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शाहीद राजगुरु कॉलेज ऑफ एप्लाइड साइंसेस फॉर वूमन
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(दिल्ली विश्वविद्यालय)
(UNIVERSITY OF DELHI)
वसुंधरा एन्क्लेव (जिला चिला स्पोर्ट्स कॉम्प्लेक्स के पास)
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संदर्भ सं./Ref. No. SRCASW/.....

दिनांक/Date..11/10/2022

NOTICE

Department of Physical Education & Sports under the aegis of IQAC is going to organize a series of fun filled and soul relaxing events on the occasion of World Mental Health Awareness Week 2022.

Date: 12 October, 2022

Time: 8: 30 am – 3 p.m.

Venue: College Gymnasium.

Activities: Fun Dance- 8:30 to 9am.s

Meditation Session: 9am to 9: 30am.

Secret Confessions: 12 to 1:30pm (Follow up programme)

Free Hugs: 1pm to 2pm

All students and staff members (Teaching & Non-teaching) are requested to attend the same.

Prof. (Dr.) Payal Mago
Principal

Dr. Bimla Pawar
Assistant Professor,
Physical Education & Sports