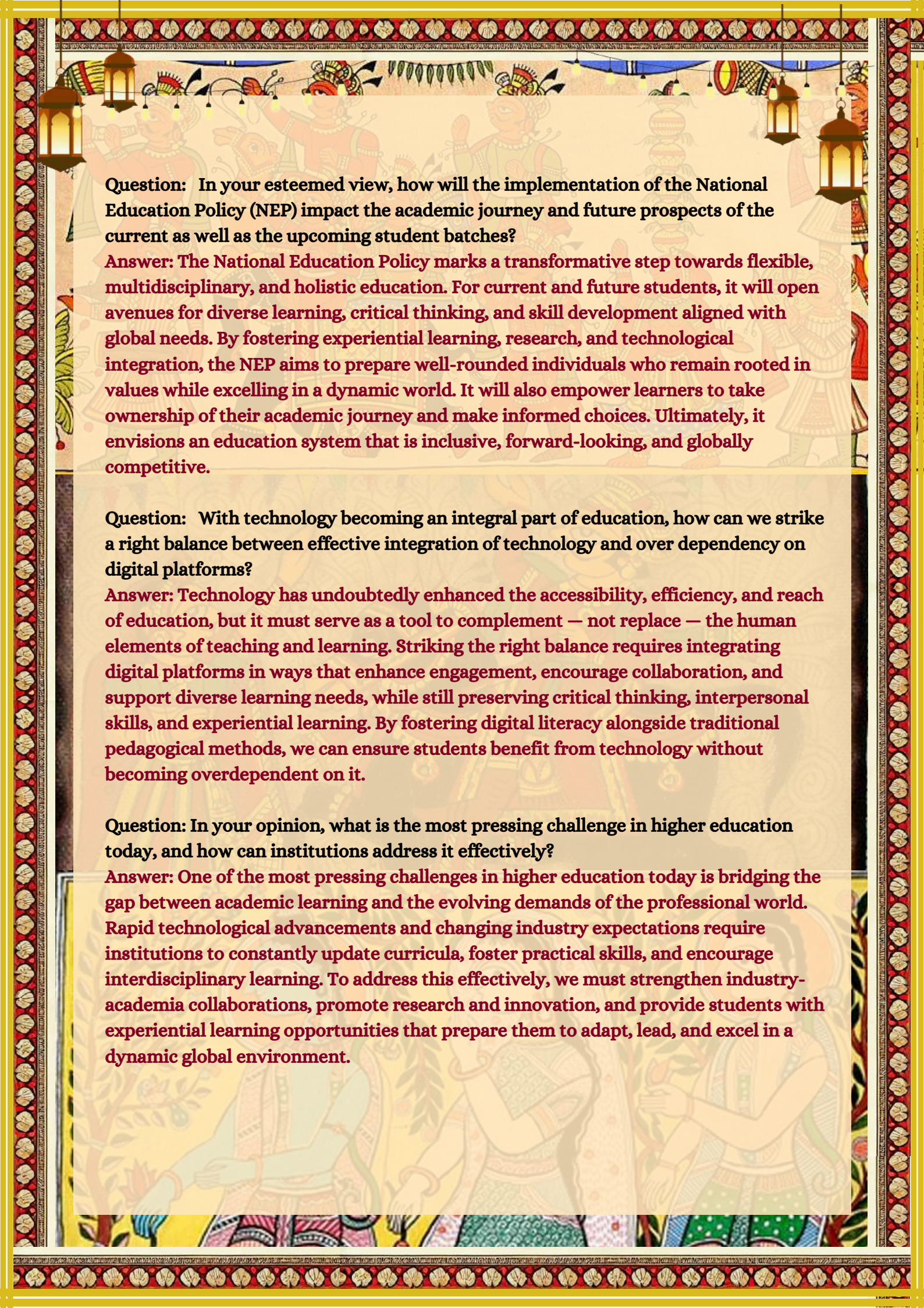
Answer: I firmly believe that lifelong learning is the cornerstone of both personal and professional growth. In an ever-evolving academic and societal landscape, remaining intellectually engaged is essential for relevance, adaptability, and innovation. I consciously make time to read extensively, participate in academic discourse, attend seminars, and interact with experts from diverse fields. These experiences broaden my perspectives and inform my decision-making. By embracing continuous learning, I not only enrich my own understanding but also strive to set an example for students and colleagues, reinforcing the belief that the pursuit of knowledge knows no boundaries and should be nurtured at every stage of life.

Question: You have authored many books, including “Stritva: Stories of Indian Womanhood”. Could you kindly share the message you wished to convey through this significant work?

Answer: "Through Stritva: Stories of Indian Womanhood, my intention was to highlight the resilience, strength, and multifaceted roles of Indian women across diverse contexts. The book seeks to present narratives that inspire reflection on gender, identity, and empowerment, while celebrating the spirit of womanhood. It is my hope that these stories encourage readers to acknowledge the contributions of women, challenge societal stereotypes, and work towards a more equitable and inclusive future."

Question: Ma'am, before we explore your inspiring journey, could you kindly share a few words on how you perceive/see yourself, both personally and as a leader?

Answer: On a personal level, I see myself as a lifelong learner — someone who values discipline, integrity, and empathy in all interactions. As a leader, I perceive my role as that of an enabler, committed to creating an environment where students and faculty can realise their full potential. I believe effective leadership in academia rests on vision, inclusivity, and the ability to inspire collective growth.



Question: In your esteemed view, how will the implementation of the National Education Policy (NEP) impact the academic journey and future prospects of the current as well as the upcoming student batches?

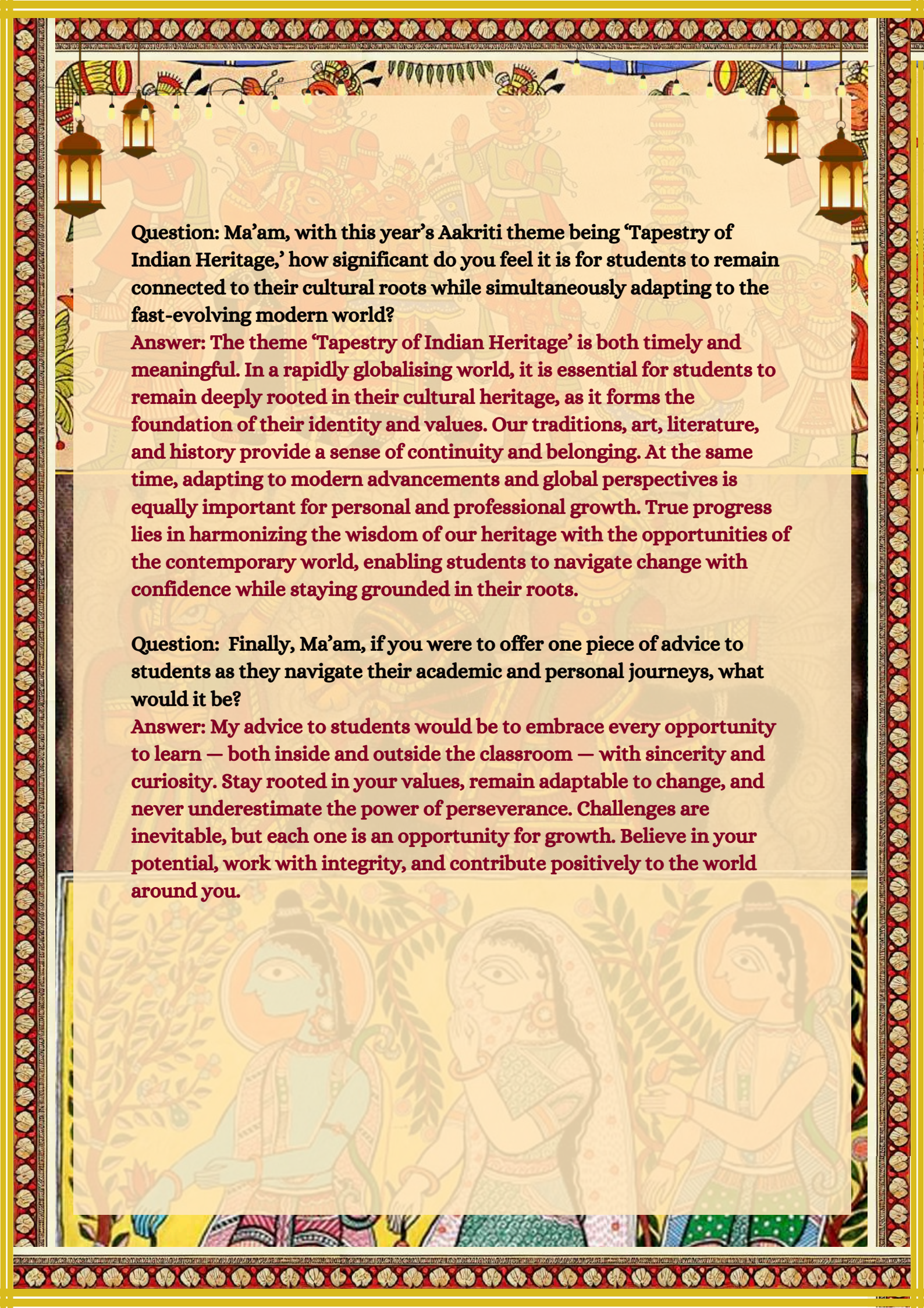
Answer: The National Education Policy marks a transformative step towards flexible, multidisciplinary, and holistic education. For current and future students, it will open avenues for diverse learning, critical thinking, and skill development aligned with global needs. By fostering experiential learning, research, and technological integration, the NEP aims to prepare well-rounded individuals who remain rooted in values while excelling in a dynamic world. It will also empower learners to take ownership of their academic journey and make informed choices. Ultimately, it envisions an education system that is inclusive, forward-looking, and globally competitive.

Question: With technology becoming an integral part of education, how can we strike a right balance between effective integration of technology and over dependency on digital platforms?

Answer: Technology has undoubtedly enhanced the accessibility, efficiency, and reach of education, but it must serve as a tool to complement — not replace — the human elements of teaching and learning. Striking the right balance requires integrating digital platforms in ways that enhance engagement, encourage collaboration, and support diverse learning needs, while still preserving critical thinking, interpersonal skills, and experiential learning. By fostering digital literacy alongside traditional pedagogical methods, we can ensure students benefit from technology without becoming overdependent on it.

Question: In your opinion, what is the most pressing challenge in higher education today, and how can institutions address it effectively?

Answer: One of the most pressing challenges in higher education today is bridging the gap between academic learning and the evolving demands of the professional world. Rapid technological advancements and changing industry expectations require institutions to constantly update curricula, foster practical skills, and encourage interdisciplinary learning. To address this effectively, we must strengthen industry-academia collaborations, promote research and innovation, and provide students with experiential learning opportunities that prepare them to adapt, lead, and excel in a dynamic global environment.

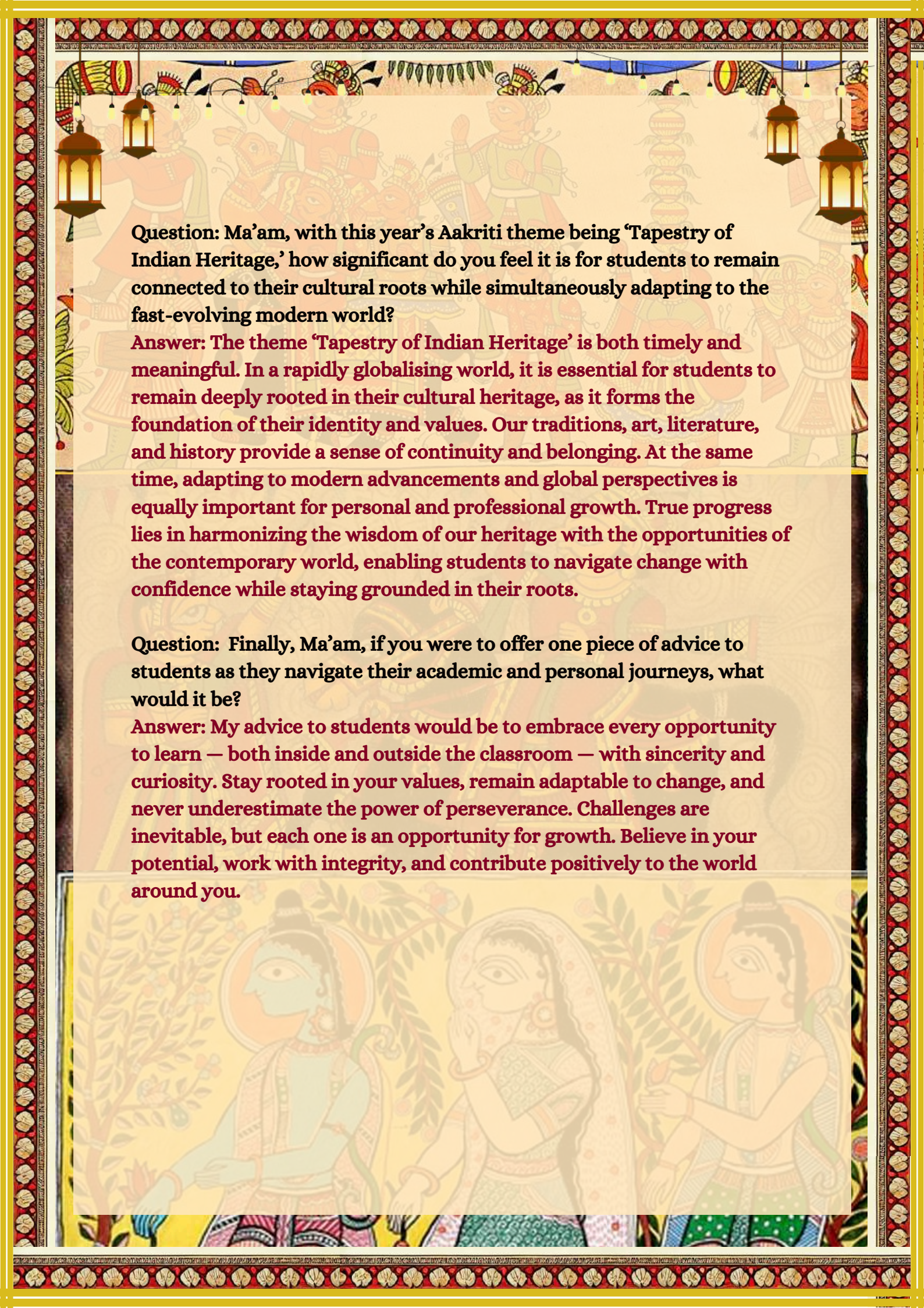


Question: Ma'am, with this year's Aakriti theme being 'Tapestry of Indian Heritage,' how significant do you feel it is for students to remain connected to their cultural roots while simultaneously adapting to the fast-evolving modern world?

Answer: The theme 'Tapestry of Indian Heritage' is both timely and meaningful. In a rapidly globalising world, it is essential for students to remain deeply rooted in their cultural heritage, as it forms the foundation of their identity and values. Our traditions, art, literature, and history provide a sense of continuity and belonging. At the same time, adapting to modern advancements and global perspectives is equally important for personal and professional growth. True progress lies in harmonizing the wisdom of our heritage with the opportunities of the contemporary world, enabling students to navigate change with confidence while staying grounded in their roots.

Question: Finally, Ma'am, if you were to offer one piece of advice to students as they navigate their academic and personal journeys, what would it be?

Answer: My advice to students would be to embrace every opportunity to learn — both inside and outside the classroom — with sincerity and curiosity. Stay rooted in your values, remain adaptable to change, and never underestimate the power of perseverance. Challenges are inevitable, but each one is an opportunity for growth. Believe in your potential, work with integrity, and contribute positively to the world around you.



Inklings Council



**SUMANYA
PRESIDENT**



**ALKA YADAV
PRESIDENT
(HINDI SAMAJ)**



**MRIGANKI TYAGI
VICE PRESIDENT**



**PURVA RATHORE
TREASURER**



**MEKHLA DHAR
CHIEF EDITOR**



**SURABHI
SECRETARY**



**VANSHIKA M.
SM AND GRAPHICS
HEAD**



**SNEHA SINGH
PUBLIC RELATIONS
HEAD**



**HIMANI THAKUR
SUB-EDITOR**

Aakriti Workforce

SOCIAL MEDIA & GRAPHICS TEAM

- *Akshara* • *Surabhi* • *Sheetal*
- *Janhvi Mishra* • *Chitranshi Mishra*
- *Rashmi Sharma* • *Rupa Karmakar*
- *Yashika Yadav* • *Rumaan Bushra*
- *Shreya Bhattacharya* • *Manasvi Gupta*

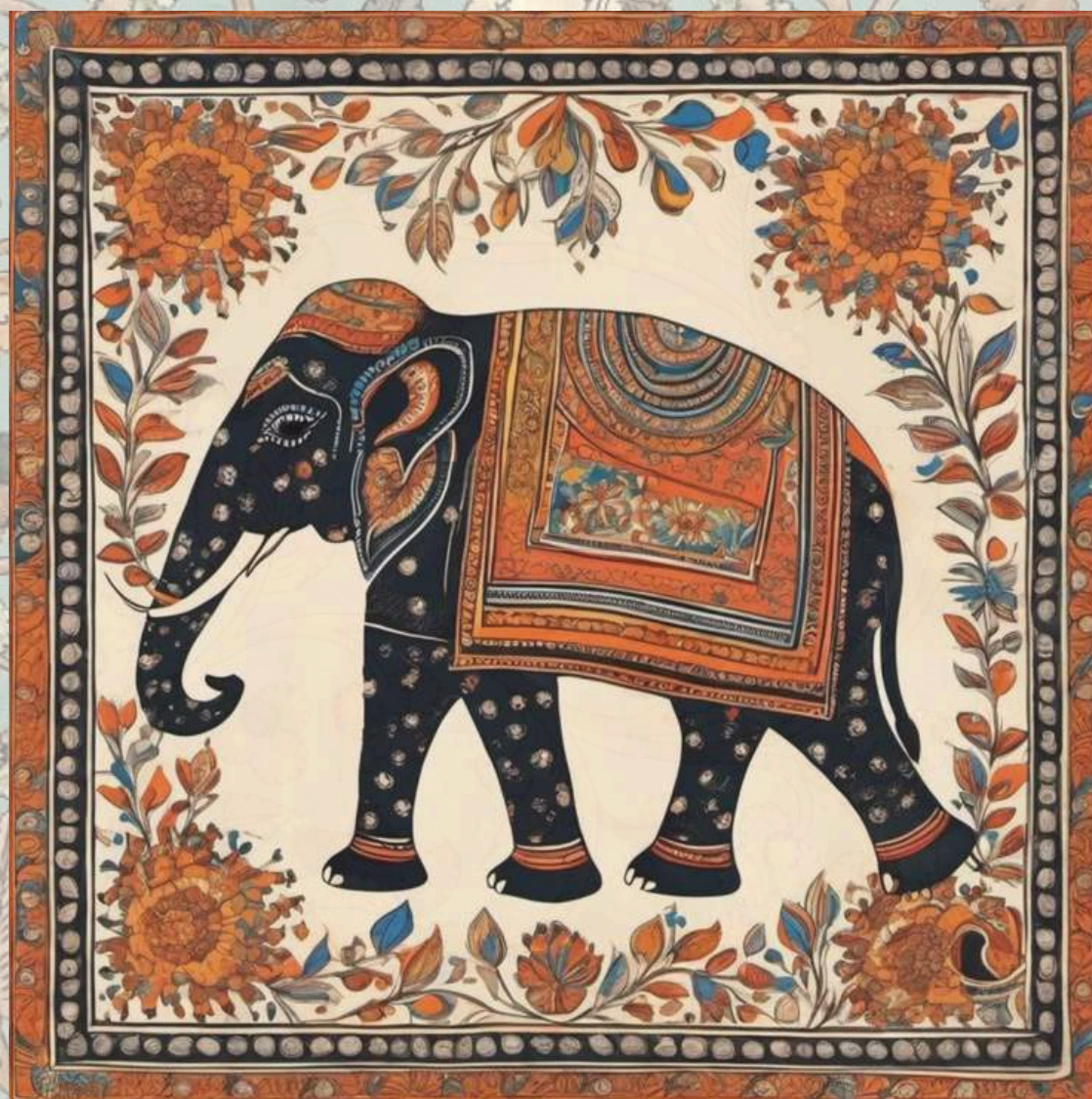
HINDI SAMAJ

- *Chhavi* • *Surabhi* • *Khushi Kain*
- *Preeti Singh* • *Mansi Kushwaha*
- *Surbhi Garg* • *Shagun Garg*
- *Chitranshi Mishra* • *Sonali Kumari*

ACADEMIC TEAM

- *Khushi Arya* • *Ayushi Mishra*
- *Preeti Singh* • *Harshika Dhamija*
- *Chitranshi Mishra* • *Nadah Farin PN*
- *Ashka* • *Sashwati Bhattacharjee*
- *Tesha Anubha Singh*

GLIMPSES OF COLLEGE



About our College

Shaheed Rajguru College of Applied Sciences for Women, a constituent college of the University of Delhi, has been a hub of academic excellence since 1989. Funded by the Government of NCT of Delhi, the college is NAAC accredited with an A+ grade and holds the 38th rank in the NIRF College Category. It offers 13 undergraduate programs across science, technology, and management, ensuring a balance of theoretical knowledge and practical skills. The college also hosts the CISCO Networking Academy, providing CCNA certification training.

With a student strength of around 1,700, Rajguru fosters an inclusive and dynamic learning environment. Its well-qualified faculty, cutting-edge laboratories, extensive digital library, and research-driven infrastructure create an ideal space for academic and professional growth. Beyond academics, the college boasts over 20 student-led societies, including Mukhauta (Dramatics), Aaharyaa (Dance), Inklings (Literary Society), and the Robotics Club, offering diverse extracurricular opportunities.

Rajguru actively engages in national and international conferences, faculty development programs, and industry collaborations, exposing students to the latest global advancements. As an IGNOU and SOL study center, it provides additional learning opportunities. Committed to holistic development, the college nurtures confident, ethical, and self-reliant professionals, ready to contribute to society and excel in their fields.

Biochemistry

DEPARTMENT

The Department of Biochemistry is dedicated to empowering women through excellence in biochemistry education, fostering scientific curiosity, critical thinking, and innovation for societal and healthcare advancements. Our mission is to provide a strong academic foundation through an interdisciplinary curriculum that integrates theoretical knowledge with hands-on laboratory experience.



Biomedical Science

DEPARTMENT

The department aims to advance knowledge through innovative research, interdisciplinary collaboration, and hands-on learning to empower students with scientific expertise for addressing global health challenges. We envision fostering a dynamic environment that inspires discovery, innovation, and transformative contributions to healthcare and biomedical advancements.



Chemistry

DEPARTMENT

The Department of Chemistry envisions creating a hub of scientific excellence, where innovation meets sustainability to drive meaningful advancements in chemical sciences. Our mission is to inspire and equip students with deep scientific knowledge, critical thinking abilities, and hands-on research experience to solve real-world challenges.





Electronics

DEPARTMENT

Our vision is to empower students to explore electronics through hands-on experiences, seminars, and workshops. We foster innovation, patience, and competitiveness, culminating in Electromania. We nurture holistic growth, balancing academic excellence with personal, emotional, and social development.



Computer Science

DEPARTMENT

The Department of Computer Science is committed to fostering innovation, technical expertise, and research-driven growth. With a focus on empowering students, it bridges the gap between academics and industry through expert-led sessions, technical training, and collaborative projects, nurturing future-ready professionals poised for impactful contributions.



Food Technology

DEPARTMENT

The Department of Food Technology envisions being a center of excellence in food science, fostering innovation, sustainability, and global standards in food processing and safety. Our mission is to equip students with cutting-edge knowledge and skills through research, industry collaboration, and hands-on training, promoting food security, quality, and nutrition.

Finance

DEPARTMENT

The Department of Financial Studies equips students with financial expertise, analytical skills, and real-world applications through workshops, seminars, and competitions. The 2024-2025 academic session featured insightful events, fostering intellectual and professional growth while bridging the gap between theory and industry needs.



Management

DEPARTMENT

The Department of Management Studies emphasizes leadership, strategic thinking, and human capital management through seminars, workshops, and interactive events. The 2024-2025 session featured engaging initiatives, enriching students' knowledge and experience in management, finance, entrepreneurship, and organizational leadership.

Mathematics

DEPARTMENT

The Department of Mathematics commits to nurturing students into agile thinkers and problem solvers. The department enriches academic learning and equips students with skills essential for real-world success. The unwavering support of faculty members, combined with the passion and creativity of students, ensures that the department remains a hub of inspiration, innovation, and holistic growth.





Instrumentation DEPARTMENT

The Department of Instrumentation envisions excellence in academics, interdisciplinary curriculum, research, and industry collaboration by integrating theoretical foundations with practical applications in emerging technologies. Through research-driven learning, skill development, and ethical leadership, the department prepares professionals to contribute meaningfully to academia, industry, and technological advancement.



Microbiology DEPARTMENT

The Department of Microbiology envisions becoming a center of excellence in microbiology education, research, and innovation, empowering students with essential skills to bridge the gap between academia and industry and to address global challenges in health, sustainability, and industrial development.



Talk session on 19th March 2025



Teacher's Day Celebration on 5th September 2024



Orientation on 29 August 2024



Two day hands-on workshop, on 3rd and 4th October, SRCASW

Physical Education DEPARTMENT

The Department of Physical Education and Sports is committed to promoting a culture of fitness, sportsmanship, and well-being among students, faculty, and staff. Through various programs, tournaments, and awareness sessions, the department strives to instill the values of discipline, teamwork, and a healthy lifestyle

Physics

DEPARTMENT

The Physics Department strives to foster scientific curiosity, innovation, and excellence in research and education. Our mission is to equip students with a strong foundation in theoretical and experimental physics while encouraging interdisciplinary learning. We envision creating future scientists, researchers, and leaders who contribute to advancements in science and technology



Psychology

DEPARTMENT

Our department aspires to nurture a new generation of innovative learners poised to inspire future leaders in learning. Our holistic educational framework empowers students with distinct potential, promoting excellence, lifelong learning, and transformative experiences for resilient and impactful learners.



Statistics

DEPARTMENT

At Parastika, we believe in the power of statistics to drive success. Through hard work, teamwork, and innovation, we strive to minimize variations and achieve the most accurate outcomes. Our goal is not only to use statistics theoretically but, in each and every part of life to secure excellence.





**STUDENT
COUNCIL
REPORT**

President's Note

If I had to describe my journey as the college president in one phrase, it would be: a stage unlike any other. As someone who has spent countless hours anchoring events, I thought I was prepared for the spotlight. But leading an entire college? That was a whole new script—one filled with plot twists, impromptu dialogues, and an audience that always kept me on my toes yet showed their love in their own way.

From late-night event planning fueled by endless cups of chai to balancing academics with my love for theatre and music and some much more, this year has been nothing short of a dramatic performance. I've learned that leadership isn't just about making big decisions; sometimes, it's about embracing the unexpected—like when a buffering sound system turned a meticulously planned event into an impromptu DJ dance party. Of course, none of this would have been possible my team who were always ready for the next big thing. Whether it was pulling off last-minute miracles or turning stress into laughter, they have been instrumental to this whirlwind experience.

As my tenure comes to an end, I step off this stage with a heart full of gratitude. To those who come next—may your journey be as exciting, chaotic, and rewarding as mine. Face every challenge with a smile, keep the chai brewing, and never stop making the most of the moments that matter and don't forget who all these efforts are for! After all, as they say, the world's a stage and college is the grandest stage of them all. Make sure you own it!

Meera Prakash Gupta
President (2024-25)



Events & Initiatives

2024-25

Pledge Taking Event on Indian Constitution Day (26th November, 2024)

Also known as Samvidhan Divas, this event was held in the college foyer, where students and faculty took an oath to honor and uphold the Indian Constitution.

Republic Day Celebration and Oath-Taking Ceremony (24th January, 2025)

Starting the day with the hoisting of the national flag in honor of our martyred freedom fighters, our Principal, Dr. Payal Mago delivered an inspiring speech, setting the tone for the oath-taking and badge ceremony of the newly elected Student Council. The event featured captivating performances by AAROHANA (music society) and AAHARYA (dance society), adding vibrancy to the occasion. The celebration concluded on a sweet note with the distribution of sweets, leaving everyone with a sense of pride and togetherness.

Talk Session on Cyber Security (18th December, 2024)

On December 18, 2024, the Cultural Committee and Student Council of Shaheed Rajguru College organized a Cyber Security talk show featuring Shri Ram Phal Pawar, an IIT Kanpur alumnus and former IPS officer.

Saraswati Puja Celebration (3rd February, 2025)

The event, held in the Admin Block, was a beautiful and heartfelt celebration that began with the worship of Maa Saraswati, led by our Principal Ma'am. The air was filled with devotion as the Music Society, AAROHANA, enchanted everyone with a soulful rendition of Saraswati Vandana. After the prayers, Prasad was distributed, bringing students and faculty together in a moment of shared blessings and unity.

Karvaan'25

THE ANNUAL CULTURAL FEST
One of the most awaited events of the college, KARVAAN'25, was a two-day extravaganza held on 24th and 25th February 2025.

Day 1: Floral Elegance (24th February, 2025)

The day began with an Opening Ceremony featuring a Diya Lighting event led by our Principal Ma'am and the Cultural Committee.

- Societies conducted various competitions and events throughout the day.
- The evening saw an electrifying performance by Shivam the singer, the band MADARI, followed by a DJ night featuring Sahil Gulati, making for a grand closing of Day 1.

Day 2: Ethnic Swag (25th February, 2025)

- Societies hosted their competitions in the morning.
- The highlight was a breathtaking Sufi evening performance by the legendary Nizami Bandhu, followed by another DJ session.
- The festival concluded with a felicitation ceremony for our Principal Ma'am and the Cultural Committee, along with a vote of thanks from the Student Council.

Rangotsav'25

A COLORFUL HOLI CELEBRATION
(7th March, 2025)

Held on March 7th, Rangotsav '25 was a vibrant Holi celebration featuring a ramp walk competition where departments flaunted assigned colors, followed by an open mic challenge, singing, and dance performances. The event ended beautifully with a flower Holi, and DJ spreading joy and unity across the campus.

Future Plans & Conclusion

The journey doesn't end here! Many more exciting events and initiatives are in the pipeline for this tenure. The Student Council is dedicated to fostering an environment of learning, creativity, and empowerment for every student.





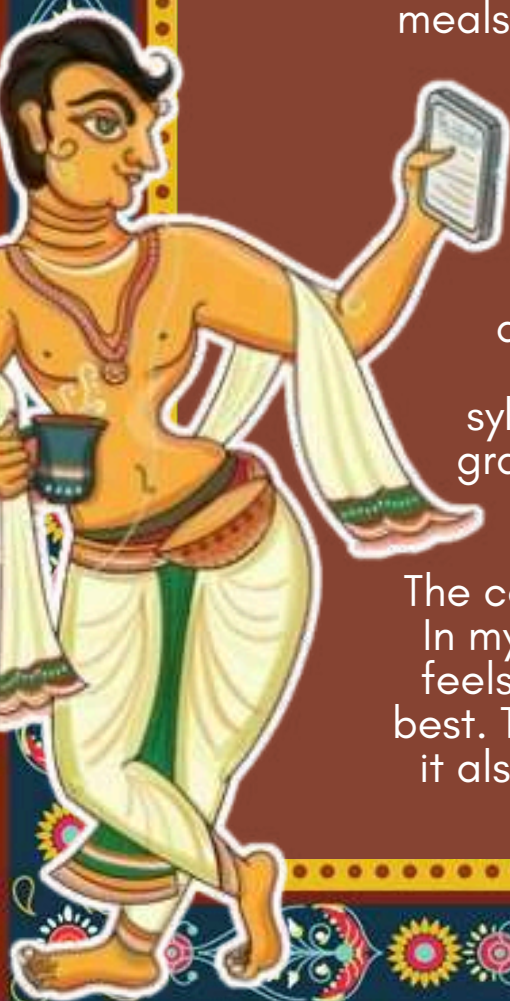
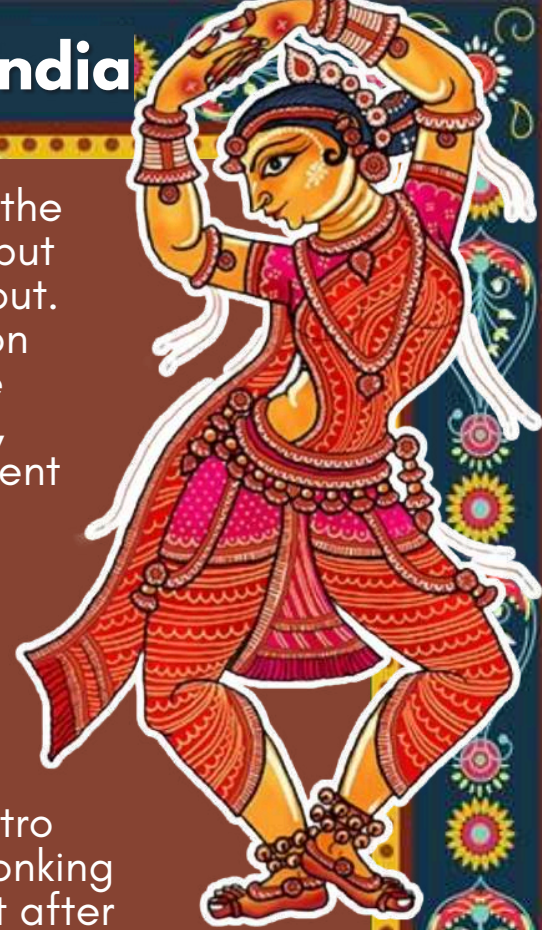
CULTURAL CROSSROADS

From Pearl of Ocean to Heart of India

Coming to India for my studies was one of the biggest decisions of my life. I was excited but also nervous about how things would turn out. Being from Sri Lanka, I thought the transition wouldn't be too difficult, as we share some cultural similarities. However, living in India, especially in Delhi, was a completely different experience from what I had imagined.

One of the first things I noticed was the fast-paced lifestyle in Delhi. Everything moves quickly—people, traffic, and even conversations. Back home, life is a bit more relaxed, and people take time to do things. Here, I had to adjust to the busy metro rides, crowded streets, and the constant honking of vehicles. It felt overwhelming at first, but after a while, I started to appreciate the energy of the city.

Food was another major difference. I love Indian food, especially spicy ones like panipuri, but eating it daily was challenge. Indian cuisine is very diverse, but sometimes, miss the simplicity of Sri Lankan rice and curry. I had to find a balance between enjoying Indian food and cooking my own meals whenever I craved a taste of home. Studying biomedical sciences in India has been both exciting and challenging. The education system here is quite intense, with a lot of emphasis on theory and exams. Back home, I was used to a different style of learning, where there was more focus on practical applications. Adjusting to this was difficult in the beginning, especially with the heavy syllabus and long hours of studying. However, I gradually adapted, and I appreciate the depth of knowledge that the Indian education system provides. The competition among students is also very high. In my country, things are competitive, but here, it feels like everyone is constantly striving to be the best. This motivated me to push myself harder, but it also made me realize the importance of taking breaks and managing stress.



One of the best parts of my experience has been meeting people from different backgrounds. India is so diverse, and in my university, I have friends from different states and even other countries. It was interesting to learn about their cultures, languages, and traditions. At first, I struggled with the Hindi language barrier, but over time, I picked up basic phrases, which helped me feel more included.

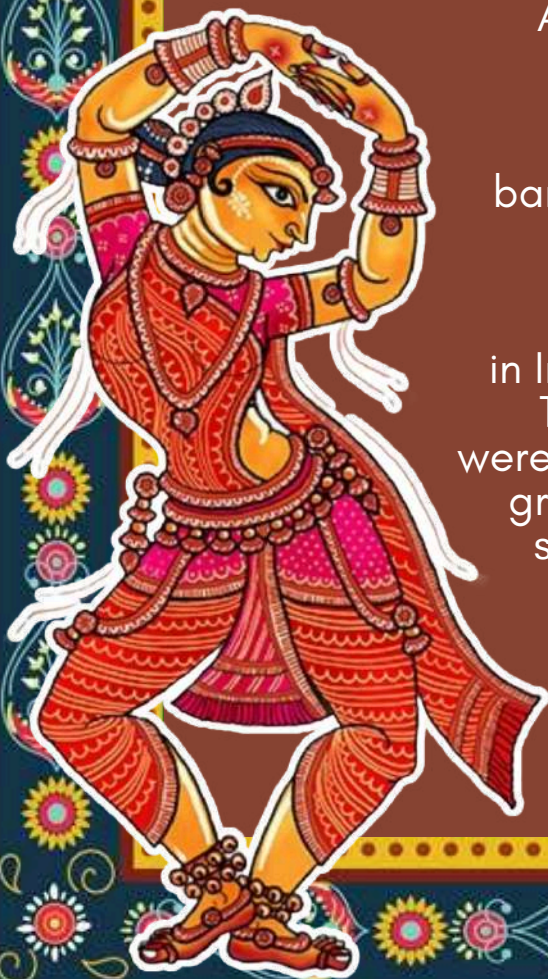
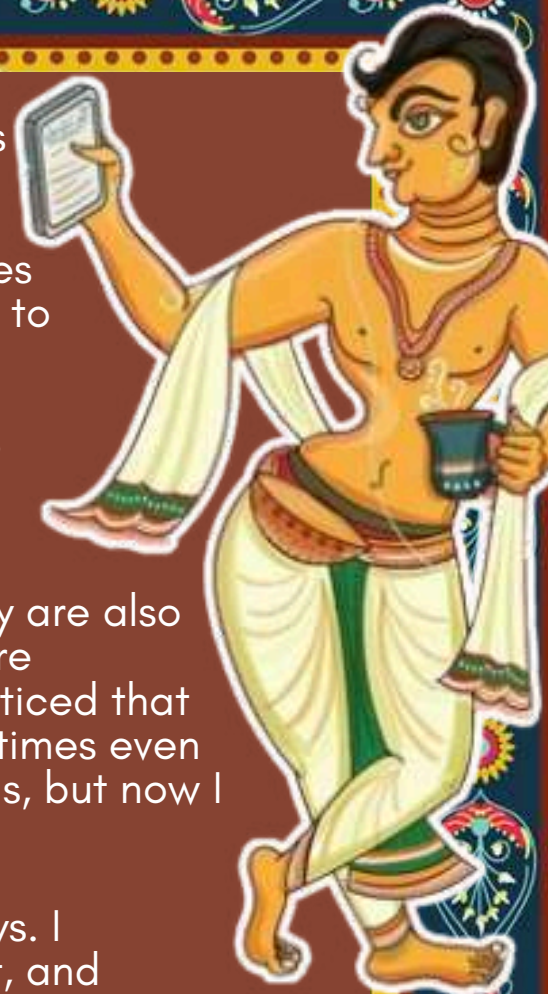
People in Delhi can be very helpful, but they are also very straightforward. In Sri Lanka, people are generally more soft spoken, while here, I noticed that people express their opinions openly, sometimes even bluntly. It took me a while to get used to this, but now I appreciate their honesty.

Living in India has changed me in many ways. I have become more independent, confident, and adaptable. I have learned how to navigate through challenges, whether it's dealing with studies, managing finances, or handling cultural differences.

Although I miss home, I have grown to love my life here. Delhi has given me experiences I never thought I would have—like late-night chai at roadside stalls, bargaining at local markets, and celebrating Indian festivals with my friends.

In the end, being an international student in India has been a mix of struggles and joys. There were times I felt homesick, but there were also moments when I felt truly happy and grateful for this journey. The experience has shaped me in ways I never expected, and I know that when I leave, I will take a part of India with me forever.

Malshika Nethmini Lansakara
Biomedical Sciences
1st year



From Slow Rhythms to City Rush

ASSAM

Population and Standard of Living

Assam has a relatively lower population density compared to Delhi. The standard of living in Assam is simpler and more relaxed, with a slower pace of life.

Climate

Assam experiences a humid subtropical climate with heavy monsoon rains and mild winters, contributing to its lush greenery.

DELHI

Population and Standard of Living

Delhi is one of the most populous cities in India, offering a higher standard of living, a fast-paced lifestyle, and numerous job opportunities.

Climate

Delhi faces an extreme climate with scorching hot summers and chilly winters, with temperature variations being much more drastic.



ASSAM

Cultural Practices

One of Assam's unique cultural practices is the celebration of the birth of a girl child, which is considered a sign of good luck and prosperity. The first period of a girl is also celebrated in Assam, highlighting the community's reverence for such milestones.

Infrastructure

Assam's infrastructure is developing, with visible improvements in road connectivity, especially in Guwahati. However, rural areas still face challenges in terms of infrastructure development.

DELHI

Cultural Practices

While Delhi also has rich cultural traditions, it does not have a specific custom like this.

Infrastructure

Delhi boasts a highly developed infrastructure, including a well-established metro system, extensive road networks, and modern urban amenities.

ASSAM

Education

Assam has reputable educational institutions like Gauhati University and Assam Engineering College, the options are relatively limited compared to Delhi.

Overall Development

Assam, while making progress, especially in urban areas like Guwahati, still faces challenges in rural development, although the state is gradually improving its road networks and overall connectivity.

DELHI

Education

Delhi is home to some of the best educational institutions in India, including Delhi University, Jawaharlal Nehru University, and several specialized colleges, offering a wide range of academic opportunities.

Overall Development

Delhi stands as a highly developed metropolis with cutting-edge amenities, job opportunities, and modern infrastructure.

Article by - Vandana, CS
Edited by - Ashka, CS

New Girl in the City

On September 13, 2023, when I first arrived in Delhi, I was completely overwhelmed. Coming from eastern Uttar Pradesh, Delhi felt like a big city—almost like a dream. I had always imagined studying here, and on that day, my dream became a reality. The idea of big cities had always fascinated me, and since my early teenage years, I had longed to experience life in Delhi. Initially, it took me some time to adapt to city life, and in that process, I realised how different Delhi was from my hometown.

The place I come from is somewhat orthodox in nature. It does not provide much independence or space for women. However, in Delhi, I noticed a significant change. Women here take up jobs that, in my hometown, are traditionally assigned to men. For instance, it is rare to see a woman driving her own car where I come from, but in Delhi, it is completely normal. People here are also more open-minded, or at least less judgmental. In Delhi, you can choose to live however you feel is best for you. For example, menstruation is a topic that is rarely discussed in my hometown, often treated as a taboo subject. However, in Delhi, I see people addressing it openly, without stigma. As a metropolitan city, Delhi is home to people from all over India, making it incredibly diverse. Living here has given me the opportunity to learn about different cultures, traditions, and perspectives that I might not have encountered otherwise.

For me, Delhi has been an entirely new experience—one that has undoubtedly changed me for the better. I will always be grateful to this city for teaching me valuable lessons that I might never have learned elsewhere.

Ayushi
Mathematics
2nd year



A Tale of two Cities: Patna & Delhi

Moving from Patna to Delhi in 2024 was a major turning point in my life. I had always dreamed of studying in a prestigious college, and getting admission to Shaheed Rajguru College of Applied Sciences for Women, University of Delhi, for a BSc in Biochemistry was a dream come true. However, leaving my hometown, my family, and my childhood friends behind was not easy. I knew that Delhi would be a completely different world—bigger, faster, and much more diverse.

When I first arrived in Delhi, everything felt overwhelming. The city was massive, full of endless roads, metro stations, and towering buildings. Unlike Patna, where life moves at a relaxed pace, Delhi was always bustling. The first few days were a mix of excitement and nervousness. I was fascinated by the variety of people, the different languages spoken around me, and the energy of the city.

However, I also missed home—the familiar lanes, the local street food, and most of all, my friends and family.

Living in the college hostel was a completely new experience. At first, I felt a little homesick, but soon, I made some really good friends. We all came from different parts of India, bringing our own languages, traditions, and food habits with us. Late-night gossip sessions, group study sessions, and birthday celebrations in the hostel made me feel at home again. The hostel food took some getting used to, but my friends and I often explored nearby eateries to satisfy our cravings for home-style food.



One of the most fascinating aspects of Delhi was its cultural diversity. Back in Patna, I was surrounded mostly by people who spoke Bhojpuri or Hindi, but here, I met people from all over India—Bengalis, Punjabis, Tamilians, and more. It was incredible to see how each person had their own unique way of celebrating festivals, dressing, and even speaking.

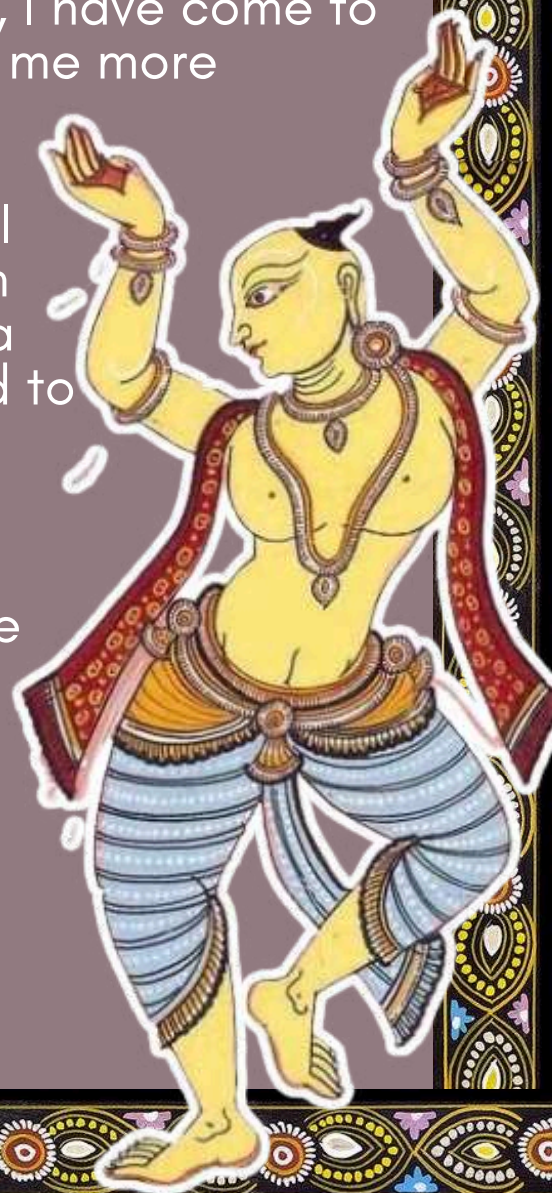
Delhi's fast-paced life initially made me anxious. The metro was always crowded, people seemed to be in a hurry, and everything felt so competitive. But over time, I learned to adapt. I figured out the best metro routes, got used to the bustling markets, and even started enjoying the thrill of living in such a dynamic city.

College life also kept me busy with lectures, practicals, and assignments, so I barely had time to feel lonely.

While I do miss Patna and my old life, I have come to love my new life in Delhi. It has made me more independent, confident, and open to new experiences. I still call my family and friends back home regularly, but I have also built a new family here with my hostel friends. Delhi has become a second home to me, and I am excited to see what the next few years bring.

Moving to a new city is never easy, but with time, patience, and an open mind, it can turn into an unforgettable journey of growth and self-discovery.

Arushi Lal
Biochemistry
1st Year



India: A New Home Away from Home

Moving to a new country is never easy. It's a leap of faith, a step into the unknown, and a journey that tests your resilience. For me, this journey began when I left Bangladesh to pursue an honours degree in Biomedical Science at the University of Delhi, under the ICCR scholarship. India, my new home, has been a land of contrasts—filled with warmth and challenges, opportunities and lessons, and a sense of belonging that sometimes feels just within reach, yet elusive at other times.

When I first arrived in India, I was greeted by a sense of familiarity. The bustling streets, the vibrant culture, and the language—Hindi—that I spoke fluently made me feel like I wasn't entirely in a foreign land. In fact, most people here can't tell that I'm not Indian, and that has been a blessing. It

has allowed me to blend in seamlessly, avoiding the awkwardness of being labeled an outsider. My journey to India was not just a physical one; it was also emotional. I came here at a time when I was grappling with personal struggles. Battling typhoid and feeling lost, the ICCR scholarship and the opportunity to study at the University of Delhi felt like a ray of hope. It was a chance to start anew, to rebuild myself, and to chase my dreams.

And India, with its rich academic environment and diverse culture, seemed like the perfect place to do that. Academically, my experience has been enriching. My teachers are kind, approachable, and supportive, creating an environment where I feel encouraged to learn and grow.

They have been my pillars of strength, guiding me through the challenges of my course and helping me navigate the complexities of student life in a foreign country. For that, I am deeply grateful.



However, my journey hasn't been without its share of struggles. One of the most unexpected challenges has been dealing with the attitudes of some of my peers. Despite my efforts to fit in and build connections, I've noticed a sense of jealousy and superiority among some of them. It's as if my presence—my achievements, my fluency in Hindi, or perhaps even my identity as a foreigner—threatens their sense of self-worth. I've encountered moments where I've felt excluded, where I've been met with unwarranted hostility, even though I've done nothing to provoke it.

It's disheartening to realize that some people judge you not for who you are, but for where you come from. While I understand that cultural differences and personal biases can create barriers, I can't help but wish for a more inclusive and accepting environment.

Yet, despite these challenges, India has become a second home to me. It's a place where I've discovered my strength, where I've learned to stand tall in the face of adversity, and where I've found moments of joy and connection that make the struggles worthwhile. The warmth of the people who have embraced me, the beauty of the culture, and the opportunities I've been given have all contributed to making India a place I now hold dear.

To anyone who finds themselves in a similar situation—feeling like an outsider in a new land—I would say this: Embrace the challenges as much as the joys. It's the struggles that shape you, that teach you resilience, and that make the moments of connection and belonging all the more precious. India, for all its complexities, has taught me that home is not just a place; it's a feeling. And slowly but surely, I'm finding that feeling here.

As I continue my journey in this incredible country, I am reminded that every challenge is an opportunity to grow stronger and more resilient. While some may choose to focus on differences or insecurities, I choose to focus on my path—one that is defined by purpose, determination, and self-belief.

I am here not by chance, but with a clear goal in mind, and I refuse to let the negativity of others dim my light. Life is too short to be weighed down by the opinions of those who don't truly matter.

Sashwati Bhattacharjee
Biomedical Sciences
1st year



A Dhaka Dreamer in the Delhi Maze

For the first time, leaving my home was no easy task for me, as I had even traveled from Bangladesh to India in order to undergo my higher education. I have been awarded with the ICCR scholarship, for which my family and I both felt a joy and pride which cannot be measured. But with the joy came the fear of venturing into a new world, away from home, where I would have to handle everything by myself. Once I had finished all the formalities in Bangladesh, I finally took my flight to Delhi, carrying not only my baggage but also an infinite number of emotions—excitement, nervousness, and resolve. As I reached Delhi, I visited the ICCR and FSR offices to finish my paperwork and formalities. It was a hectic and exhausting exercise, but I was aware it was needed for the journey in front of me. Having fulfilled all the necessary procedures, I was assigned a seat at Shaheed Rajguru College of Applied Science for Women to study B.Sc. (Hons) in Microbiology. In addition to the college admission, I was also given a hostel seat, which implied that I would be away from home for the first time in my life.

It was a new experience for me to stay in a hostel. I am an introvert and, therefore, could not socialise with people as easily as other people can. I also longed for the warmth of my home, family, and known environment. The initial three days were tough for me because I felt lonely and homesick. There were moments when I wondered if I could adapt to this new lifestyle. But I slowly began to find ways to deal with the loneliness. I would take a walk around the garden space and sitting areas quite often, which made me feel better. At these times, I would think about my journey and tell myself why I had reached this point. Slowly, I also began to talk to my hostel friends.



These friends contributed significantly to making my hostel life more pleasant. We ate together, exchanged experiences, and even assisted one another in studies. Their presence made me feel less isolated, and I began to view hostel life as a chance to learn and develop, not merely as a challenge. Though I still had moments of loneliness, I realized that I was not alone in my struggles—many of my friends also felt the same way at times.

The Indian academic system was far different from what I was accustomed to. Having a Bangla medium background, adapting to an English-framed academic syllabus proved to be a significant challenge. Moreover, language issues made everything even tougher for me. Hindi and English were spoken far and wide in Delhi, but I was not proficient in either of these languages. Talking to people, comprehending lectures, and conveying myself proved to be a struggle.

Even with all these early problems, I encouraged myself to continue. I told myself why I had traveled so far. I had worked diligently for this experience, and I couldn't let fear

hold me back. Time passed, and I began conforming—gaining new words, rehearsing speaking English and Hindi, and asking teachers and peers for assistance. Although difficult, I recognized that each of these obstacles was making me more resilient.

In retrospect, my first day of college was not merely a matter of attending classes or making friends; it was the start of a journey that changed my life. Although the future was unclear, I knew one thing for certain—I was prepared to tackle it, step by step.

Joysree Saha
Microbiology
1st Year

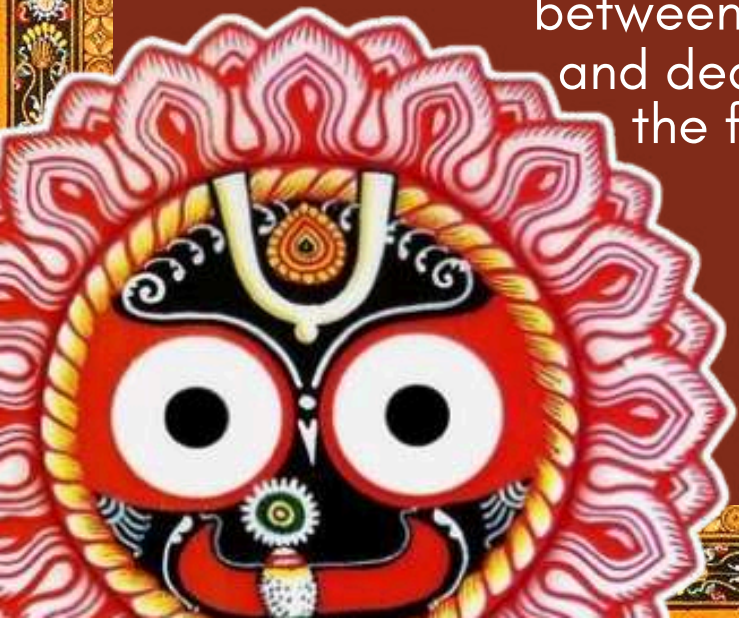


A Piece of Indore in Delhi

Delhi, the capital of India, has long been a magnet for students from across the country. While the city offers academic excellence, it also presents a set of challenges, including cultural adjustments, financial strain, and social struggles. For me moving to Delhi from my hometown Indore, was an exhilarating experience. The city's vibrant atmosphere, and reputation as an educational hub create a sense of excitement, however, leaving behind familiar surroundings, family, and friends was overwhelming. The first few weeks were crucial as I navigated my way through the city's transport system, found accommodation, and adjusted to new academic expectations.

I was lucky to get a seat in our college hostel and it has been a blessing for someone like me. The day I stepped into my hostel, I was filled with mixed emotions—excitement about a new adventure and nervousness about leaving my home. The thought of living away from my family, adjusting to a new routine, and sharing a room with strangers was overwhelming. However, I soon realized that every other hostel mate was going through the same emotions, and that made the transition easier.

Adjusting to a new schedule, managing time between classes and hostel activities, and dealing with homesickness made the first few days challenging. The unfamiliarity of the place, the shared washrooms, and the strict hostel rules felt like restrictions at first.





However, as days passed, these challenges became a part of the routine, and I started embracing hostel life. One of the best things about hostel life is the friendships that are formed. Living together, sharing food, late-night talks, celebrating birthdays and helping each other during tough times, my roommates and I quickly became like family.

Of course, the transition from Indore to Delhi wasn't just about adjusting to hostel life. The cities themselves are worlds apart. Indore has a relaxed, homely vibe where life feels simple—rent is affordable, food is cheap, and you can get anywhere without spending a fortune. Delhi, on the other hand, is fast, competitive, and expensive. Even something as basic as eating out or commuting adds up. But what Delhi lacks in comfort, it makes up for in opportunities. College fests, debates, career workshops—there's always something happening.

There are days when I miss Indore's familiarity, its quiet streets, and the ease of knowing almost everyone around. But at the same time, Delhi is pushing me to grow in ways I never expected. It's challenging, unpredictable, and sometimes exhausting—but that's what makes it exciting.

Arya Srivastava
Biochemistry
1st Year



Stitching Stories

इतिहास की गँजू

खड़े हैं जो सदियों से, वो पत्थर नहीं कहानियाँ हैं, हर ईंट, हर दीवार में,
बसी हुई निशानियाँ हैं। गुज़रा वक़्त चुप है, पर ये स्मारक बोलते हैं, जो
राज छिपे हैं इनमें, वो सदियों से टकराते हैं।

यमुना किनारे जो खड़ा, वो ताजमहल सुहाना है, इश्क़ की वो इमारत, जो
हर दिल को भाना है। शाहजहाँ के प्यार की, आज भी है ये मूरत,
संगमरमर में कैद हुई, मुमताज़ की सूरत।

दिल्ली में ऊँचा जो खड़ा, वो कुतुब का मीनार है, इतिहास के पन्नों में,
जिसकी अमिट पहचान है। ईंट-ईंट में नक़्श हैं, कुछ हिन्दू, कुछ
इस्लामी, हर मंज़िल पे वक़्त की, लिखी हुई एक कहानी।

अजंता-एलोरा की गुफाएँ, पत्थरों में जीवंत चित्र, हर भित्ति पर खुदी हुई,
अतीत की अमिट लिपि। बौद्ध, जैन, हिंदू परपरा, सब संगम का रूप,
हथौड़े और छेनी से, तराशी गई अनूठी धूप।

ये स्मारक बस पत्थर नहीं, बीते युगों की पहचान हैं, जो कहते हैं हमसे,
कि हम गौरवशाली महान हैं। संभालो इनको, सहेजो इनको, ये सिर्फ
धरोहर नहीं, ये हमारी जड़ों की साँसें हैं, जो कभी मिटें नहीं।

~प्रीती सिंह
स्टैटिस्टिस्, वर्ष 2





माटी है जिसका श्रृंगार



सदियों की गूंज, संस्कृति का श्रृंगार
हर धागा बुनता है एक अनोखी कहानी
इतिहास की महक परंपराओं की वाणी ॥

धरती जहाँ गूंजे वेदों की वाणी,
सोने की चिड़िया, ज्ञान की गंगा।
राम, कृष्ण की गाथा सुनानी,
संस्कृति, संगीत, कला रवानी ॥

सिंधु, गंगा, यमुना की धार,
नववर्ष, ओनाम, पोंगल की बहार।
ईद की मिठास, बैसाखी की लाली,
रंगों की होली, दीपों की दिवाली ॥

योग, ध्यान की मधुर तरंगे,
त्याग, प्रेम, करुणा की मूरत।
गुरु शिष्य परंपरा की महिमा अन्त अपार,
तेरी मिट्टी, तेरा श्रृंगार ॥

जाती धर्म से परे, एकता की पहचान,
गूंजे हर ओर मंगल गान।
अन्त काल तक तेरा नाम
अमर रहेगा यह भारत धाम ॥

-सुरभि

बायोमैडिकल साइंसिस्, वर्ष 1

भारतीय पारंपरिक संगीत और नृत्य: हमारी सांस्कृतिक धरोहर

भारत की संस्कृति हमेशा से समृद्ध और विविधतापूर्ण रही है। यहाँ के पारंपरिक संगीत और नृत्य न केवल मनोरंजन का माध्यम हैं, बल्कि यह हमारी भावनाओं, परंपराओं और इतिहास को दर्शाने का तरीका भी हैं। कथक, भरतनाट्यम, ओडिसी और बाउल संगीत जैसे नृत्य और संगीत रूप, हमारी विरासत का अनमोल हिस्सा हैं।

- **कथक: कहानी कहने की कला**

कथक उत्तर भारत का प्रसिद्ध शास्त्रीय नृत्य है, जो अपनी तेज़ गति, सुंदर मुद्राओं और घुंघरुओं की झंकार के लिए जाना जाता है। "कथक" शब्द का अर्थ है "कहानी कहने वाला"। यह नृत्य शैली मंदिरों से शुरू हुई, फिर मुगल दरबारों में पहुंची और वहाँ इसे एक नया आयाम मिला। कथक की खासियत इसकी घूमने वाली मुद्राएँ, हाथों की अद्भुत चाल और ताल पर नियंत्रित घुंघरुओं की ध्वनि है।

- **भरतनाट्यम: भक्ति और कला का संगम**

भरतनाट्यम दक्षिण भारत का सबसे पुराना शास्त्रीय नृत्य है। इसे पहले मंदिरों में भक्ति भाव से प्रस्तुत किया जाता था। इस नृत्य में भाव (अभिनय), राग (संगीत) और ताल (लय) का अद्भुत मेल होता है। भरतनाट्यम की मुद्राएँ देवी-देवताओं की कहानियाँ बयान करती हैं। यह नृत्य न केवल सौंदर्य से भरपूर है, बल्कि यह योग और ध्यान का भी एक माध्यम है।

- **ओडिसी: प्रेम और भक्ति की झलक**

ओडिसी नृत्य की जड़ें ओडिशा के प्राचीन मंदिरों से जुड़ी हैं। यह नृत्य अपनी कोमलता, लयबद्धता और त्रिभंग (तीन भंगों में विभाजित शरीर) जैसी विशेषताओं के लिए प्रसिद्ध है। ओडिसी नृत्य में भगवान कृष्ण और राधा की प्रेम कहानियाँ प्रमुख रूप से प्रस्तुत की जाती हैं। यह नृत्य मंदिर की मूर्तियों के समान सुंदर और भावनात्मक होता है।

- **बाउल संगीत: आत्मा की आवाज़**

बाउल संगीत पश्चिम बंगाल और बांग्लादेश की लोक परंपरा का एक अनमोल हिस्सा है। यह संगीत भक्ति, प्रेम और अध्यात्म से जुड़ा होता है। बाउल साधु अपने एकतारा और अनोखी गायकी के ज़रिए जीवन के गहरे संदेश देते हैं। उनका संगीत ईश्वर की खोज, आत्मा की शुद्धता और प्रेम की शक्ति को दर्शाता है।

- **हमारी धरोहर, हमारी ज़िम्मेदारी**

भारतीय पारंपरिक संगीत और नृत्य केवल प्रदर्शन की विधाएँ नहीं हैं, बल्कि यह हमारी संस्कृति की आत्मा हैं। आज के आधुनिक समय में इन्हें सहेजना और बढ़ावा देना हमारी ज़िम्मेदारी है। जब हम इन कलाओं को सीखते हैं, देखते हैं और उनका सम्मान करते हैं, तब हम अपनी जड़ों से जुड़े रहते हैं।

भारतीय संगीत और नृत्य हमारी पहचान हैं, हमारी धरोहर हैं। आइए, इसे आगे बढ़ाएँ और गर्व से दुनिया के सामने प्रस्तुत करें।

- प्रीती सिंह
स्टैटिस्टिक्स, वर्ष 2

छत्रपति संभाजी महाराज

अदम्य साहस और अपार वीरता के प्रतीक, छत्रपति शिवाजी महाराज के पुत्र, वीर संभाजी महाराज मराठा साम्राज्य के द्वितीय शासक थे। उनका जन्म 14 मई 1657 को पुरंदर किले में हुआ था। मात्र 4 वर्ष की आयु में उन्होंने अपनी माता का साया खो दिया, जिसके बाद राजमाता जीजाबाई ने उनका पालन-पोषण किया। उन्होंने प्रशासन, युद्ध कौशल तथा संस्कृत, फारसी सहित कई भाषाओं का गहरा ज्ञान प्राप्त किया।

संभाजी महाराज को अपने ही परिवार में सिंहासन के लिए अपने सौतेले भाई राजाराम से संघर्ष करना पड़ा। अंततः, 20 जुलाई 1681 को वे मराठा साम्राज्य के सिंहासन पर आसीन हुए। उस समय, शक्तिशाली मुगल शासक औरंगजेब ने मराठों को कुचलने और दक्कन पर अधिकार करने का हरसंभव प्रयास किया, जिससे कई युद्ध हुए।

1681 में हुए बुर्हाणपुर के युद्ध में संभाजी महाराज ने अपने वीर सैनिकों के साथ जबरदस्त पराक्रम दिखाया। उन्होंने किले पर विजय प्राप्त कर अपार धन लूटा, जिससे औरंगजेब के शिविरों में भय व्याप्त हो गया। मुगलों ने रायगढ़, प्रतापगढ़ और पन्हाला जैसे किलों को भी घेरने का प्रयास किया, लेकिन मराठा सरदार संताजी घोस्पड़े और धनाजी जाधव ने मुगलों को करारी शिकस्त दी।

हालांकि, वीरतापूर्वक विजय प्राप्त करने वाले संभाजी महाराज की किस्मत ने उनका साथ नहीं दिया। उन्हें गनोजी शिके के विश्वासघात के कारण 1689 में संगमेश्वर के पास अपने मित्र कवि कालश के साथ पकड़ लिया गया। इसके बाद, लगातार 40 दिनों तक उन्हें अमानवीय यातनाएँ दी गईं। उनकी आँखें निकाल दी गईं, जीभ काट दी गई, उन्हें घसीटकर अपमानित किया गया, भोजन-पानी से वंचित रखा गया, उनकी त्वचा नोच ली गई, नाखून उखाड़ दिए गए, हाथ-पैर कुचल दिए गए और धीरे-धीरे उनके अंग काटे गए।

इन सभी बर्बर अत्याचारों का उद्देश्य केवल एक था-संभाजी महाराज को जबरन इस्लाम धर्म स्वीकार करने के लिए मजबूर करना। लेकिन उनके अटूट साहस और अदम्य आत्मबल ने औरंगजेब की अहंकार को चकनाचूर कर दिया। उन्होंने धर्म परिवर्तन से इंकार कर दिया और अंतिम क्षण तक अपनी मराठा अस्मिता की रक्षा की।

संभाजी महाराज की यह अटूट राष्ट्रभक्ति और बलिदान युगों तक प्रेरणादायक रहेगा। भारत को ऐसे वीर योद्धाओं पर गर्व करना चाहिए और उनकी कुर्बानियों को कभी व्यर्थ नहीं जाने देना चाहिए।

~शगुन गर्ग
बायोमैडिकल साइंसिस्, वर्ष 1

विरासत विचारधारा की जो युवाओं को हकीकत लिखने के लिए सदैव प्रेरित करती है

हकीकत है हकीकत को कलम से ही लिखेंगे हम,
अधर मौन है तो फिर क्या करो से ही लिखेंगे हम।
किसी के हक की बातें उस अदालत में रखेंगे हम,
बचाने भारत देश को आगे पहले ही मिलेंगे हम।
जिनका हक भी छिनता है भरी महफ़िल के आगे यूं,
भरी महफ़िल में उनके हक की बातें भी रखेंगे हम।
जो बनी थी योजनाएं उनके इज़्ज़त बचाने को,
उन्हीं के चीर का संपूर्ण रक्षण खुद ही करेंगे हम।
मच जाए चाहे हड़कंप पूरी ऊंची सी बस्ती में,
इनकी इज़्ज़त को कहीं नीलाम होने देंगे नहीं हम।
सच के पथ पर डटकर चलना हमने गांधी से सीखा

सच खातिर सब से लड़ना हमने गांधी से सीखा है
मरेंगे जान से जायेंगे असत्य नहीं लिखेंगे हम,
हम ही है जिसने दुनिया को शून्य दिया था
हम ही है जिसने दुनिया को सच मूल्य दिया था।
हम ही लड़े थे सबसे , अपनी वाणी के दम पर
हम ही थे जो सीमा पर अमर हुए थे मर कर
जीवन भर गांधी के पदचिन्हों पर चलेंगे हम
हकीकत है हकीकत को कलम से ही लिखेंगे हम।

किसी की उपज को होलिका बनने नहीं देंगे,
देश में उनकी ही बस चाल यूँ चलने नहीं देंगे।
किसी के हाथ का एक कौर किसी के गले उतरे,
ये अन्याय भी उनके साथ में होने नहीं देंगे।
विश्व का एक अद्भुत अदम्य रूप है भारत,
जिससे विश्व शिक्षा लेता वो देश है भारत।
जहां हर किसी को दिया जाता है उच्च मान,
हर एक के हक की बात करता है हिंदुस्तान।

देश में रोज बन रही जो एक खाई की भांति,
किसी के खून, पसीने से लतपत हुई माटी।
किसी का बलिदान भी जाया नहीं होगा,
भरेंगे ऊंच और नीच में बनती हुई घाटी।
देश की एक नई तकदीर लिख देंगे
देश की एक नई तस्वीर लिख देंगे
आज भी गरीबी हटाओ के नारे लिखेंगे हम,
हकीकत है हकीकत को कलम से लिखेंगे हम।

~खुशि केन
स्टैटिस्टिस्, वर्ष 2

विरासत से गूँथी चादर

इतिहास की यह चादर, है रेशमी धागों से बुनी हुई। अनमोल है यह गागर, संस्कृति के रंगों से सजी हुई ॥

कभी वेदों की ऋचाओं में, तो कभी गूँजती थी वाणी, कभी कुरुक्षेत्र की धरा पर, तो कभी बहती गंगा-पानी ॥

समेटे अतीत की याद, मोहेंजोदड़ो की ईंटों में बसी ॥ कहें कितनी फरियाद, अजंता-एलोरा की गुफाओं की जमी ॥

मुगल, मराठा, सिख, चोल-हर रंग यहाँ समाया, हर कण-कण में इतिहास है, हर शिलालेख ने गाथा गाया। मुगल, राजपूत, अजंता की चित्रकारी, हर तापेस्ट्री में झलके हमारी संस्कृति न्यारी ॥ कभी महलों की शोभा बढ़ाए, कभी दरवेशों के संग मुस्काए।

रंगोली की खुशबू में, दीपों की लौ में नूर, बांसुरी की मीठी तान में, होती घूँघट की लाज जरूर। भारत की विरासत ऐसी, जैसे सतरंगी आसमान, हर धागा जोड़े प्रेम से, सबसे अपनापन समान।

चलो इस चादर को थामें, सहेजें इसका हर तार, संस्कृति के इस गौरव को, करें हम और विस्तार ॥

-सोनाली कुमारी
कैमिस्ट्री, वर्ष-2

Bharatdarshan :

An Odyssey to the Hidden Gems of India.

India has always been a gifted land. A land that's gifted with great people, cultures and places. It is said that travelling takes you to places and it surely does. The experience of travelling in itself is therapeutic. I believe that while travelling- the company, the journey & the destination all are equally crucial. Therefore, it's important to choose all of these wisely. Just the way to know someone completely we need to go through all of their emotions likewise, to know a country it's important visit every possible corner of the country.

Gokarna

Gokarna is a beautiful town on the Arabian Sea in Karnataka. It's a popular yet peaceful pilgrimage destination for Hindus. Well known for its sacred sites like - "Mahabaleshwar Temple" that's dedicated to the deity Shiva. There is a temple tank nearby with the name "Koti Teertha" where devotees wash in the holy waters. So, Gokarna is a great escape to a beautiful religious land.

Mawlynnong

It's a small village in Meghalaya that has the clearest air and the purest environment. It is also known as Asia's cleanest village. It's a perfect gateway to grab some quality air & some quality time too.

Champaner

Champaner is a historical town in Gujarat. It used to be the capital of the sultanate of Gujarat. For nature lovers & history buffs, this place is the one. Located at the top of a hill, Champaner is also a UNESCO World Heritage site. The city gives a little glimpse into the city's the medieval history and culture of the region.

There are such places that makes us go in awe of the nature or humans whoever have created them and I believe India is the treasure-chest of such places. Personally, I like things that not many people know about. I believe that there are some classics that not everyone deserves to know about and these places are no different . Sometimes, travelling to places gives answers to the questions we all have been searching in the locked spaces.

Ayushi Mishra

Mathematics

2nd year

Storytelling: Keeping Heritage Alive, One Tale at a Time

Heritage isn't just about grand forts or yellowed manuscripts, it's the soul of a culture, beating through generations. And what's the ultimate time machine to keep it alive? Storytelling! From fireside folktales to digital sagas, stories are the lifeblood of tradition, making sure our roots don't fade into the background noise of modern life.

Tales That Shape Identity: More Than Just Words

Stories aren't just bedtime entertainment; they're cultural blueprints. Whether it's a grandmother whispering family secrets or an epic legend teaching courage, each tale stitches us closer to our roots. Our culture thrives through the stories we tell, because they are the mirrors of our past and the guidebooks to our future. They teach without preaching, passing down wisdom, history, and even a little family gossip through generations!

Oral Traditions: The OG History Lessons

Long before books and the internet, history was passed down through spoken word. Songs, proverbs, and ancient chants carried the wisdom of ancestors, keeping traditions alive across centuries. Think about it, those Panchtantra tales still teach life lessons better than any self-help book, and grandma's home remedies still rival Google searches! Some wisdom is just too valuable to be forgotten, and storytelling ensures it stays with us.

Bridging Generations: Stories That Connect Us

Ever had your dadi tell you a ghost story so spooky it made you sleep with the lights on? Or a love story so dramatic it could outshine any Bollywood plot? These aren't just stories; they're time machines, connecting us to a world before Wi-Fi and weekend plans. Whether it's a tale of childhood mischief or a wartime love story, every anecdote passed down strengthens bonds like nothing else. Family gatherings turn into a beautiful mix of nostalgia and new memories, proving that the best stories never fade away.

From Scrolls to Screens: Storytelling Glow-Up

From ancient scrolls to podcast goals, storytelling has had the ultimate makeover. Once whispered around bonfires, now trending on feeds, our favorite legends have swapped ink for pixels but kept the same magic. Whether it's a tweet, a Netflix adaptation, or a viral TikTok featuring grandma's wisdom, stories have found a way to stay relevant. Same tales, new tech —because a good story always finds its stage.

Lost Stories, Lost Roots: Keeping Traditions Alive

When stories disappear, cultures fade like old Instagram trends. But storytelling? That's the ultimate revival hack! From recording grandma's tales to turning folklore into viral content, keeping traditions alive has never been more fun or more important! If a story is told, a culture lives on.

That's why it's so important to keep our stories alive, whether through books, blogs, even memes. If we don't tell our own stories, who will?

Khushi Arya
Management Studies
1st Year

Sacred Rituals and Their Modern Relevance: A Deep Dive into India's Spiritual Heritage Where Ancient Traditions Illuminate Contemporary Lives

In India's bustling cities, ancient traditions persist with quiet grace. From the swirl of incense to temple bells, these sacred practices are not relics—they are vibrant, living traditions shaping millions of lives. What makes them enduring? And how do they stay relevant in a fast-paced, tech-driven world?

Let's explore India's spiritual tapestry, uncovering the timeless wisdom of its rituals and their modern resonance.

The Art of Aarti: Light in the Darkness

The aarti, offering light to the divine, symbolizes wisdom dispelling ignorance. Today, it's a moment of pause—a meditative act grounding us in the present.

Havan: Fire as a Cosmic Messenger

The havan, a fire ritual, involves offerings of ghee, herbs, and grains to a sacred fire. It bridges the earthly and divine. Modern havan symbolizes environmental consciousness, using purifying herbs like neem and tulsi, reminding us of our connection to nature.

Mehndi: The Art of Blessings

Mehndi, intricate henna designs, symbolizes love, protection, and good fortune. Traditionally for brides, it's a social ritual bringing women together. Today, mehndi is a global art form, celebrated in fashion and festivals, yet remains a ritual of blessings and connection.



Chanting Mantras: Sound as a Healing Force

Chanting mantras like the Gayatri Mantra or Om aligns mind, body, and spirit. Modern science shows it reduces stress and improves mental clarity, offering peace in a noisy world.

Pradakshina: Walking the Sacred Circle

Pradakshina, walking clockwise around a deity, symbolizes the soul's journey around creation. It's a metaphor for mindfulness, urging us to slow down and focus.

Festivals: Rituals of Joy and Unity

India's festivals, like Diwali and Holi, are communal rituals celebrating light, love, and forgiveness. They transcend differences, reminding us of the joy of togetherness.

The Modern Relevance of Sacred Practices

In a tech-driven world, India's rituals offer a way to pause, reflect, and reconnect. For the diaspora, they're a link to heritage; for the world, they offer lessons in harmony and mindfulness.

Fun Facts to Ponder:

The Gayatri Mantra's 24 syllables activate energy centers, promoting well-being. The Kumbh Mela, the largest human gathering, drew over 100 million in 2019. The yagna (fire ritual) is mentioned in the Rigveda, one of humanity's oldest texts.

Conclusion: The Eternal Flame of Tradition

India's sacred rituals are living traditions, inspiring and transforming lives. They remind us of timeless truths—connection, mindfulness, and the sacredness of life.

As we navigate modern complexities, let these practices guide us. Light the diya of wisdom, chant mantras of peace, and walk the sacred circle of purpose. In them, we find a connection to the past and a guide for the future.

Sashwati Bhattacharjee

Biomedical Science

1st Year

A Journey through Time of Evergreen Indian Heritage- The Golden Bird's Tale

A country named as Golden Bird,
Each and every person has heard
But Why? Don't you have curiosity to find?

Listen, it has prosperity,
cultural heritage with a heart that's kind.

The Indus valley civilization,
Vedic period and Mauryan Empire are its pride.

The Gupta Empire, Temple architecture,
Buddhist and Jain heritages are famous world wide.

The Taj mahal, Vrindavan's Radha Krishna and
Ram Janambhumi are the epitome of love and devotion.

After all these mesmerizing beauties, any one can say
India's heritage is an ocean.

Harsha Singh
Biomedical Sciences
1st Year

Festivals as Time Capsules: How Celebrations Preserve History in India

India, a land of diverse cultures and traditions, is home to countless festivals that serve as time capsules, preserving the country's rich history. These celebrations are not just about rituals and festivities; they are living archives of India's past, ensuring that historical events, cultural values, and ancestral wisdom are passed down through generations.

Festivals as Historical Markers

Many Indian festivals are deeply rooted in historical events and act as annual reminders of the past.

- **Diwali:** The festival of lights celebrates Lord Rama's return to Ayodhya after defeating Ravana, as described in the Ramayana. It also marks the victory of Lord Krishna over Narakasura in some regions, showcasing different layers of history embedded in a single festival.
- **Republic Day and Independence Day:** These national festivals commemorate India's struggle for independence, ensuring that future generations remember the sacrifices made for freedom.
- **Gurpurabs:** The birthdays of Sikh Gurus, especially Guru Nanak Dev Ji and Guru Gobind Singh Ji, not only celebrate spiritual teachings but also reflect the historical evolution of Sikhism and its role in shaping India.

Rituals as Storytellers

- The rituals performed during festivals often serve as reenactments of historical or mythological events.
- **Dussehra:** The burning of Ravana's effigy symbolizes the victory of good over evil, keeping the Ramayana alive in public memory.

- Holi: The festival of colors is linked to the legend of Prahlad and Hiranyakashipu, showcasing the triumph of devotion over tyranny.
- Navratri: Celebrated across India in different forms, Navratri honors Goddess Durga's battle against Mahishasura, reinforcing the story of feminine power and resilience.

Festivals and Oral History

Festivals in India are accompanied by storytelling traditions that help pass down historical and mythological knowledge.

- Janmashtami: During this festival, performances of *Raslila* (dramatic reenactments of Krishna's life) keep the stories of *Bhagavad Gita* and *Mahabharata* alive.
- Ram Navami: The public recitation of the *Ramayana* during this festival ensures that the epic remains an integral part of India's cultural consciousness.
- Makar Sankranti: Marking the transition of the sun into Capricorn, this festival is tied to historical agricultural practices and celestial observations recorded in ancient texts.

Food as a Cultural Chronicle

Traditional festival foods also serve as historical markers, preserving ancient culinary traditions.

- Modaks for Ganesh Chaturthi: Associated with Lord Ganesh, these sweets have been a part of Indian food history for centuries.
- Sheer Khurma for Eid: This dish reflects India's rich Mughal and Persian influences.
- Pongal in Tamil Nadu: A harvest festival dish that dates back to the Chola period, celebrating the agricultural heritage of South India.



Architecture and Festivals

Many historical sites in India come alive during festivals, reinforcing their significance.

- **Kumbh Mela:** This largest spiritual gathering on earth is held at four ancient pilgrimage sites—Prayagraj, Haridwar, Ujjain, and Nashik—showcasing India’s centuries-old religious traditions.
- **Durga Puja in Kolkata:** The grand celebration not only honors Goddess Durga but also highlights the artistic and cultural heritage of Bengal.
- **Rath Yatra in Puri:** This chariot festival of Lord Jagannath has been celebrated for centuries, preserving Odisha’s temple traditions.

Evolving Festivals: Blending Past and Present

While traditional festivals preserve history, they also evolve with time. For example:

- **Gandhi Jayanti** has expanded from a national holiday to a global movement for peace and non-violence.
- **International Yoga Day**, though a modern observance, draws from India’s ancient yoga traditions and promotes historical knowledge globally.

Conclusion

Indian festivals act as time capsules, preserving the nation’s historical, cultural, and spiritual heritage. They ensure that history is not just recorded in books but lived through celebrations, rituals, and storytelling. As India progresses, these festivals continue to bridge the past with the present, keeping history alive for future generations.

Preeti Singh
Statistics
2nd Year

Epics and Their Echoes: Relevance of Indian Classical Epics in Modern India


India's classical epics, the Mahabharata and the Ramayana, have transcended their ancient origins to become enduring narratives that continue to shape contemporary discourse, values, and identity. Rooted in history, philosophy, and morality, these epics serve as cultural touchstones, influencing literature, politics, ethics, and even modern-day social debates. Their themes remain timeless, finding resonance in today's rapidly evolving society.

Ethical Dilemmas and Moral Compass

One of the most significant aspects of these epics is their exploration of dharma, or righteousness, which remains highly relevant in contemporary India. The Mahabharata, through the complex character of Yudhishtira, poses challenging ethical dilemmas that mirror present-day concerns of duty versus personal morality. The Bhagavad Gita, a philosophical discourse within the Mahabharata, continues to guide individuals through existential crises and ethical conflicts. Similarly, the Ramayana presents Lord Rama as an ideal ruler and upholder of dharma, inspiring contemporary leadership ideals and personal integrity.

Political and Social Influence

The influence of these epics extends beyond personal morality into governance and societal structures. The concept of Ram Rajya, derived from the Ramayana, envisions a just and prosperous rule, often cited in political rhetoric as an aspirational model for governance. The Mahabharata's depiction of political intrigue and



the consequences of unchecked ambition remain strikingly relevant in modern democratic frameworks, where power struggles continue to define political landscapes.

Women's Agency and Changing Perspectives

The portrayal of women in these epics has sparked extensive debate in modern feminist discourse. Sita's trials in the Ramayana and Draupadi's resilience in the Mahabharata have become symbols of both oppression and empowerment. Contemporary reinterpretations seek to challenge traditional narratives, advocating for a nuanced understanding of women's agency and autonomy. These evolving perspectives reflect the ongoing discourse on gender equality and the re-examination of cultural texts in a modern light.

Conclusion

The Mahabharata and the Ramayana are not merely relics of the past but living traditions that continue to inform and inspire. Their echoes can be found in political debates, ethical considerations, cultural expressions, and philosophical inquiries. As India navigates modernity, these epics serve as a bridge between the past and the present, ensuring that their wisdom endures, evolving with the times yet remaining steadfast in their essence.

Harshika Dhamija

Biochemistry

1st Year

The Global Soundscapes: How Traditional Music Shapes Cultural Identity

In the vast expanse of human expression, music stands as a universal language, transcending borders and uniting diverse cultures. Among the myriad forms of musical expression, the intricate melodies and rhythms of Indian classical music resonate deeply, serving as a profound reflection of cultural identity. This art form, steeped in history and tradition, weaves together the threads of spirituality, emotion, and community, creating a rich tapestry that defines the essence of its people.

At the heart of this musical tradition lies the concept of raga, a melodic framework that evokes specific emotions and atmospheres. Each raga is a world unto itself, embodying the nuances of human experience. For instance, the evening raga Yaman, with its serene and contemplative nature, invites listeners to reflect on the beauty of twilight, while the vibrant raga Bhimpalasi, associated with the late afternoon, stirs feelings of longing and introspection. These musical expressions are not merely notes on a scale; they are the very embodiment of cultural narratives, encapsulating the joys, sorrows, and aspirations of generations. The transmission of this musical heritage is rooted in a time-honoured tradition of mentorship, where knowledge flows from teacher to student in a sacred bond. This relationship, often referred to as the guru-shishya parampara, emphasizes the importance of personal connection and immersive learning. Through years of dedicated practice, students not only master the technical intricacies of their chosen instruments or vocal styles but also absorb the cultural and philosophical underpinnings that inform their art. This deep-seated respect for tradition ensures that the music remains a living entity, evolving while retaining its core essence.

In an increasingly globalized world, the role of traditional music in shaping cultural identity becomes even more pronounced. As communities navigate the complexities of modernity, the melodies of their heritage serve as a grounding force, fostering a sense of belonging and continuity. Festivals and performances dedicated to this art form become communal celebrations, where individuals gather to honour their roots and share in

the collective experience of music. These gatherings not only reinforce social bonds but also create spaces for cultural exchange, allowing diverse audiences to engage with and appreciate the richness of this musical tradition.

Moreover, the advent of technology has transformed the landscape of traditional music, offering new avenues for expression and dissemination. Artists are increasingly blending age-old techniques with contemporary influences, creating innovative fusions that resonate with younger generations. This dynamic interplay between tradition and modernity not only attracts new listeners but also revitalizes the art form, ensuring its relevance in a rapidly changing world.

However, as traditional music adapts to contemporary contexts, the challenge of preserving authenticity remains paramount. The delicate balance between innovation and preservation is crucial to maintaining the integrity of this cultural heritage. Initiatives aimed at documenting and teaching these musical traditions empower younger generations to connect with their roots, ensuring that the stories and emotions embedded in the music endure.

In essence, traditional music serves as a powerful vehicle for cultural identity, offering a profound connection to the past while navigating the complexities of the present. It is a testament to the resilience of communities, a celebration of their unique narratives, and a reminder of the shared human experience. As we embrace and revere these soundscapes, we enrich our understanding of the diverse cultures that shape our world, ensuring that the melodies of our heritage continue to resonate for generations to come.

In conclusion, the intricate melodies and rhythms of this musical tradition are not merely an art form; they are a vital expression of cultural identity. As we listen to these timeless compositions, we are reminded of the stories they tell, the emotions they evoke, and the communities they represent. In a world that often feels fragmented, the music of our heritage serves as a unifying force, connecting us to our roots and to one another, creating a harmonious symphony of shared humanity.

Dhanya Shree
Chemistry
1st Year

Prayagraj: The Sangam City

Prayagraj, also known as the Sangam City, is one of India's most sacred destinations. Three mighty rivers – the Ganga, Yamuna, and the mythical Saraswati – join Here to form the 'King of Tirthas'. The Ganga represents purity and spiritual cleansing. The Yamuna symbolizes consciousness and spiritual awakening. The Saraswati embodies knowledge and wisdom. This spiritual heaven hosts the world's largest religious gathering, the Kumbh Mela, which draws millions of devotees every twelve Years.

“Prayagasya Praveshshu Papam Nashwati Tatksanam”

~ All sins are cleaned with entry in Prayag.

This is what most people believe as they take dip in the holy Sangam. This city, stands as evidence of India's rich cultural heritage, where spirituality and modernity flow together like its sacred rivers. These celebrations preserve ancient traditions and strengthen the community's bond with their sacred rivers. This sacred event has drawn over 42 crore devotees to the Triveni Sangam for holy dips

Ancient Monuments Tell Tales of Glory

Prayagraj's historical grandeur lives on through its majestic monuments. The city showcases architectural marvels that span centuries. Its built heritage blends Mughal, Hindu, and colonial influences that shaped its unique identity.

Akbar's Fort Guards River Confluence

The Allahabad Fort, built by Emperor Akbar in 1583, stands tall at the meeting point of the Ganga and Yamuna rivers. Akbar visited the region in 1575 and Raja Todarmal, the fort's chief architect, created an impressive structure with:

25 gates and 23 bastions, 3 khwaabgahs (sleeping quarters), 33 residences and 277 homes, A 4-kilometer-long embankment Persian, Mughal, and Hindu influences blend beautifully in the fort's architecture.

Temples Preserve Spiritual Heritage

The ancient Patalpuri Temple sits within the fort's grounds, supported by massive stone pillars. The temple complex houses the sacred Akshaya Vata, a holy Banyan tree mentioned in many Indian scriptures, especially the Ramayana.

A glass wall protects the Saraswati Koop, a large well believed to be the mythical Saraswati River's source. Beyond the fort walls, the Gangoli Shivala, an ancient Shiva Temple in Jhusi, displays remarkable stone craftsmanship with its narrow tall Shikhara. These Temples have welcomed countless pilgrims seeking spiritual peace through the ages.

The Hanuman Temple near the fort features a unique architectural element – a 20-foot idol of Lord Hanuman in a reclining pose. River waters flood the Temple's basement during high tides, naturally bathing the idol.

The Bharadwaj Ashram remains a crucial spiritual landmark. Ancient texts tell us that Rishi Bhardwaj performed penance to Lord Shiva here. The ashram's British influence added Indo-Sarcenic structures to Prayagraj's architectural landscape. Asia's finest Anglican cathedral, the All Saints Cathedral, designed by Sir William Emerson, features 13th-century Gothic architectural elements. The Mayo Memorial Hall, built in 1879, features a 180-foot tower and interiors Created by Professor Gamble from London's South Kensington Museum Heritage Zones Get Makeover. The city's rich history has sparked major restoration work. The Municipal Corporation building, 150 years old and built in 1865, is getting a ₹9 crore renovation. Traditional materials used in restoration include: Lime from Katni, Jaggery and pulses, Fenugreek and other eco-friendly components.

The Dadhikando celebration after Janmashtami blends old and new beautifully. Colorful chowkies with live portrayals of Lord Krishna, Subadra, and Balabadra move through city streets for three straight weekends.

Prayagraj's Dussehra celebrations are known for their unique chowkies. Major processions from Pattarchatti, Pajawa, and Katra display decorated jhankis that attract people from all over the region. Deepavali brings the grandest celebration when thousands of diyas light up the Sangam in a magical display.

The Magh Mela, a 45-day annual gathering, draws millions of pilgrims to the Triveni Sangam. A temporary township springs up with detailed facilities including roads, electricity, water supply, and medical services.

The Ganga Water Rally and Water Sports Festival in February add modern touches to traditional celebrations. The city bursts into Holi festivities right after, marking spring's arrival. The Maha Kumbh 2025 shows the best of cultural fusion. This gathering includes expandable solutions while keeping traditional elements intact. The festival balances worldwide recognition with authentic Hindu traditions.

Modern festivals embrace cultural inclusivity. The Kinnar Akhada's participation, which includes transgender Sadhus, shows the city's social growth. The Administration has trained 40,000 police personnel to interact respectfully with pilgrims.

Different religions coexist peacefully in Prayagraj. The city welcomes various faiths, creating a rich cultural mix visible in its architecture and traditions.

Chitranshi Mishra

Mathematics

1st Year

The Timeless Majesty: A Journey to the Taj Mahal and Agra Fort

It was the first end-semester break—almost five months since I had moved to Delhi. Post-exam boredom was at its peak, and my roommates and I were spending our days idly. After our last exam, I went to a South Indian restaurant in Saket with some of my roommate's batchmates, with whom I had formed a good connection. The next day, we planned a visit to Yamuna Ghat to clear our minds, and it turned out to be a refreshing experience.

However, deep down, we were all craving a long journey—something that would make up for the regret of not going home to Kerala during the vacation. The most feasible destination was the Taj Mahal—close to Delhi, perfect for a day trip, and, of course, an opportunity to finally witness its breathtaking beauty.

The Taj Mahal has a permanent place on every travel enthusiast's bucket list. It is a poem written in white marble, built on the foundation of love, and painted with the sorrow of loss. Renowned poet Rabindranath Tagore once described it as "a teardrop on the cheek of time." The Taj Mahal elevates India's touristic legacy, attracting millions of visitors from around the globe—an estimated 7 to 8 million people visit it every year.

Yet, the Agra Fort completes the story that the Taj Mahal begins. It is the place where Shah Jahan was imprisoned by his son Aurangzeb and spent his last days gazing at the Taj Mahal—the grand tribute to his beloved Mumtaz Mahal.

We reached Hazrat Nizamuddin Railway Station around midnight and waited for our train, which was scheduled to depart at 5:15 AM for Agra Cantt Station. To pass the time, we chatted about the most random things, from travel dreams to ghost stories. Since we were traveling on a budget, we booked seats in the general compartment, preparing ourselves for the worst-case scenario.

I had never traveled in a general compartment before—I had only seen it in reels, where it always seemed like a nightmare of being crushed between strangers. But, to our surprise, the early morning train was nearly empty. We were able to sleep comfortably until we reached Agra Cantt at 8:00 AM.

The railway station was not very crowded. We grabbed a cup of hot tea from a nearby stall before heading out to find a rickshaw to the Taj Mahal. The ride took only 15 minutes, and the streets of Uttar Pradesh looked clean and well-maintained—perhaps due to the massive number of visitors the Taj Mahal attracts.

After a 10-minute walk, we reached the entrance. We kept our bags in the cloakroom and, following tradition, wore traditional attire—partly as a custom while visiting the Taj Mahal and partly because we wanted to take plenty of pictures.

As we approached the Great Gate (Darwaza-i-Rauza), the sudden emergence of the Taj Mahal from its seamless blend with the sky was truly mesmerizing.

I was overwhelmed with emotions—a dream come true moment. The eternal tale of love stood proudly before me, and every tree and plant seemed like silent witnesses to its history. The morning sunlight peeked through the clouds, and a gentle cold breeze set the perfect mood—to simply gaze at the Taj Mahal. The place was not very crowded, allowing us to fully immerse ourselves in its beauty.

In earlier years, visitors were allowed to enter the tombs of Mumtaz Mahal and Shah Jahan, but due to concerns over damage and the fading whiteness of the marble, access is now restricted. I wished I had been born a few years earlier—or even better, I wished I were the breeze that could gently caress the white marble, hear the whispers of love, and become part of an endless legacy.

We spent a significant amount of time admiring and discussing its spectacular architectural design. The red sandstone mosque beside the Taj Mahal added to the spiritual atmosphere. Of course, we took plenty of pictures with the Taj Mahal as our backdrop before heading out.

By then, we were starving since we hadn't had a proper breakfast. We took a rickshaw to Udipi, a South Indian restaurant. Unfortunately, the fried rice did not meet our expectations.

After lunch, we took a rickshaw to Agra Fort. The security checks at the entry gate were strict— the guards thoroughly inspected every visitor. No food items were allowed inside, not even our UNO cards. Our bags and even our overcoats were checked.

Upon entering, we were greeted by a vast garden, beautifully maintained with flowers and shrubs. The amphitheater-like architecture gave it the vibe of a Bollywood film set. Agra Fort is home to several grand structures, each serving a unique purpose. The Diwan-i-Khas, the Hall of Private Audience, was where the emperor met with important dignitaries. The Diwan-i-Am, the Hall of Public Audience, was where the emperor addressed the common people. The Jahangiri Mahal, a palace built by Akbar for his wives, stood as a grand testament to Mughal architecture. The Sheesh Mahal, also known as the Palace of Mirrors, took my breath away. Though it is locked and visitors are not allowed inside, we peeked through the grills to admire its beauty. The Musamman Burj, the octagonal tower where Shah Jahan was imprisoned, offered a distant view of the Taj Mahal through its windows and balcony.

I was not ready to leave yet, but time was against us. We hurried to the station, reluctant yet grateful, taking in the last glimpses of Agra's beauty. Our train arrived on time, but getting into the unreserved general compartment was an absolute struggle. We fought for space— not even to sit, just to stand. As the train moved through the dark night, filled with exhausted travelers, we sat there— tired yet satisfied, dreaming of more semester breaks and more unforgettable journeys.

Nadha Farih P N

Biochemistry

1st year

The Voice of Tradition: Balancing Culture and Modern Bharat

Amidst the echoes of temple bells, And the hum of engines, fast and free,
A nation stands, both old and young, A river flowing to the sea.

The Vedas whisper in the wind, As satellites touch the cosmic sphere,
The past and future intertwine, A legacy both proud and clear.

Hands still weave the golden threads, Of Kanjeevaram, pure and bright,
Yet fingers tap on touchscreen glass, Coding dreams in neon light.

The flute of Krishna softly plays, In tunes remixed for modern ears,
While yoga bends through city streets, And sages' wisdom still appears.

Women rise with fearless fire, Yet wear their bangles, bright and bold,
The mangalsutra meets the suit, Both stories, equally told.

Bharat walks a tightrope fine, Between its roots and soaring sky, Not chained by past, nor lost ahead,
But holding both, with steady pride.

For in its voice, both young and wise, Resides a truth, forever vast,
To build tomorrow, strong and new, Yet hold the soul of ages past.

Bhumi Ajmeria
Biochemistry
1st Year

The Kaleidoscope of Indian Art Forms: Exploring their Cultural Influence and Impact on Society

Art is an intricate part of our identity and history. It narrates our history, recites our present, and influences our future. Indian art forms reflect the rich and vibrant nature of our country in a way that words cannot. From the famous paintings like Madhubani and Tanjore to marvelous monuments and sculptures, Indian art showcases diversity.

Different forms of art have been used throughout history to narrate stories involving folk tales and daily livelihood of people from that time. The artistic adventure begins with Bhimbetka Prehistoric art, which dates back at least 290,000 years. Cultural and artistic evolution can be seen through rock and temple arts of the Indus Valley Civilization. The Caves of Ajanta and Ellora, Chalukyan art, Medieval marvels, the temples of Khajuraho and Konark, all showcase phenomenal artistic history and evolution.

Every region has its unique way of expressing its culture. Madhubani paintings of Bihar, originating from Mithila, retell Indian folklore, such as the Rama-Sita swayambar, through vibrant colors and intricate lines. Tanjore paintings of Tamil Nadu are an incredible example of Indian craftsmanship. The paintings usually depict Hindu gods and saints with the use of gold foil and stones. Warli art of Maharashtra throws light on the daily activities of the tribe, such as farming, hunting, dancing, and festivals. The use of symbolism in these paintings makes them even more interesting.



Pattachitra, the traditional painting style of Orissa, Kalamkari of Andhra Pradesh, Gond of Madhya Pradesh, and many more, are examples of the diverse art forms found in India. Art is an ever-evolving form of creativity. It is influenced by culture, society, and individual. Different dynasties, rulers, regions, political movements, and spiritual inclinations have played a pivotal role in creating a kaleidoscope of art forms, each unique in expression and meaning.

Mughals encouraged miniature and detailed art, like Padshahnama and Akbarnama, while Rajput painting highlights themes such as heroism, romance, and devotion. If we take a look at the artistic contributions from the Chola, Pallava, and Vijayanagar empires, we can find magnificent bronze sculptures of Nataraja. One can look into a Madhubani painting to capture the essence of Indian folklore, nature, and Hindu gods. Warli, the Maharashtrian tribal art, depicts their life through simple geometric figures. Kangra illustrates beautiful stories of Radha and Krishna.

It is essential for us, as the future generation, to preserve these treasures. This is not a chapter to remain in history; the story continues. Traditional art forms provide employment to millions of painters, sculptors, and artisans. They enhance tourism and contribute to the country's economy. They act as a connecting bridge between communities and foster deeper bonds between cultures.

Art is ever-evolving, and in a country as diverse as India, it is a privilege to learn and grow with it. It is our hope for the future and our guiding light from the past. As we continue to appreciate and preserve our rich cultural heritage, we can ensure that Indian art forms will remain an integral part of our identity.

Tesha Anubha Singh
1st year
Biomedical Science

The Lost Cultures – Influence of the Western Culture

India's rich tapestry of cultures has long been a subject of admiration and study. However, the advent of Western influence, particularly since the 19th century, has led to significant transformations within Indian society. This article delves into the impact of Western culture on India's traditional practices, supported by relevant research data.

Historical Context

The British colonial era marked the beginning of profound Western influence in India. The establishment of the East India Company in the 19th century introduced Western education, legal systems, and lifestyle practices to Indian society. This period saw a deliberate imposition of British cultural norms, often at the expense of indigenous traditions.

Educational Shifts

One of the most significant impacts of Westernization has been in the realm of education. The introduction of English as a medium of instruction and the establishment of Western-style educational institutions led to a decline in traditional learning centres. This shift not only altered the content of education but also distanced younger generations from indigenous knowledge systems.

Cultural and Social Changes

Westernization has permeated various aspects of Indian culture:

- **Language:** The frequent use of English terms like "Daddy" and "Mummy" has become commonplace, diverging from traditional Indian familial terms.
- **Attire:** Western clothing styles have gained popularity, especially in urban areas, leading to a decline in traditional attire such as sarees and dhotis.
- **Festivals and Celebrations:** There has been a noticeable shift in the way festivals are celebrated, with some traditional practices being replaced or overshadowed by Western ones.

The way Holi has become a festival all about water and colour play instead of worshiping the idea of washing away 'arrogance and greed', a moral passed down from a story which is still unfamiliar to many kids in present time is a clear example of the declining impact of our cultural roots.

Positive and Negative Impacts

- The influence of Western culture has had both positive and negative repercussions:
- **Positive:** Exposure to Western ideals has led to progressive changes, such as the promotion of individual rights, gender equality, and scientific temper.
- **Negative:** Conversely, there is a concern that the erosion of traditional values and customs may lead to a loss of cultural identity. The younger generation, in particular, may feel disconnected from their heritage.

Research Insights

- Studies have highlighted the complex nature of Westernization in India. For instance, research published in the International Journal of Research in Engineering and Social Sciences indicates that while Westernization has introduced modern practices, it has also led to the decline of joint family systems and traditional marriage customs.

Conclusion

The interplay between Western and Indian cultures is intricate and multifaceted. While Western influence has contributed to modernization and global integration, it is imperative to strike a balance that preserves India's rich cultural heritage. Recognizing and valuing traditional practices alongside embracing beneficial aspects of Western culture can lead to a harmonious coexistence, ensuring that the essence of India's lost cultures is not forgotten.

Ashka
Computer Science
1st Year

Timeless India: A journey through Time of Evergreen Indian Heritage

The evening breeze was fresh as it waved the fragrance of incense and old books. Meera, a young and curious historian, wandered along the narrow lanes of Varanasi. She always used to hear that time never moves in a backward movement in India. The past would share its secrets with whoever hears.

As she entered an ancient temple courtyard, an old priest smiled at her.

'You seem lost in thought, child. What brings you here?'

Meera hesitated, then said, "I study history. But I wonder— how has India's heritage survived for so long? How has it remained evergreen?"

The priest chuckled. "Come, let me show you." Meera closed her eyes, and the world around her transformed. She found herself standing on the banks of the Indus River, where men and women built a magnificent city. The priest's voice echoed, "This is the Indus Valley Civilization, where India's journey began. They built homes, traded goods, and worshipped nature. Even today, we follow their traditions in architecture and rituals."

HERITAGE:

The scene changed. She was in a grand palace where scholars sat around a young boy. "This is Takshashila," the priest said. "The world's first university. India has always been a land of learning—Ayurveda, astronomy, and mathematics all came from our ancestors." Then, she saw an old man with a scroll, scribbling formulas with care "This is Sushruta, the father of surgery," the priest said. "Ayurveda, the ancient science of life, teaches us how to live in harmony with nature. It shows the power of healing through herbs, diet, and balance—principles that have stood the test of time and continue to heal millions today. "The scene changed once more. Here, Meera saw herself in a lovely garden where monks were attending the highly medicinal plants with great care. "These plants," the priest said, "contain the secrets of ancient healing. Today, many modern medicines trace their origins to Ayurvedic practices—turmeric for its anti-inflammatory properties, neem for its antiseptic qualities, and Ashwagandha for stress relief."

Suddenly, the palace became a battlefield. A charioteer, shining with divine light, spoke to a warrior torn by doubt. "This is the Mahabharata," the priest explained. "The Bhagavad Gita was spoken here—words that still guide millions today. It teaches us about Karma and Dharma. Every action we take shapes our future, and righteousness must always prevail."

Meera saw another vision—one of an old king, blinded by attachment, unable to do what is right or to stand up against injustice. The priest concluded, "Dhritarashtra represents the downfall of nonadherence to Dharma. But Krishna teaches us how to act selflessly and justly, irrespective of the situation."

Again, air shimmered before Meera as she saw a sea of people marching with torches burning all along. They said in chorus "Inquilab Zindabad!" She could see Bhagat Singh, Sukhdev, and Rajguru, who could see flames within their eyes while readying their lives to lay down for the sake of freedom. "These were revolutionaries who lay down their lives so that India could breathe fresh air," the priest further said. "Their valor inspires today's youth." Then, the scene shifted to a frail man wrapped in a simple dhoti, walking barefoot with a wooden staff. "This is Mahatma Gandhi," the priest said. "With the power of truth and non-violence, he shook the foundations of the mighty British Empire." Meera watched as Gandhi led the Dandi March, inspiring thousands to defy unjust laws.

She saw Netaji Subhas Chandra Bose standing in front of his Indian National Army declaring, "Give me blood, and I will give you freedom!" She saw Sarojini Naidu, Rani Lakshmbai, and Sardar Patel fighting in various ways but for one cause—an independent India.

As the vision faded, Meera found herself in the temple courtyard. She looked at the priest, her heart full of understanding. "I see now. India's heritage is not just history—it is a living, breathing journey that continues even today." The priest smiled. "Exactly, child. India is timeless because its spirit never fades. It only evolves, carrying its wisdom into the future." Meera bowed, realizing that she had not just learned history—she had lived it.

Prakriti Padhi
Biomedical Sciences
1st Year



The Society Scroll



AAHAAR

Aahaar envisions fostering a culture of mindful eating and food awareness within the college community. Through innovative events and engaging initiatives, it aims to inspire informed dietary choices, promote food safety, and encourage sustainable practices, empowering students to embrace a healthier and more conscious relationship with food.



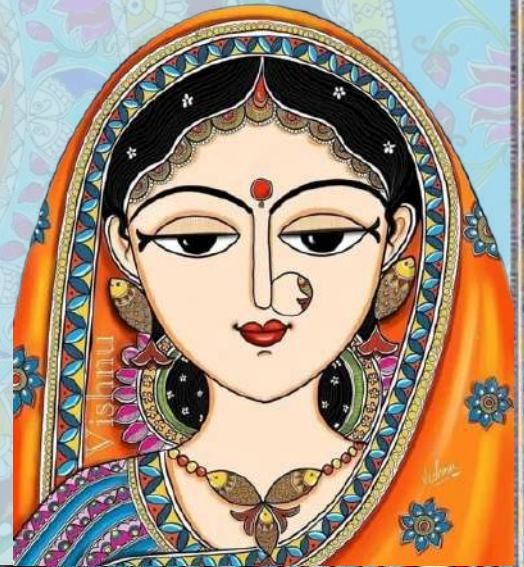
AHAARYA

We strive to foster a passionate and creative dance culture, inspiring dancers to push their limits and create impactful performances. Our goal is to achieve more victories in the coming years through dedication, innovation, and teamwork. We aim to uplift our dancers, refine our craft, and leave a lasting mark in the world of dance.



ANUBHUTI

Anubhuti, the Women Development Cell of SRCASW, empowers women through awareness, workshops, and skill-building. It promotes gender equality, self-reliance, and leadership while addressing social issues. Committed to holistic education, the cell nurtures confidence, professional growth, and a supportive environment for women to excel in academia, careers, and society.



EK BHARAT SHRESHTHA BHARAT

The Ek Bharat Shreshtha Bharat Club fosters cultural exchange by pairing States/UTs, with Delhi being paired with Sikkim. The club organizes various activities to promote Sikkim's culture and traditions, including cultural showcases, culinary festivals, educational tours, and student-faculty exchange programs. Our vision is to create a vibrant platform where students can explore and celebrate India's diverse traditions, languages, and heritage.



EHSAAAS

Ehsaas and Human cafe, the Mental Health Awareness Society of SRCASW, University of Delhi, is committed to raising awareness and breaking the stigma surrounding mental health.

Through a variety of engaging workshops, interactive sessions, and thought-provoking events, we aim to foster open conversations and challenge perspectives on mental well-being.

Our vision is to not only raise awareness within our campus but also to extend our reach across multiple universities, creating a ripple effect of understanding and compassion. We strive to create mental health awareness and a supportive space for individuals to engage in meaningful activities that enhance their mental health, promote self-reflection, and encourage deeper, more empathetic thinking through our listening circle.



ELVIRA

The vision of Elvira is to create a thriving artistic community where students can explore, express, and evolve through fine arts.

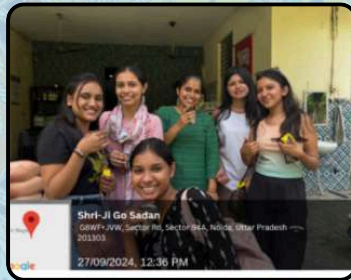
Our mission is to provide opportunities, resources, and a supportive environment for students to nurture their artistic talents and showcase their work.

At the Fine Arts Society, we dream big, create freely, and celebrate art in all its forms.



ENACTUS

To create a world where innovation, sustainability, and inclusivity drive meaningful social change, empowering communities to build a self-sufficient and equitable future. Through entrepreneurial action, skill development, and impactful initiatives, we equip underserved communities with the resources and knowledge to thrive, fostering long-term, sustainable transformation.



GDG

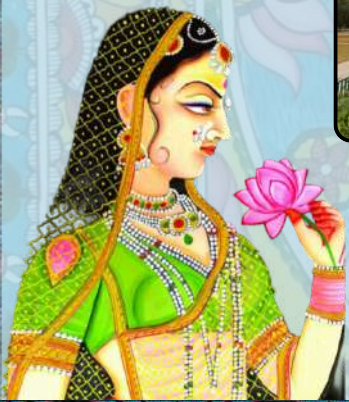
Our vision is to empower students from traditional sciences by equipping them with advanced technologies like Cloud, AI, and more. Our mission is to promote inclusivity, boost women in tech, and prepare students to thrive in high-level technical events and innovations.



GLAMFIRE

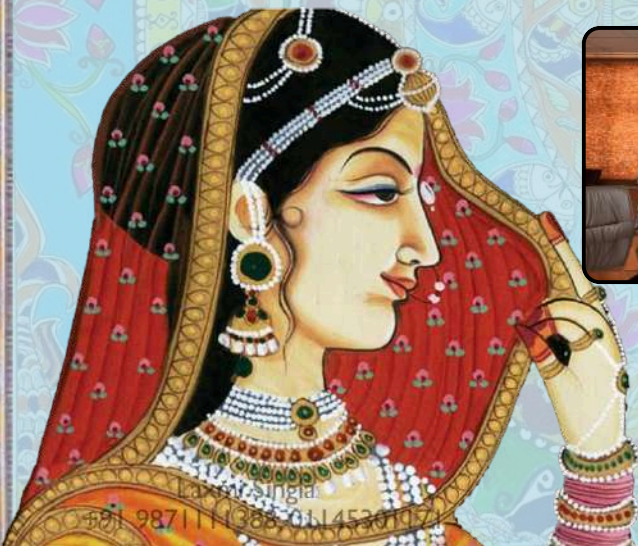
Our mission is to empower women through fashion by fostering creativity, confidence, and community. We aim to provide a platform for students to express their individuality and cultural identities while promoting sustainable fashion practices. We seek to inspire women to embrace their uniqueness and advocate for gender equality within the fashion industry and beyond.

Our vision is a world where women are celebrated for their diverse styles and voices, free to express themselves through fashion without societal constraints. We aspire to be a leading force in shaping an inclusive fashion landscape that empowers women of all backgrounds, promotes ethical fashion choices, and supports the advancement of women in creative fields. We envision a society where fashion serves as a tool for self-expression, confidence, and liberation, contributing to a future where every woman can thrive.



INKLINGS

Inklings - The literary society, serves as a dynamic platform for intellectual and creative expression through debates, writing workshops, guest lectures, and literary quizzes. The society nurtures a vibrant literary culture, uniting passionate readers and writers. Entrusted with curating Aakriti, the college's annual magazine,, Inklings upholds the institution's legacy of literary excellence and artistic expression.



UNNAT BHARAT ABHIYAN

Unnat Bharat Abhiyan (UBA), a flagship program of the MHRD, Government of India, was initiated by dedicated faculty members of IIT Delhi and officially launched to drive rural development through technological and social interventions. With a vision to enhance the socio-economic well-being of rural communities, UBA engages faculty and students of higher educational institutions (HEIs) in meaningful collaborations, fostering a strong relationship between academia and society. As a participating institution under UBA, Shaheed Rajguru College of Applied Sciences for Women, University of Delhi, has been actively working towards this mission, with students and faculty striving to create a positive transformational impact in the adopted rural communities. In this tenure, we have successfully completed various village visits, drives to teach and aware about critical issues, visited IIT Delhi, and organized health camps to contribute to the upliftment of villages that are in our network.



MERCURIUS

Our Vision: Empowering students with the knowledge, skills, and confidence to achieve success in finance, marketing, and economics.

Our Mission: To provide hands-on learning experiences, industry interface, and networking opportunities to help students enhance critical thinking, leadership, and decision-making skills to succeed in changing professional scenarios.



MUKHAUTA

Our society, through impactful monologues, compelling street plays, and thought-provoking stage productions, amplifies unheard voices and sheds light on overlooked stories, striving to create awareness and inspire change. Our vision is to build a platform where creativity knows no bounds, emotions find their true expression, and individuals can speak freely—unshackled by societal constraints.



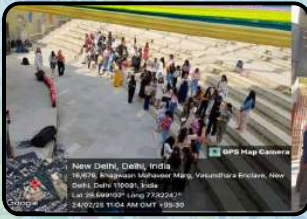
NORTH EAST CELL

The North East Cell aims to foster unity, understanding, and representation while celebrating the region's rich heritage. We are committed to promoting cultural exchange, addressing concerns of Northeastern students, and ensuring their holistic development through events, awareness programs, and support initiatives



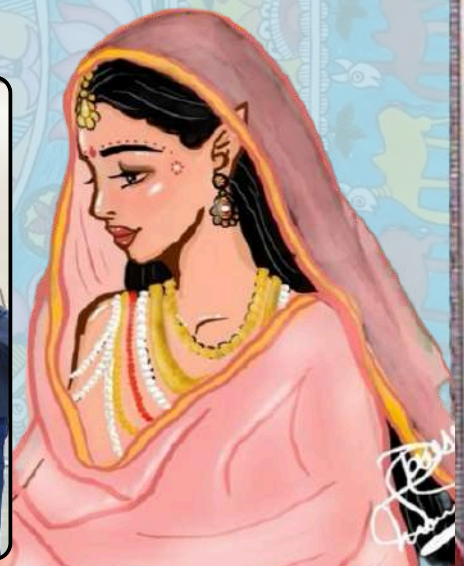
NSS

At the heart of selfless service and youthful enthusiasm lies the National Service Scheme (NSS) of Shaheed Rajguru College of Applied Sciences for Women (SRCASW), a shining emblem of hope and societal transformation. Under its motto of 'Not Me, But You,' it inspires the youth to embrace their responsibility toward societal progress. As a transformative initiative, the NSS nurtures leadership, fosters teamwork, and instills compassion, offering an esteemed platform for students to contribute meaningfully to nation-building through diverse community-centric projects during the academic session of 2024-2025.



PHILYRA- WMS

Philyra - The Western Music Society envisions cultivating a vibrant musical community that celebrates creativity, collaboration, and excellence, inspiring students to explore and express their passion for Western music. Philyra is committed to providing a platform for vocalists and instrumentalists to grow, perform, and innovate. Through performances, competitions, and collaborations, we aim to foster a culture of musical excellence, enriching the cultural landscape of SRCASW.



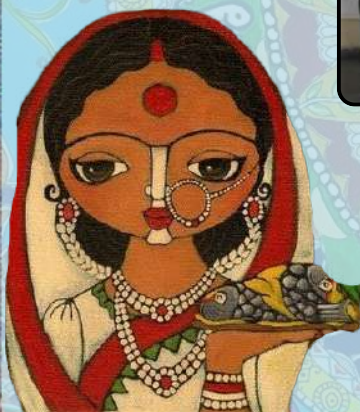
PHILYRA - AAROHANA

Philyra-Aarohana, the Indian Music Society of Shaheed Rajguru College, celebrates musical heritage through classical, contemporary, and fusion performances. Focused on talent nurturing, discipline, and collaboration, it fosters members' artistic growth while preserving India's cultural legacy, blending tradition and innovation for lasting impact.



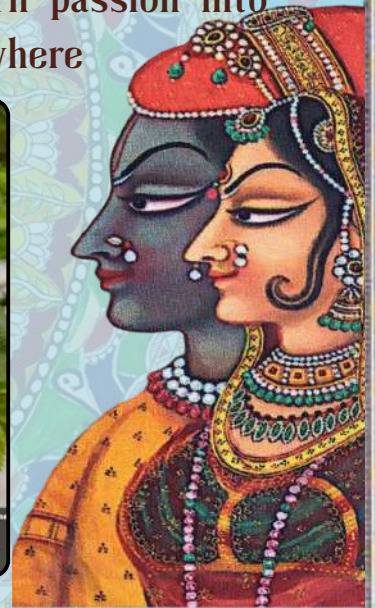
PHRONESIS

Phronesis: The Journal Club is driven by a passion to spark scientific curiosity and nurture critical thinking among undergraduates. The club creates a space for engaging conversations and collaborative exploration and continues to bridge academic research with real-world relevance—making science more accessible, meaningful, and inspiring for all.



PRAVRIDDHI

PRAVRIDDHI, the Eco-Club, envisions a world where communities and nature thrive together, rooted in respect and care. Through hands-on workshops, 30-Day Challenges, Vriksha Rakshabandhan, and vibrant events like Vasudha fest, we empower students to become Earth's guardians. We turn passion into purpose—sowing seeds of green habits and nurturing a future where humanity and the planet flourish as one.



ROBOTIKA

At Robotika, we aim to create a vibrant community where students can explore, innovate, and grow their skills in robotics and automation, striving to inspire creativity and empower future innovators to tackle real-world challenges. We focus on building technical expertise, fostering teamwork, and encouraging curiosity, helping students develop practical skills and a passion for technology.



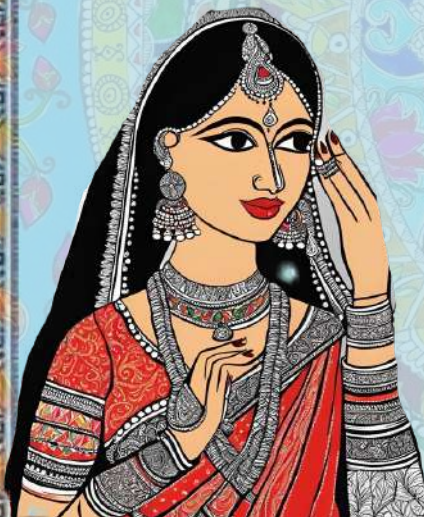
SHUFFLESHOTS

Shuffleshots strives to foster creativity and visual storytelling by providing a platform for students to enhance their photography skills, capture meaningful moments, and build a vibrant community of passionate visual artists through engaging events and artistic expression. We also aim to conduct photowalks and mentor sessions imparting valuable information about photography.



SPICMACAY

SPICMACAY Rajguru Chapter remained dedicated to promoting Indian classical music and culture through various events, like movie screenings, folk songs and dances, and guided visits to learn more about India's historical legacy, deepening students' appreciation for Indian culture and heritage. These events reinforce our mission of cultural enrichment and education among youth.



TRAINING AND PLACEMENT CELL

Visions to establish the Training and Placement Cell of SRCASW as a leading facilitator of career opportunities, ensuring students secure placements in top multinational companies with competitive packages, leveraging strong industry-academia collaborations and diverse professional exposure. We aim to enhance students' employability by organizing structured training programs, industry interactions, and recruitment initiatives.



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)

INTERNSHIP FAIR
Explore Exciting Internship Opportunities

START FROM: **29**
09 AM - 04 PM
March

Join the WhatsApp Group for Further Updates

9717654374
9453909016



YOUTH PARLIAMENT SOCIETY

The Youth Parliament Society is an initiative that promotes political awareness, public speaking, and leadership skills among students, serving as a platform for young minds to engage in debates, discussions, and mock parliamentary sessions. Through its activities, YPS encourages students to think critically, voice their opinions, and actively participate in democratic processes.



Shaheed Rajguru College of Applied Sciences for Women
Under the aegis of IQAC
In association with
Ministry of Parliamentary Affairs
17th National Youth Parliament Competition 2024-25

Amphitheatre | 24 March 2025 | 10:00 AM

Dr. (Prof.) Pooja Misra | Dr. Ashok Kumar | Ms. Tanushree Pokhriyal



NATIONAL YOUTH PARLIAMENT SOCIETY
Under the aegis of IQAC
In association with Ministry of Parliamentary Affairs
19th National Youth Parliament Competition 2024-25

24th March 2025

Venue: Amphitheatre
Time: 9 AM Onwards

For Details Contact:
Tanushree Pokhriyal (President): 9899613734
Drishti Singh (Dist. President): 9870376495



COLLEGE PILLARS



CREATIVE



QUILLS

SOLITARY REFLECTIONS

They kept up the pace when I didn't
Never looking back to see me on the floor
But guess it's just another day a person chooses
To walk out of my door.

"Good grades will bring them close"
That's what mother dearest said
Didn't mention how worshipping this mantra
Made me lose a part of me instead.

"Speak up more or you'll stay behind"
They meant it in earnest
But couldn't they see that keeping quiet's
Made this thread last longest?

"Are you here or are you not?"
Asked they all when I didn't spoke
"Are you serious, are you not?"
Remarked at me in the midst of my joke.

"Please them - for you'll never have it your way"
The voices around me cried
"Make it work or lose it all
You know you didn't really try."

"Am I lost or am I not?"
My conscience asked me lately
Falling for words from those who'll leave
"Are you that naïve? Really?"

"Would I stay or would I not?"
Asked I myself then daily
Had I been in their shoes, those who're gone
Or is it me who's wrong, could it be? Maybe...

~Mekhla Dhar
Biomedical Science
2nd Year

Impatient Faith

In the darkness it seeps down the crack of my roof,
Rambling up my spirit and cracking up my bones
Like an echo it runs through my vein
Racing through time and space ,
It slowly catches my pace.
I hear it's euphony in my dissonant heart,
As it sows it's seed in my darkest hours.

~Tesha Anubha Singh
Biomedical Sciences
1st Year



Bird of Gold

With their lives at stake,
And courage that was too strong to shake,
The names of our valiant heroes
echo in the heart of every Indian,
in places apart.

The earth reeks of their spilled blood,
The eyes of the watchers pour out in a flood.
Their sacrifices had borne fruit, at last
Never to be overlooked as a
part of some distant past.

This is their glory we revel in today,
as we stand staring at museum walls and say
'This is our country, our bird of gold,
This is our India, reverent and bold.'

~Harshika Dhamija
Biochemistry
1st Year



Whispers of Tomorrow

The ink flows soft, like rivers deep,
Carrying dreams we dare to keep.
Each word a spark, each line a light,
A beacon bright in endless night

The canvas hums with hues untold,
Stories painted, fierce and bold.
A stroke of blue, a touch of red,
A thousand thoughts, a heart unsaid.

The shutter clicks—a moment stays,
A fleeting sun in golden haze.
A frozen laugh, a wistful glance,
A time held still in circumstance.

Oh, voices rise, oh, echoes call,
From silent walls to endless halls.
With ink and brush, with lens and rhyme,
We carve our truth upon our time.

For every dream, for every spark,
For every soul that leaves its mark,
Let pages turn, let colors glow—
A world reborn in tales we sow.



~Anamika
Computer Sciences
2nd Year

ECHOES OF GRAY

In shadows deep, I often dwell,
Thinking I don't deserve too well.
Good things come, but I push away,
Believing in sadness, come what may.
Love and laughter, they call my name,
But I hide away, consumed by shame.
Scared to trust, scared to believe,
That happiness is something I can achieve.
Sad songs play, tears fall like rain,
Happiness seems an unreachable gain.
Maybe, just maybe, there's a way,
To find some joy, in each passing day.

~Isha Singh
Statistics
2nd Year



What if I need a break?

What if I want to stop everything
What if I wish there will be no tomorrow
What if I look happy
But deep down I am filled with sorrow

What if I know what is wrong and right
But still I am not acting right way
What if I love my temporary comfort
Cause I don't know when will life sway

What if I am confused and scared
What if I am wrong about my life path
What if I can't stop overthinking
What if I forget about blinking

What if today will end
And there will be no tomorrow
Then everyone will be happy
And there will be no sorrow

What If I was not born
Then everything will be fine?
I don't have to go through with struggle
Cause this life will be no longer mine



What If I look it in positive way

What if things will work out

What if I do it a little more harder

What if everything will be according to my way

What if Tomorrow will be awesome

Flowers will bloom and my life will

be like cherry blossom

I will get everything I manifested

For that day

I have to work today

What if I don't quit

What If I will fight..

I know it will be worthy

At least in my sight

What If I live my dream

Then I don't have to scream

Cause my actions will be enough

To show them WHO I AM.....

~Annu Thakur

Biomedical Sciences

1st Year

FADING MEMORIES

Remembering those days full of innocence,
where laughter once blossomed bright,
Memories now fading, under the weight of future's might
Crayon-colored dreams, on pages worn and thin,
The passage of time, where do those moments begin?

Still hearing the echoes of laughter,
like whispers in the breeze
Swings and slides, now obscured by time's gentle tease.
Footprints in the sand, washed away by tides,
Stepping into the real world,
a journey where innocence hides.

Once, a world of make-believe and endless summer days,
Now, a sepia-toned canvas, in nostalgia's gentle haze.
Childhood friends, their names a distant rhyme,
Lost in the chapters of growing up, a relentless climb.

Yet, in the autumn of reminiscence, a glow remains,
A constellation of moments, where innocence sustains.
Fading memories, like stars in the evening sky,
Guide us through the years, as time continues to fly

~Himani Thakur
Food Technology
2nd Year



Expectation:

The Paradoxical Dance of Hope and Disappointment

Expectations, an abstract noun, woven into the fabrics of human feelings, which is both captivating and elusive. Expectations is a projection of our feelings on the canvas of time, a bridge between the present and a hypothetical tomorrow.

At the very core, expectation is like a fleeting muse, whispers tantalizing promises of tomorrow yet to unfold. It's a beacon of hope in the vast sea of uncertainty, offering a semblance of direction and purpose in our journey through life. However, beneath the shimmering facade of expectations lies a truth both gentle and harsh. Yet, it is also transient and ephemeral, often slipping away like a phantom in the night, leaving us grappling with a sense of longing and disillusionment. In the midst of this paradoxical dance of expectation, we discover strength. It reminds us that while dreams may soar high, groundedness in the present moment is essential for finding peace and contentment.

So, let us embrace this paradoxical art, this dance of hope and disappointment. Let's cherish the moments of anticipation while also finding joy in the present. Expectation is but a thread weaving its way through our mere existence, reminding us of the beauty of both dreaming and leaving

**~Sumanya
Financial Studies
3rd Year**

Storm in my Heart

Is there a storm in my heart already,
'Cause everything's gonna change,
can't be steady;

We need to move on, I know it's life,
But, can you hold on just for a while?
I will take some more time, please
standby,

I know I will but, don't let me cry;
Times ahead seem so uncertain,
I'm not ready to start it all over
again;

I know there is a storm in my heart,
I think it will remain till we are apart.

~Ayushi Mishra
Mathematics
2nd Year



DISASTROUS GLORIES



I can hear noises,
Begging for help,
Heartbreaking sunrises,
With chaos everywhere else,
Humans are swiped,
Flora is crushed,
Other beings also suffer too much,
Tranquil arrives,
In a sudden quick of time,
I can hear voices,
Begging for help,
Some are alive,
Others are dead,
People shattering,
With tears in their eyes,
Screaming the alive soul,
Comeback, to the dead of nowhere.



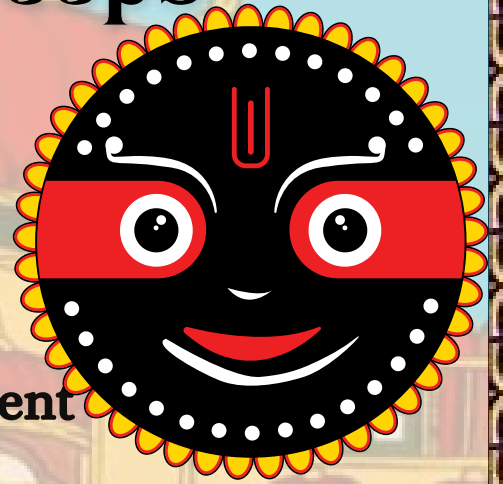
~Aastha Saini

Physics

3rd Year

When the Earth Weeps

The Earth Melted again
A bird in the scorching sun,
Between the shadows of a tree
With a body split open,
A lung, displaced without any ailment
Heaved out a sigh—just like that.



The breasts of the earth,
Unaffected by cancer,
Vanished into yesterday's darkness.
A grain of sand, carried by the flow,
Longed for roots to lean on.

The breeze, finding no flowers
To play with,
Turned back the way it came.
Gathering strength, gathering fury,
It rose as a storm— for revenge .



Oil spread across
The vast ocean surface,
And from the depths,
A hundred dead eyes
Floated up.

The tusks and claws
Of the son of Sahya
Were stolen.
Seeking, searching—
His kin, his clan, The forests—all disappeared.

By the riverbank,
A child searched for fish
In vain.
Pointing at the golden fish
In the aquarium,
The mother shunned.

Waiting for a single drop of water,
A flower slowly withered.
In the distance,
A river dried up—
Left bare, exposed.

The earth melted again...!

~Nadha Farih PN
Biochemistry
1st Year



A Flicker in the Dark

The storm came, fierce and unrelenting,
shattering what was whole.

The fields lay bare, the sky turned heavy,
and hope felt distant, out of reach.

But in the quiet, a flame persisted—
small, fragile, yet unyielding.

It didn't roar or demand attention,
just whispered, "Wait. This will pass."

In the city, fear echoed loud,
walls closing in, shadows growing.

Yet even there, in the cracks,
hope found its way—
a smile, a laugh, a moment of calm.

Life is hard, the road uneven,
and the night can feel endless.

But that flicker, stubborn and steady,
reminds us:

the dark won't last.

So, we hold on,
not because it's easy,
but because the flame,

however small,
refuses to go out.

~Sashwati Bhattacharjee
Biomedical Sciences
1st Year

Hope



As sunshine fall on land
It give life to this planet

Hope to live

Hope to love

Hope to understand what could we have together

I wonder how you have such sunshine Hope

which I never have

You spark as you are in love

Who could be she? I just wonder

My heart is pounding so fast

I am getting hope

Hope to be with you

Your warm smile just sway me away

As wind sway bloosm petals in spring

Honey eyes of yours under sunshine

Its can make anyone alive even in the cold winter

wind

I wonder where were you all these time?

I wonder why I was running from having

Hopes Why I choosed to be in winter wind

When I can have you

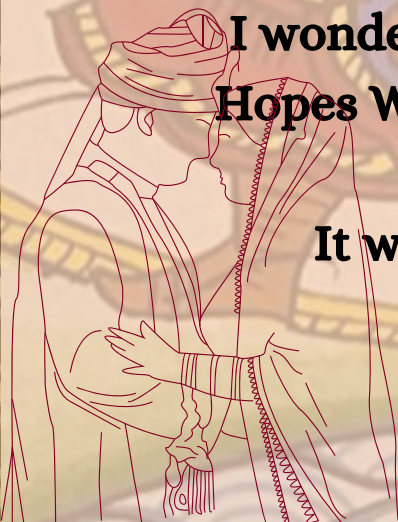
It was just like running from you

Love

~Sheetal

Computer Science

1st Year



Inside my Mind

The sound of the growling wind
seems pretty peaceful,
Cause the Storm that lives in my head
is a lot more vengeful,
The pitter-patter of the rain drops
that roll down the window glass,
Sounds like the nature too
us weeping about it's past,
The sweet smell of the wet grass
gives me a flickering hope
of getting a new start,
But soon the strong thunder strikes
trying to warn about the risk ahead,
Yet the colourful rainbow that
shines above my head,
Lights up a beautiful path
towards the future I'll have.

~Prachi Shakya
Management Studies
1st Year



Story from a Rooftop

I was minding my own, sitting on a rooftop fully distracted with the life & stuck on brain. It was maybe 9 O'clock, when I saw an aircraft just above my head, as a totally numb kid I felt maybe there's a lot of stories with a single migration no one gives importance to.

A story of a small town, teenager guy escaping from family history, to go on a mission of living a life he thought wouldn't exist or maybe not possible for him, from family support or with family grudges, With fear of losing everything and courage of turning everything upside down, With the untold and unrealistic dreams that only god knows if he'll approve or not.

A story of a long distance partner either on his way to meet his other half or maybe away from his other half, understanding that for brighting their future together they need distance for a short time, while one person is being excited to meet his partner, chilling out on a cafe with her, playing guitar for her the other person is leaving these precious moments & praying to meet as soon as possible, both promising to continue this till universe but only god knows if he'll approve or not. A story of a family member leaving his city to earn money, to give his parents the most comfortable life they deserve, with expectation in his eyes and grace in his heart. he wants to return just to see his home lightning with Diwali lights & making colourful with Holi traditionals. With making a prayer so he can stare at his parents again & gift them the thing they wanted since a decade but only god knows if he'll approve or not.

A story of a spoiled kid, who is forcefully sit in that aircraft seat hoping for cancellation of flight so he could return to his friends & his comfort home. A person who doesn't know why he is being sent there, why he needs to leave his place, why he had to chosen between life & luxury, while being frustrated he is manifesting to settle down at new place & making new friends as exciting as old ones but only god knows if he'll approve or not.

A story of a person who may die at the new place he is shifting to, as "going to die" person already knows indirectly or directly about future. As flight is going higher & higher he is regretting all the mistakes he made, apologizing everyone on mind, appreciating whatever he had, keep telling himself the story of life he lived & trying to convince god to give him another chance but only god knows if he'll approve.

And the last & the most beautiful story of a person who saved money just to sit on the seat of an aircraft, He was dreaming it since kidhood. At highest altitude of an aircraft with a little bit higher blood pressure he decided to look away from the aircraft, he tried and excitingly he was in the middle of clouds, the clouds he thought he needed to travel infinite to feel. With the satisfaction & gratitude in his soul, he promised himself to come back again on the same flight same seat but only god knows if he'll approve or not.

**~Rashmi Sharma
Biomedical Sciences
1st Year**




Pieces of Home

When you grow up, all you ever do is leave. You leave people, situations, and places. You often wonder where home is because you always feel like a fish out of water wherever you go. You make a home for yourself in the city. You decorate it with plants, posters of a treasured rock band, and furniture that you got from the flea market. Sometimes, it gets awfully quiet; other times, it's filled with the voices of your new favourite people.

When it gets too silent, you call your Mother 1200 miles away and ask her about her day. You like to listen to her sometimes, but when she asks about yours, you gabble and say you're okay and then bid bye. You don't want to trouble her with your issues. It never completely feels like home because you are always missing something—your school friends, the old town roads, your Grandma, your cousins, evening drives, the smell of your room, and your family.

And when you return to your hometown, you miss the comfort of living in your own place, Sunday brunches, your new friends, going on random trips, meeting strangers, and the view from your balcony. The silence that used to bother you in your new home is something that you crave when you return. You realise that this will never be over, the way that you are feeling. Maybe, you will get used to it when you get older. But right now, you are in your 20s, and life is already hard. And no matter how much you want to feel at home, you often end up missing things you're far away from.



You think that maybe the romantics are right. Maybe, you will find a home in some other person, a better half. But the truth is that you will find a piece of you in every place you have ever been, in every person you have ever loved. You paint your nails the way that seniors in your school did when you were 12 years old. You find your habits lingering in the way your brother arranges his books—separating hardcovers from paperbacks and organising them by colour. Nobody does that, you think. You realise that blueberry yogurt on toast and little flowers of butter and orange jam isn't your recipe; it's the way your Mother used to make toast for you when you were five.

You notice that your best friend still plays your road trip playlist when she drives . You share your habit of clicking pictures of flowers by the roads with your Dad, you always check traffic on maps before leaving. Even if you don't talk to them anymore, you will always have tenderness in your heart for people. You will realise that so much of them are you, and so much of you is them.

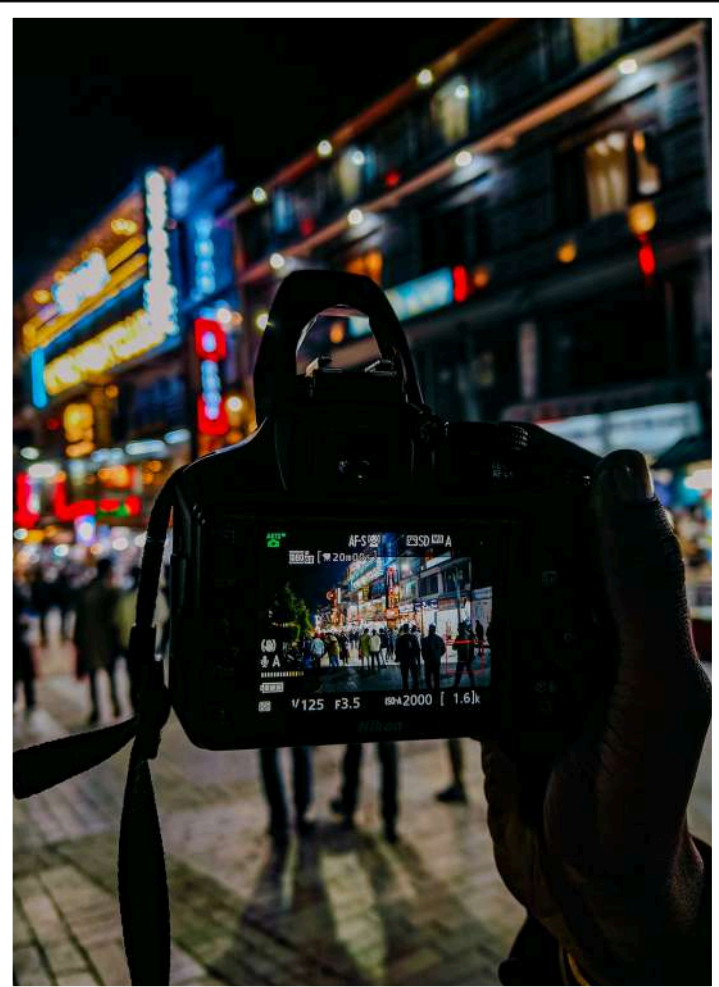
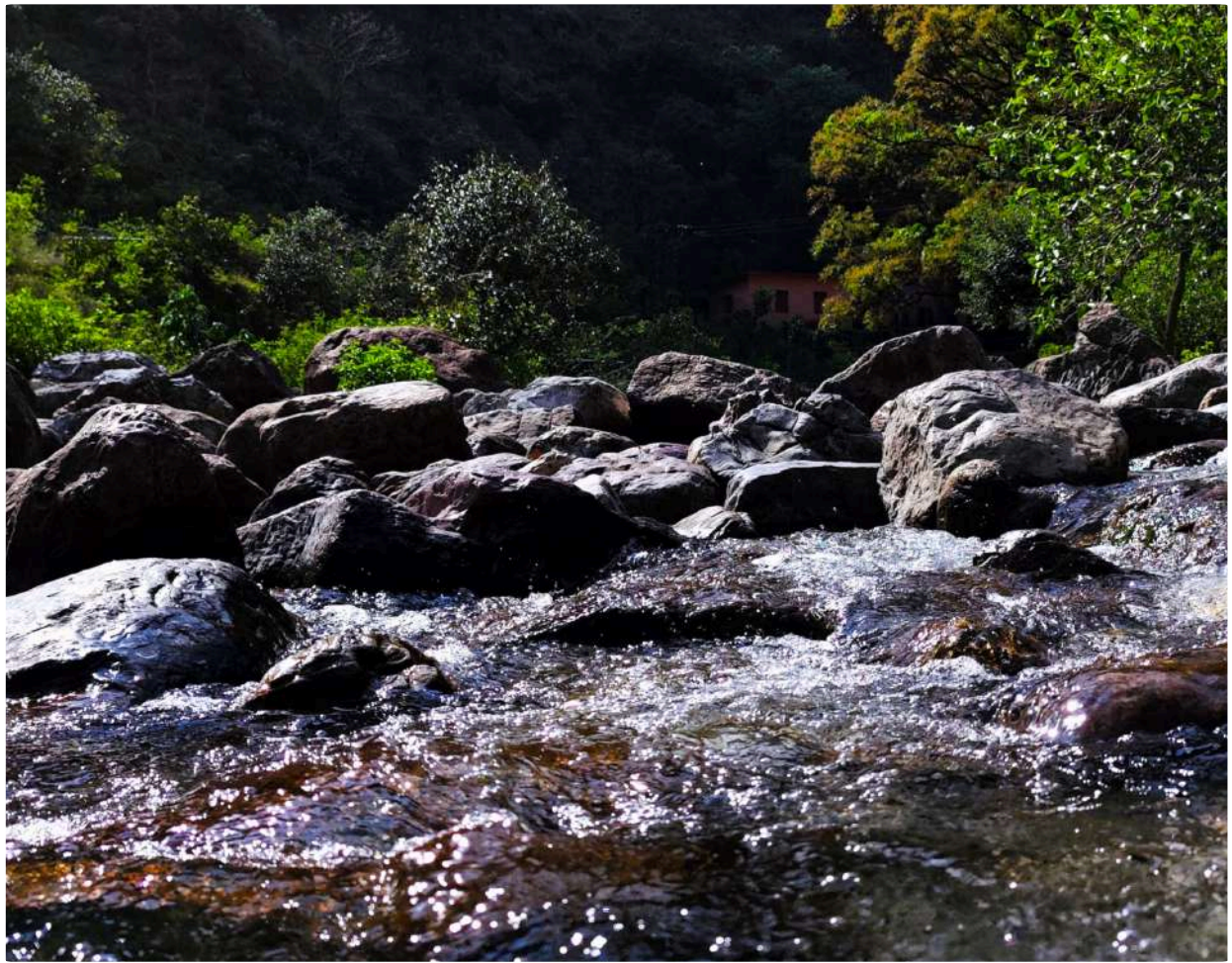
You realise that's why you can never feel completely at home because a part of your heart is always wandering in some other memory, in a different place that you used to call home. Your love spreads endlessly, and you realise that this is what happens when you have the joy of experiencing so many different kinds of loves and friendships. As you mature, you learn that departing isn't merely about leaving; instead, it's about carrying a piece of others with you and leaving a part of yourself behind. It transforms you into a magnificent collage, a gem woven from the threads of all those you've loved, of all those you are ever going to love.

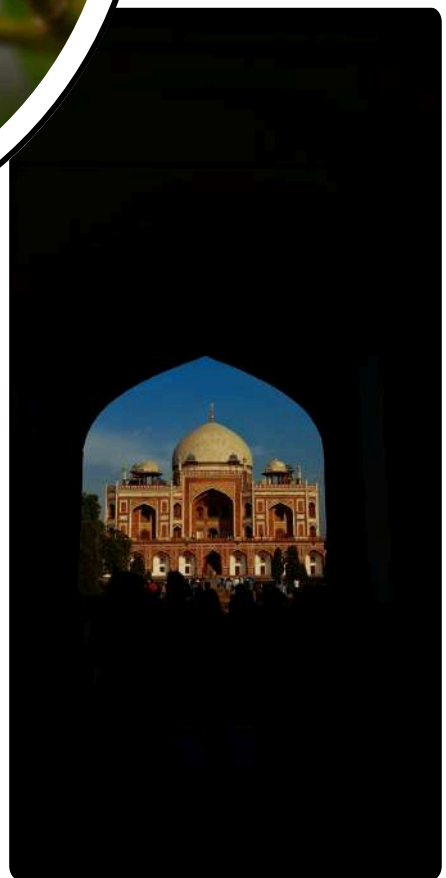
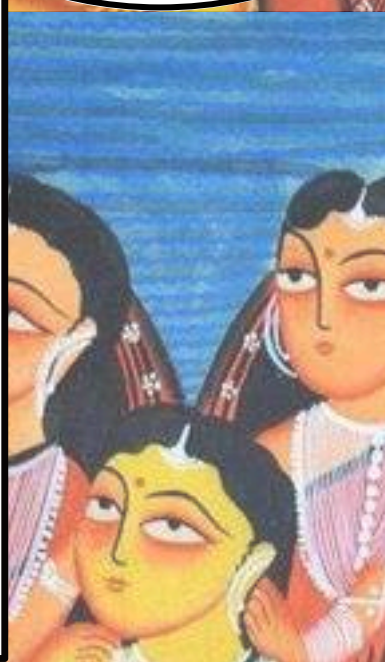
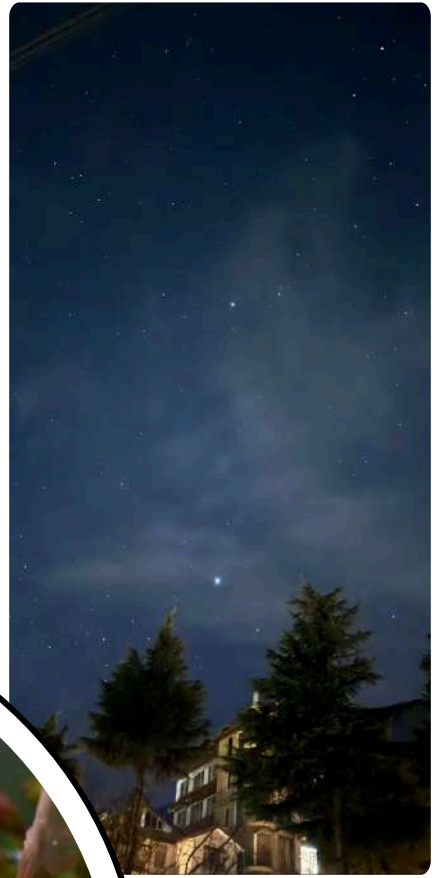
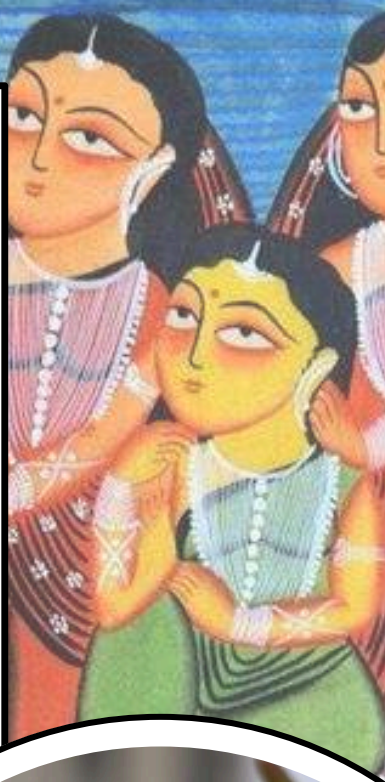
And someday, that feeling will be home enough.

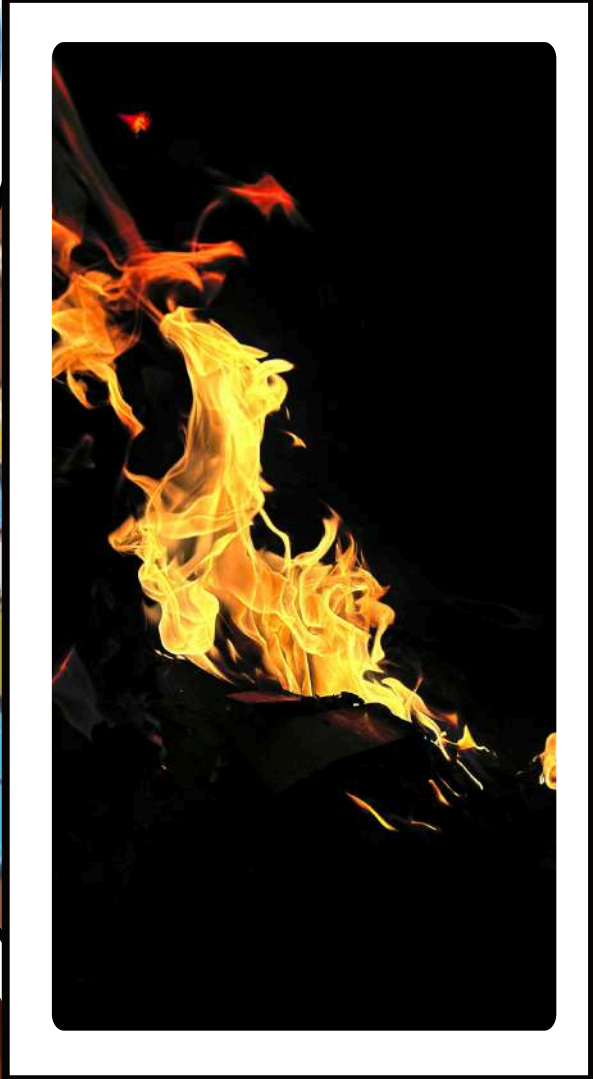
**~Diya Rana
Biomedical Sciences
3rd Year**

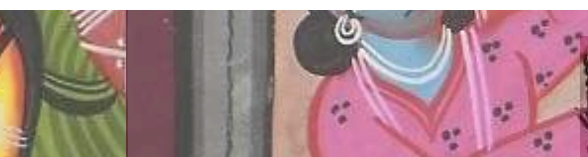
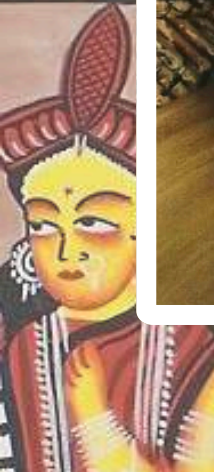
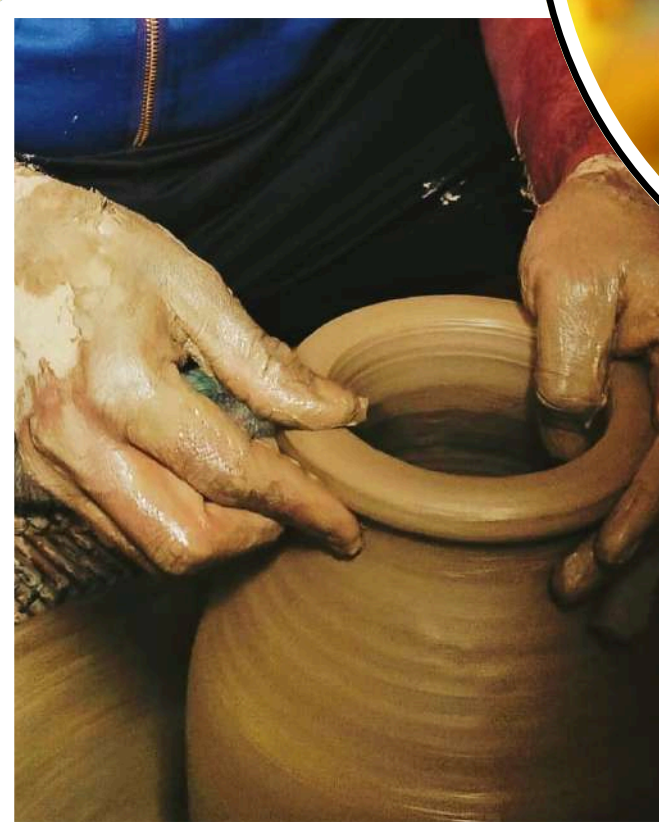
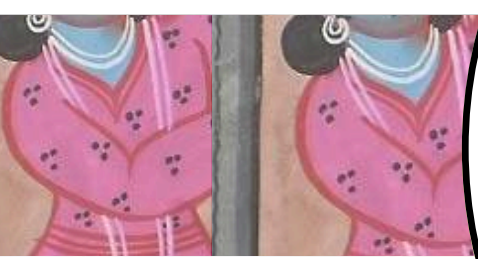
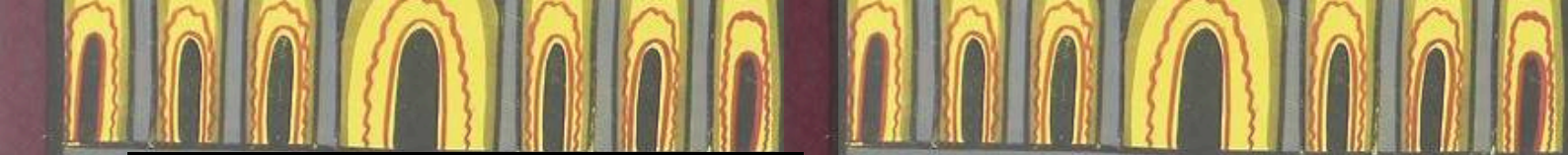


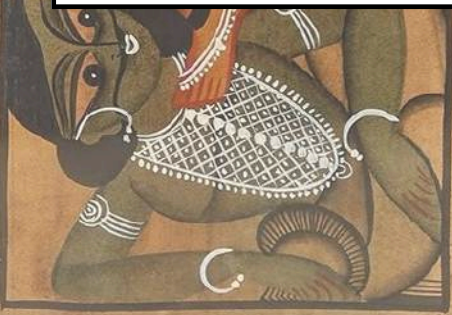
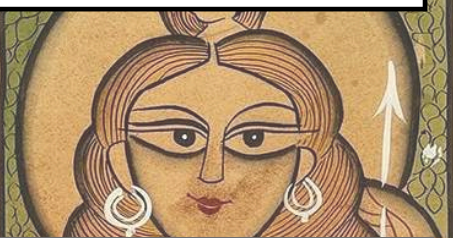
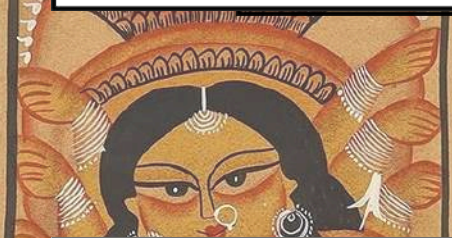
**Shutter
Stories
ft.
Shuffelshots**





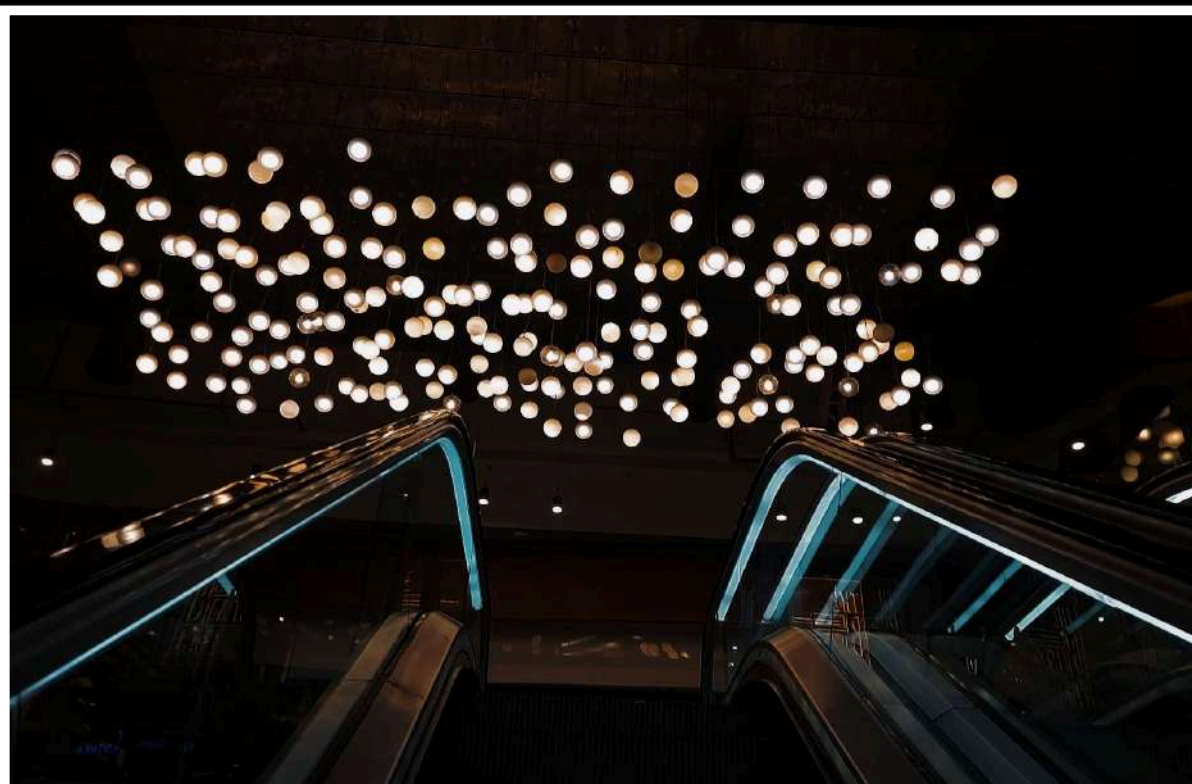








Aradhya Rai ,1st, BMS



Aastha Saini, 3rd, Physics



Prachi Shakya, 1st, Management

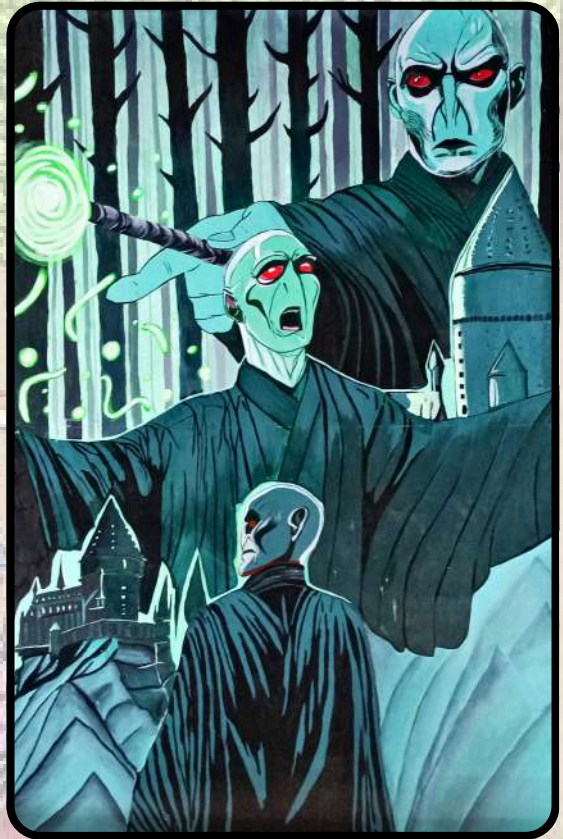


Art Alcove ft. Elvira







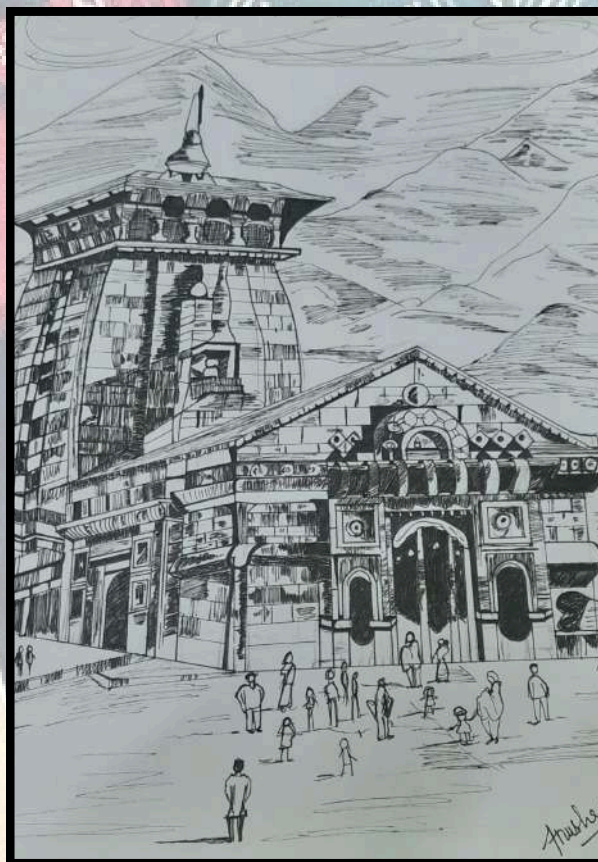






Kanika
Chemistry
2nd year

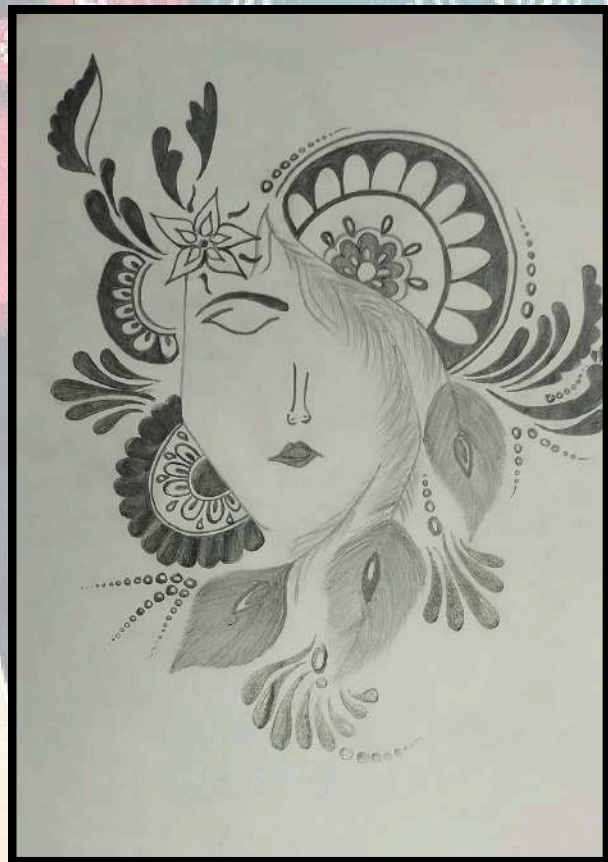
Anushree Anand
Biomedical Science
3rd year





Tiya Sagar
Computer Science
2nd year

Shalini Kumari
Computer Science
2nd year





Tiya Sagar CS 2nd year



Vineeta Sharma Biomed 2nd year

