

GENERAL ELECTIVE COURSE-III: FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE GE COURSE

Course Title & Code	Credits	Credit Distribution of the Course			Eligibility Criteria	Pre-requisite of the Course (if any)
		Lecture	Tutorial	Practical/ Practice		
GE - 16 FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY	4	3	0	1	Class 12 th Pass	Basic knowledge of Introductory psychology

Learning Objectives

- To equip the learner with an understanding of the concepts and issues of human development
- To examine and discuss major theories of development such as those of Piaget, Vygotsky, Kohlberg, Erikson, Freud and Bronfenbrenner.
- To enumerate stages and types of development.

Learning Outcomes

After doing this course the student will be able to:

- Develop an understanding of various issues related to human development.
- Understand different domains of development.
- Develop an understanding of human growth from conception to Adulthood.

SYLLABUS OF GE-16

UNIT - I (9 hours)

Introduction: Nature, issues and theoretical perspectives – Psychoanalytic, Psychosocial and Ecological perspective. Indian model of human development.

UNIT - II (12 hours)

Domains of Development: Cognitive development – Piaget and Vygotsky, Moral development – Kohlberg and Emotional development – Attachment and temperament

UNIT - III (12 hours)

Stages of Development I: Prenatal development, Birth and Infancy (Physical and Motor Development).

UNIT - IV (12 hours)

Stages of Development II: Adolescence – Physical changes, Socioemotional development – Self, Identity, Family, Peers

Adulthood – Physical changes, Socioemotional development – Career issues, Attraction & Love and Family

Practical Component (30 hours)

Suggestive Practicals

- Conservation tasks – Piaget's theory
- Attachment style assessment
- Observation of a 2/3/4 years old baby for progress in developmental domains
- Assessment of emotional expression or regulation
- Assessment of family environment /Assessment of marital adjustment
- Heinz dilemma – Kohlberg's theory
- Assessment of Identity status – Marcia's theory
- Cross-sectional study for crisis experienced – based on Erickson's theory
- Developmental record and its analysis of a new born upto 6 months

Tutorial component: Nil

Essential/Recommended Readings:

- Berk, L. E. (2010). *Child development* (9th ed.). New Delhi: Prentice Hall.
- Feldman, R.S. & Babu, N. (2023). *Development across the lifespan*. Pearson.
- Rangaswami, K. (1992). Indian model of stages in human development and developmental tasks. *Indian Journal of Psychological Medicine*, 15 (1) pp 77 – 82.
- Santrock, J.W. (2012). *Lifespan development* (13 th ed.) New Delhi: McGraw Hill.