



# **EHSAAS**

**UNVEIL THE UNSAID**

**THE MENTAL HEALTH AWARENESS SOCIETY OF SRCASW**  
**UNDER THE AEGIS OF IQAC**

**PRESENTS**

**A SERIES OF EVENTS ON THE OCCASION OF MENTAL HEALTH AWARENESS**  
**WEEK:**

**FROM 8TH TO 10TH OCTOBER**

**THEME: ACCEPTANCE**

- 1. AN INTERCOLLEGE BODY PAINTING COMPETITION**
- 2. AN INTERCOLLEGE PHOTOGRAPHY COMPETITION**
- 3. WEBINAR ON LET'S TALK- "IT'S OKAY TO SEEK HELP" BY MRS AASTHA DHINGRA (CLINICAL PSYCHOLOGIST)**

@ehsaas srcasw



**EHSAAAS**  
Unveil the Unsaid

**The Mental Health Awareness Society of  
SRCASW  
UNDER THE AEGIS OF IQAC  
Presents**

**AN INTERCOLLEGE  
BODY PAINTING  
COMPETITION**

**Theme: Acceptance**

**Deadline: 9th October**

**E-Certificates will be provided**

**For more details contact  
Sarvika Aggarwal: 9990226656  
Khushi Brute: 9818079369**

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ALL BODIES ARE GOOD BODIES.



# EHSAAS

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**The Mental Health Awareness  
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Presents

## AN INTERCOLLEGE PHOTOGRAPHY COMPETITION

**Theme: Acceptance**

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**PRESENTS**

**A WEBINAR ON  
LET'S TALK - "IT'S  
OKAY TO SEEK HELP"**

**-BY AASTHA DHINGRA  
(CLINICAL PSYCHOLOGIST)**



**OPEN TO ALL**



**WHEN: 4PM ONWARDS, 10TH OCTOBER, 2020**

**WHERE: GOOGLE MEET**

**LAST DATE TO REGISTER: 9TH OCTOBER**

**E-CERTIFICATES WILL BE PROVIDED**



**FOR FURTHER DETAILS CONTACT-  
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KHUSHI BRUTA: 9818079369**