

MENSTRUAL CAFE, Shaheed Rajguru 2023-24

Menstrual Cafe, Shaheed Rajguru College is a campus ambassador program which is meant for students in educational institutions wherein they engage in dialogue and activities with the aim to dismantle stigma and generate awareness around Menstrual Health and Hygiene, Sexual and Reproductive Health Rights and Mental Health. The initiative is aimed at changing the lens with which menstruation is viewed in Indian society. The vision is to create a world where menstruation holds no one back.

CONVENOR			DEPARTMENT
Dr. Daya Bhardawaj			Instrumentation
CO-CONVENOR			DEPARTMENT
Ms. Pallavi Preeti			Psychology
Council Members Details (2023-24)			
Name	Position	Department	Year
Sonal Roy	President	Microbiology	3rd
Aakriti Jain	Vice President	Psychology	2nd
Fathima Neslin	Secretary	Statistics	3rd
Kashish Chandwani	Treasurer	Psychology	3rd
Shreya Chakraborty	Event Management Head	Psychology	2nd
Samishtha Kushwaha	Editorial Head	Psychology	2nd
Savni Sambhav	Graphics Head	Statistics	3rd
Vanshita Singh	PR Head	Psychology	2nd

The following activities have been conducted so far this session-

1. Webinar- Health and Reproductive Rights-

An Interactive session was led by Advocate Neha Gund, wherein she discussed about Marital Rapes, Abortion, family planning and laws provided by Indian Government to safeguard these rights of women.

2. Instagram Live: World Contraception Day

On the occasion of World Contraception Day, an Instagram Live was held with Dr. Surabhi, Gynaecologist and Founder of Sacchi Saheli.

3. Set up of Cloth Bank-

Set up of the Cloth Bank in the Third floor of the college premises, wherein the students can access clothes in case of Emergency.