

Sports Activities

Session 2022-23

S.No	Name of the event/activity	Date of event/activity (DD/MM/YYYY)
1	Community Outreach Programme	21 May-21 June, 2022
2	Meditation Session	19 September, 2022
3	World Mental Health Awareness Week	12 October, 2022
4	Vigilance Awareness Session	17 October, 2022
5	Oath Ceremony on Child Marriage Free India	17 October, 2022
6	Unity Run on Rashtriya Ekta Diwas	31 October,2022
7	Unity Pledge Taking Ceremony	31 October,2022
8	Kho Kho Trials for PG UG DU admissions	3 November, 2022
9	Personality Development Workshop	28 November, 2022
10	Open Gym Inauguration Ceremony	19 october,2022
11	Inter-department Aerobics Competition	29-30 November, 2022
12	Inter-department Badminton Competition	29-30 November, 2022
13	Inter-department Yoga Competition	29-30 November, 2022
14	Inter-department Basketball Competition	29-30 November, 2022
15	Inter-department Volleyball competition	29-30 November, 2022
16	Inter-department Chess Competition	29-30 November, 2022
17	Inter-department Table Tennis Competition	29-30 November, 2022
18	Inter-department Kho-Kho Competition	29-30 November, 2022
19	Staff Cricket Match	28 Decmber, 2022
20	Staff Badminton Match	30 Decmber, 2022
21	Table Tennis Match for Teachers and Non-Teaching Staff	2 January, 2023
22	Staff Volleyball Match	3 January, 2023
23	Surya Namaskar Challenge	17 January, 2023
24	Spardhaa'23	19-20 January, 2023
25	Inter Dept. March Past	19 January, 2023
26	Inter College Aerobics Competition	19 January, 2023
27	Inter College Rhythmic YogaCompetition	19 January, 2023
28	Inter College Non Rhythmic YogaCompetition	19-20 January, 2023
29	Inter College kho kho Competition	19-20 January, 2023
30	Inter College Volleyball Competition	19-20 January, 2023
31	Inter College Table Tennis Competition	19-20 January, 2023
32	Inter College Badminton Competition	19-20 January, 2023
33	Inter College para chess Competition	19-20 January, 2023

34	Intra College Athletics events -50 Mtrs Run, 100 Mtrs., Sace Race, Three Legged race, Tyre Race, Relay Race etc	19-20 January, 2023
35	Self Defence, Yoga session, and Cyber awareness Programme	1-6 February, 2023