



शहीद राजगुरु कॉलेज ऑफ एप्लाइड साइंसेस फॉर वुमैन
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

(दिल्ली विश्वविद्यालय)
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संदर्भ सं०/Ref. No. SRCASW/ NOTICE

दिनांक/ Date 29/05/2026

SPORTS NOTICE

The department of Physical Education & Sports under the Aegis of IQAC and with the support of Ministry of AYUSH (Govt. Of India) and of Ekal Yog Arogya Yojna, is going to organize a **Community Outreach Programme** titled "**Yoga & Traditional Medicine Training**" from 1 - 21 June, 2026 as a prelude to the International Yoga Day, 2026. This 21 days Programme will be held from 6:00 am to 7:45 am every day on zoom online platform and the link for the same will be:

<https://us06web.zoom.us/j/81216874667?pwd=pd4NbuCOUAOoATUkY20uYODQkMQcWa.1>

Youtub Link:

<https://www.youtube.com/@Aarogyaabharat>

Participants will be able to register online through the below mentioned google form :<https://forms.gle/zVWW1NY9eWANCiLq7>

In addition to the above online programme, the department is also going to organise offline yoga practice camp in connection with the celebration of the International Yoga Day during the same period from 4:00 to 5:00 pm daily in the college gymnasium

All Students and staff (Teaching and Para-Teaching) and their family members may like to join either or both of the above two programmes.

(Dr. Bimla Pawar)

Assistant Professor

(Prof. (Dr.) Payal Mago)

Principal