

**UNIVERSITY OF DELHI****Bachelor of Arts (Hons.) Psychology**  
**(SEMESTER-I)**

based on

Undergraduate Curriculum Framework 2022 (UGCF)

(Effective from Academic Year 2022-23)

**DSC-1- Introduction to Psychology**

| Course Title                      | Nature of the Course | Total Credits | Components |   |   | Eligibility Criteria/Prerequisite |
|-----------------------------------|----------------------|---------------|------------|---|---|-----------------------------------|
| <b>Introduction to Psychology</b> | DSC-01               | 4             | L          | T | P | Class XII Pass                    |
|                                   |                      |               | 3          | 0 | 1 |                                   |

**Contents of the course and reference is in *Annexure-I*****DSC-2- Cognitive Psychology**

| Course Title                | Nature of the Course | Total Credits | Components |   |   | Eligibility Criteria/Prerequisite |
|-----------------------------|----------------------|---------------|------------|---|---|-----------------------------------|
| <b>Cognitive Psychology</b> | DSC-02               | 4             | L          | T | P | Class XII Pass                    |
|                             |                      |               | 3          | 0 | 1 |                                   |

**Contents of the course and reference is in *Annexure-II*****DSC-3- Bio Psychology**

| Course Title          | Nature of the Course | Total Credits | Components |   |   | Eligibility Criteria/Prerequisite |
|-----------------------|----------------------|---------------|------------|---|---|-----------------------------------|
| <b>Bio Psychology</b> | DSC-03               | 4             | L          | T | P | Class XII Pass                    |
|                       |                      |               | 3          | 1 | 0 |                                   |

**Contents of the course and reference is in *Annexure-III***



# COURSES FOR B.A. (HONS.) PSYCHOLOGY

## SEMESTER I

### DISCIPLINE SPECIFIC CORE (DSC) COURSES

#### DSC01: INTRODUCTION TO PSYCHOLOGY

**Credit: 4 (3 Lecture + 1 Practical)**

##### **Course Learning Outcomes:**

- To introduce the key concepts of the field of psychology with an emphasis on applications of psychology in everyday life.
- To Develop an understanding and ability to interweave basic concepts of learning, memory, motivation and emotion in Psychology.
- To develop an understanding of the key figures, diverse theoretical perspectives and research findings that have shaped some of the major areas of contemporary psychology.

**Unit 1: Introduction:** Nature of Psychology- Indian and Western ;Scope of Psychology , Perspectives in Psychology, Subfields of Psychology, Psychology Today

**Unit 2: Learning and Memory:** Learning, Nature of learning, Principles and applications of Classical Conditioning, Operant Learning, Observational Learning, and Cognitive Learning in brief  
Memory: Definition, Models of memory, Forgetting, Improving memory

**Unit 3: Motivation and Emotion** **Motivation:** Nature, Perspectives, Types- biogenic, sociogenic, intrinsic and extrinsic motivation, relationship between motivation and emotion.  
**Emotions:** Nature, Functions of Emotion, Theories of emotion , Culture and Emotion - Indian perspective.

**PRACTICAL :** Any one Practicum based on Unit 2 or Unit 3. Each practical group will consist of 10-12 students.

##### **References:**

- Baron, R., & Misra, G. (2016). *Psychology* (5th ed.). New Delhi: Pearson.
- Feldman, R.S. (2011). *Understanding Psychology* (10th ed.). New York: McGraw Hill.
- Galotti, K.M. (2014). *Cognitive Psychology In and Out of the Laboratory* (5th ed.). New Delhi: Sage.
- Passer, M.W., & Smith, R.E. (2010). *Psychology: The science of mind and behaviour*. New Delhi: Tata McGraw-Hill.
- Zimbardo, P.G., Johnson, R.L., & McCann, V.M. (2012). *Psychology: Core concepts*. (7<sup>th</sup> ed.). U.S.A.: Pearson.

##### **Additional References:**

- Singh, K. (2022). There isn't only cultural blindness in psychology; psychology is culture blind. In Robert W. Hood, Jr. & Sariya Cheruvallil-Contractor (Eds.), *Research in the social scientific study of religion, volume 32* (pp. 399-426). Boston: Brill.

## **DSC02: COGNITIVE PSYCHOLOGY**

**Credit: 4 (3 Lecture + 1 Practical)**

### **Course Learning Outcomes:**

- To gain an understanding of basic theoretical, empirical, and applied knowledge that have shaped cognitive psychology.
- To understand the fundamentals of cognitive processes and cognitive psychology.

**Unit 1: Introduction to Cognitive Psychology:** Brief history, Nature & Research methods in Cognitive Psychology, Paradigms- Information processing, Connectionist, Evolutionary Ecological

**Unit 2: Sensing and Perceiving:** Sensation to representation, approaches to perception, perception of object and forms, perception of constancies and deficits of perception, Attention: nature & theories, when attention fails us, Automatic and Controlled Processes in Attention

### **Unit 3: Thinking, Problem Solving and Decision Making:**

Components of thoughts, imagery and cognitive maps, strategies and barriers of effective problem solving; judging and making decisions: biases and methods

**PRACTICAL :** Any one practicum based on Unit 2 or Unit 3. Each practical group will consist of 10-12 students.

### **References:**

- Braisby, N., & Gellatly, A. (2005). *Cognitive Psychology*. Oxford University Press.
- Galotti, K. (2013). *Cognitive Psychology In and Out of the Laboratory* (5th ed.). Sage Publications.
- Sternberg, K., & Sternberg, R. (2011). *Cognitive Psychology*. Cengage Learning.
- Zimbardo, P.G., Johnson, R.L., & McCann, V.M. (2012). *Psychology: Core concepts*. (7th ed.). U.S.A.: Pearson.

### **Additional References:**

- Singh, K. (2022). There isn't only cultural blindness in psychology; psychology is culture blind. In Robert W. Hood, Jr. & Sariya Cheruvallil-Contractor (Eds.), *Research in the social scientific study of religion, volume 32* (pp. 399-426). Boston: Brill.

## **DSC03: BIO PSYCHOLOGY**

**Credit: 4 (3 Lecture+1 Tutorial)**

### **Course Learning Outcomes:**

- To understand into the nature and scope of bio psychology and its applications in psychology

- To learning the structure and function of Neuron and the importance of action potential and synaptic activity
- To become aware of the methods to study the brain and its role in behavior
- To learn how endocrine glands mediate behavior.

**Unit 1: Introduction to Biopsychology & Nerve Impulse:** Nature & scope of bio psychology( briefly explain what is bio psychology, and its application in psychology).

**Unit 2: Neuron:** structure and function of Neurons, action potential/nerve impulse, synaptic transmission

**Unit 3:Brain and Behavior:** Methods (EEG, CT, fMRI), CNS and behavior( Spinal cord and Brain functions.)

**Unit 4: Endocrine System:** Endocrine basis of behavior, Structure, function and abnormalities (Pituitary, Adrenal,Thyroid, Gonads)

#### **References:**

- Carlson, N. R.(2009). *Foundations of Physiological Psychology* (6th ed.). New Delhi: Pearson Education. (Latest ed., pp. 26-59; pp. 62-92).
- Khosla, M. (2017).*Physiological Psychology: An Introduction*.Delhi: Sage Texts.
- Leukel,F. (1976). *Introduction to Physiological Psychology*. Pearson: New Delhi. (pp 35-55).
- Levinthal, C. F. (1983). *Introduction to Physiological psychology*. New Delhi. PHI. (pp 116-151).
- Pinel, J. P. J. (2016). *Biopsychology*(9<sup>th</sup> ed.). New Delhi: Pearson Education.(Pp 25-39, pp 75-120).

#### **References for Additional Readings:**

- Kolb, B., & Whishaw, I. Q. (2009). *Fundamentals of Human Neuropsychology*, 6th Edition. Worth Publishers: New York. Pg 51-81, 110-131
- Rains, G. D. (2002). *Principles of Human Neuropsychology*. McGraw Hill: New York. Pg 45-71.

