

Capacity Building and Skill enhancement activities

2021-2022

S. No.	Event Name	Page No.	Web Link
Soft Skills			
1	The Right Hour	3-4	www.rajgurucollege.com/images/Department/electronics/Activities/Electronics-Activities%202021-22.pdf
2	Baat-Cheet: The Alumni Speaks	5-8	https://www.rajgurucollege.com/images/Department/Mathematics/Activities/Mathematics-Activities-2021-2022.pdf
3	Talk on emerging opportunities after undergraduate studies	9-10	https://www.rajgurucollege.com/images/Department/Mathematics/Activities/Mathematics-Activities-2021-2022.pdf
4	Be the champion!!! 3 untold secrets of success!	11-13	https://www.rajgurucollege.com/images/Department/physics/Activities/Physics-2021-2022.pdf
5	Talk on balanced calculations of life	14-17	https://www.rajgurucollege.com/images/Department/Mathematics/Activities/Mathematics-Activities-2021-2022.pdf
Life Skills			
1	Community Outreach Programme, 2021	18-23	https://www.rajgurucollege.com/Sports
2	Yoga Retreat	24-29	https://www.rajgurucollege.com/images/Department/Bio-Chemistry/Activities/Biochemistry-Activities-2021-2022.pdf
3	Session on Mental Health of Elderly	30-31	https://www.rajgurucollege.com/images/pdf/Activities-2021-2022.pdf
4	Fitness through Aerobics	32	https://www.rajgurucollege.com/Sports
5	Listening Circle	33-34	https://www.rajgurucollege.com/images/Department/electronics/Activities/Electronics-Activities%202021-22.pdf
6	Certificate Course in Therapeutic Yoga	35-37	https://www.rajgurucollege.com/Sports
7	Mental health of Women during COVID-19	38-40	https://www.rajgurucollege.com/images/Department/Psychology/Activities/Psychology-2021-2022.pdf
8	Understanding Queer affirmative Therapy	41-43	https://www.rajgurucollege.com/images/Department/Psychology/Activities/Psychology-2021-2022.pdf
9	Session on Art and Care	44-45	https://www.rajgurucollege.com/images/pdf/Activities-2021-2022.pdf
10	Community Outreach Program, 2022	46-48	https://www.rajgurucollege.com/Sports
ICT/Computing Skills			

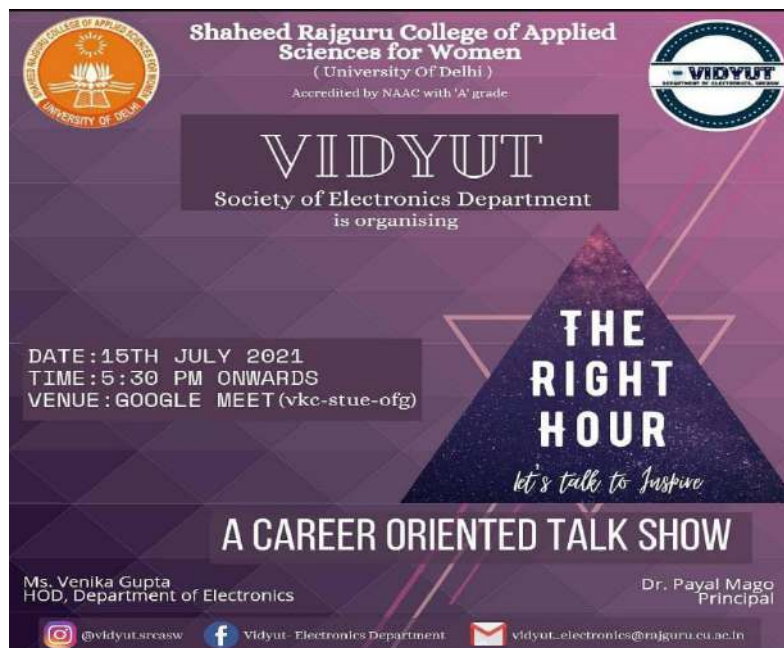
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

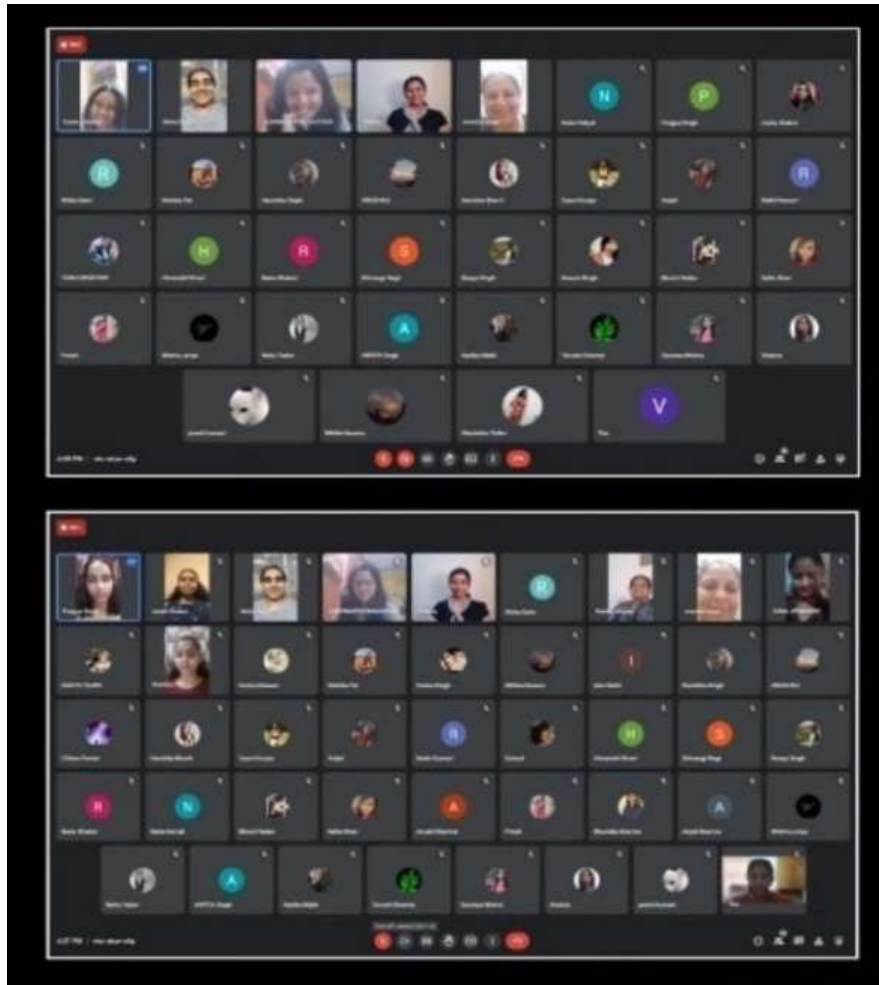
1	Bioinformatics Workshop	49-50	https://www.rajgurucollege.com/images/Department/Bio-Chemistry/Activities/Biochemistry-Activities-2021-2022.pdf
2	Webinar on Computational and Data Science	51-52	https://www.rajgurucollege.com/images/Department/electronics/Activities/Electronics-Activities%202021-22.pdf
3	100 Days of Blockchain	53	https://www.rajgurucollege.com/Departments/Computer-Science-Departments#Activities/
4	Talk on How to read Scientific literature	54-55	https://www.rajgurucollege.com/images/Department/Mathematics/Activities/Mathematics-Activities-2021-2022.pdf
5	Workshop on Introduction to DSA	56-57	https://www.rajgurucollege.com/Departments/Computer-Science-Departments#Activities/
6	Roadmap to DSA	58	https://www.rajgurucollege.com/Departments/Computer-Science-Departments#Activities/
7	Seminar on Internet of Things	59	https://www.rajgurucollege.com/images/Department/electronics/Activities/Electronics-Activities%202021-22.pdf
8	Smart and adaptive environment for internet of things	60	https://www.rajgurucollege.com/Departments/Computer-Science-Departments#Activities/

Soft Skills

1. **The Right Hour-** Department of Electronics, SRCASW, organized its first virtual talk on 'THE RIGHT HOUR~ Let's talk to inspire' on 15th July 2021. It was delivered by Ms. Shikha Chadha, Ms. Aishwarya and Ms. Neha Daga, successful and established alumni of our college. The purpose of this talk was to guide the students about the right career options they can explore and pursue after graduation.

- **Resource Person** – Ms. Shikha Chadha, Ms. Aishwarya, Ms. Neha Daga
- **No. of Students attended** – 60
- **Faculty Coordinator** – Ms. Sonia Ahlawat





THE RIGHT HOUR
let's talk to Inspire

OUR PANELISTS

- MS. SHIKHA CHAUDHARI**
• IAS, IIT BOMBAY AND IAS IN BANGALORE
• CURRENTLY WORKING WITH BRIDGESTONE
- MS. NEHA SHARMA**
• IAS (GENERAL) IN IAS (1997-98)
• CURRENTLY WORKING WITH IAS (GENERAL) WITH A BOARD OF 17 OFFICERS
- MS. ANURADHA**
• RESEARCH MANAGER, IAS
• IAS (1998-99) WITH 17 YEARS WORK EXPERIENCE

On the occasion of
"WORLD YOUTH SKILLS DAY"

Date- 15TH JULY 2021

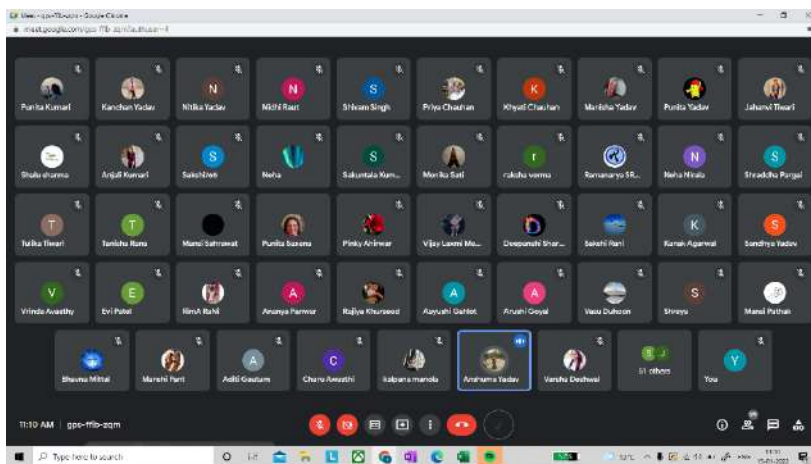
The slide also features logos for Shaheed Rajguru College of Applied Sciences for Women and the Ministry of Skill Development and Entrepreneurship. The right side of the slide shows a grid of participants from the Zoom meeting.

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

Soft Skills

2. Baat-Cheet: The Alumni Speaks: The Department of Mathematics organised an interactive session for its students under its Alumni Talk Series “Baat-Cheet”. The session was hosted by two alumni of the department Ms. Urvashi Arora (Batch 2021) and Ms. Anshuma Yadav (Batch 2019) via google meet on 15th January 2022.

- **Resource Person:** Ms. Urvashi Arora (IIT Kanpur) & Ms. Anshuma Yadav (Admitted Lines and Consulting)
- **No. of students attended:** 102
- **Faculty Co-ordinator:** Prof. Punita Saxena



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

Students enrolled in the Event Held

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN, UNIVERSITY OF DELHI

Student Enrolled in Event Held

Baat-Cheet: The Alumni Speaks

S.No	Names	Roll No.
1	Nitika Yadav	2021750
2	Nidhi	2021747
3	Priya Chauhan	2021755
4	Khyati Chauhan	2021734
5	Manisha Yadav	2021739
6	Jahanvi Tiwari	2021725
7	Sakshi	2021764
8	Nidhi	2021747
9	Sakuntala Kumari	2021768
10	Monika Sati	2021746
11	Sharaddha Pargai	2021774
12	Tulsi	2021782
13	Tanisha Rana	2021784
14	Mansi Sahrawat	2021744
15	Aditi Gautam	2021704
16	Vrinda Avasthy	2021790
17	Manvi Jain	2021745
18	Sakshi Rathour	2021766
19	Kanak Aggarwal	2021730
20	Sandhya Yadav	2021771
21	Vrinda Avasthy	2021790
22	Evi Patel	2021722
23	Aastha Sharma	2021702
24	Ananya Panwar	2021707
25	Rajiya Khurseed	2021759
26	Aayushi Gahlot	2021703
27	Vasu Duhaan	2021788
28	Shreya	2021775
29	Mansi Pathak	2021743
30	Bhavna Mittal	2021716
31	Manshi Pant	2021741
32	Aditi Gautam	2021704
33	Charu Awasthi	2021717
34	Kalpana Manola	2021727
35	Varsha Deshwal	2021787
36	Priya Dara	2019737
37	Swati Gupta	2019749
38	Tavishi Nagar	2019752
39	Tulika Tiwari	2019753
40	Drishti Agrawal	2019758

Punit

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

41	Omni Yadav	2019759
42	Anjali Chaudhary	2019706
43	Avani Saini	2019707
44	Binu	2019710
45	Diksha bhati	2019713
46	Harshika saxena	2019715
47	Jyoti kunwar	2019717
48	Jyoti Tiwari	2019718
49	Khushboo Jain	2019722
50	Manisha Bhati	2019727
51	Manvi Dohare	2019730
52	Mitali Mittal	2019731
53	Nidhi Bhati	2019734
54	Nidhi Singh	2019735
55	Kanchan Yadav	2019720
56	Anjali Kumari	2019705
57	Tulika Tiwari	2019753
58	Pinky	2019736
59	Deepanshi Sharma	2019711
60	Aditi Sharma	2020703
61	Akriti Senger	2020705
62	Ananya Ghosh	2020706
63	Ankita Singh	2020707
64	Anshu Pargai	2020708
65	Chhavi choudhary	2020712
66	Chhavi Tanwar	2020711
67	Dolly Bharti	2020714
68	Ekta Prajapati	2020715
69	Garima Solanki	2020717
70	Garvita agarwal	2020718
71	HARSHITA JOSHI	2020719
72	Hensika Bishnoi	2020720
73	Isha Joshi	2020721
74	Jyoti Kumari	2020722
75	Khushi Sachdeva	2020724
76	Kusum Bhandari	2020725
77	Mahima Mishra	2020726
78	Manjari Pathak	2020727
79	MANSI SINGH	2020728
80	Muskan kumari	2020730
81	Neha	2020732
82	Neelam Meena	2020731
83	Neha Nirala	2020734
84	Neha Kumari	2020733
85	Nimisha Dagur	2020736
86	Priya Mishra	2020737

Priya

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

87	Priya Rani	2020738
88	Rakhi panigrahi	2020741
89	Sakshi Rani	2020744
90	Rima Rani	2020742
91	Sejal Madheshiya	2020746
92	Shabiya Rehman	2020747
93	Shaili Bhati	2020748
94	Shalini Joshi	2020749
95	Suhani Goyal	2020751
96	Tanisha	2020752
97	Tannu yadav	2020753
98	Himanshi Virani	2020756
99	Punita Kumari	2020739
100	Punita Yadav	2020740
101	Heena	2020757
102	Vijay Laxmi	2020754

Soft Skills

3. Talk on emerging opportunities after undergraduate studies: In the Technical Fest ‘Trap’, The Department of Mathematics, Statistics, Physics and Chemistry organised a Talk Series titled “Talk on emerging opportunities after undergraduate studies.” on 28th January 2022. The talk was delivered by Mr. Jitin Chawla.

- **Resource Person:** Mr. Jitin Chawla
- **No. of students attended:** 40
- **Faculty Co-ordinator:** Prof. Punita Saxena

The poster is for an event titled 'TRAP'22' presented by Shaheed Rajguru College of Applied Sciences for Women (University of Delhi). It is organized by the Department of Chemistry, Mathematics, Physics and Statistics under the aegis of IQAC. The event is an informative talk on 'Emerging opportunities after undergraduate studies' by Jitin Chawla, Founder and Director, Centre for Career Development. The event is scheduled for January 28, 2022, at 10:00 am onwards on a Google Meet platform. The registration link is <https://forms.gle/eTV9qyBKyCxrXvu9>. The last date to register is January 26, 2022. For further queries, contact Deepanshi Sharma (7408508004) or Mahak Mahajan (8285668995). The poster includes logos of the college and various departments, and social media handles for @alchemy.srcasw, @ramanaryamath, @physicists_srcasw, and @parastika.srcasw.

Shaheed Rajguru College of Applied Sciences for Women
(University of Delhi)
Accredited by NAAC with 'A+' grade
Department of Chemistry, Mathematics, Physics and Statistics
under the aegis of IQAC

TRAP'22
presents
an informative talk on
Emerging opportunities after undergraduate studies

Jitin Chawla
Founder and Director, Centre for Career Development

Date : January 28 , 2022
Time : 10:00 am onwards
Platform : Google meet
Registration link:
<https://forms.gle/eTV9qyBKyCxrXvu9>

Last date to register :
January 26, 2022

For further queries, contact:
Deepanshi Sharma: 7408508004
Mahak Mahajan: 8285668995

@alchemy.srcasw @ramanaryamath @physicists_srcasw @parastika.srcasw

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

YouTube

Search

Wishu Chhabra is presenting

PEOPLE MANAGEMENT CAREERS

- Human Resources
- Psychology
- Travel & Tourism
- Business Management
- Public Relations
- Mass Comm/Journalism
- International Relations
- Law
- Cabin Crew
- Hospitality Management
- Development Studies
- Social Work
- Public policy & governance
- Out services

Mr. Jitin Chawla (Centre for Career Development)

85 watching now • Started streaming 31 minutes ago

14 DISLIKE SHARE SAVE

Top chat

Spring Knochka Good morning all

Валерья Красавкина VUM. org

Welcome to the chat! Remember to guard your privacy and abide by our community guidelines. [LEARN MORE](#)

Deepanshi Sharma Good morning! You all can share your queries here as well.

Diya chauthan physics

Himanshi Kumari Himanshi (physics)

Россиаа Савенцева vUm .NGO

Вяа Поисарскиа VoM. ReD

Angelika Bardhan good morning everyone, 2nd year SRCASW

sonia yadav if you guys have any queries then please ask!

Say something...

HIDE CHAT

Nandini Gupta is presenting

Shaheed Rajguru College of Applied Sciences for Women
(University of Delhi)
Approved by NAAC with 'A' grade

Department of Chemistry, Mathematics, Physics, and Statistics

TRAP '22

presents

an informative talk on Emerging opportunities after undergraduate studies

MR. JITIN CHAWLA
Executive and Director, Centre for Career Development

Media Partners :

Hrithika

You

Ribhu

Jitin

96 others

Soft Skills

4. An interactive online webinar titled “Be the champion!!! 3 untold secrets of success!” was conducted by the Department of Physics in association with Enrich to Grow. The webinar was held on January 30, 2022 and it was aimed at the motivation of the participants. The speakers for this webinar were Ms. Premila Dias (Author, Purpose, and teen success coach), Mr. Atish Morewal (MINDSET Therapist, Purpose Coach).

- **Resource Person:** Ms. Premila Dias and Mr. Atish Morewal
- **Number of Participants:** 50
- **Faculty Coordinator:** Prof. (Dr.) Alka Vohra Kuanr, Dr. Amit Kumar and Dr. Ganesh Gurjar

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
UNIVERSITY OF DELHI
(Under the Aegis of IQAC)

Department of Physics
in association with
Enrich to Grow
is organizing a WEBINAR on

BE THE CHAMPION!!
3 Untold Secrets of SUCCESS

SPEAKERS

Premila Dias
(AUTHOR, PURPOSE & Teen Success Coach)

Atish Morewal
(MINDSET Therapist, PURPOSE Coach)

DATE: JANUARY 30, 2022 (SUNDAY) TIME: 10:30 AM

PLATFORM: GOOGLE MEET

Patron: Prof. (Dr.) Payal Mago
Principal, SRCASW

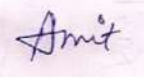
Convener: Dr. Alka Vohra Kuanr
TIC, Physics Dept.

Organizer: Dr. Amit Kumar
Mr. Ganesh Gurjar

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN**Participants enrolled in the Event held**

S.No.	NAME
1	Annu
2	Anju
3	Deepika Sagar
4	Divya kashyap
5	Piyush arora
6	Jyoti
7	Anup
8	Hansa jaitiyan
9	Rishika
10	Shivani Chauhan
11	Tannu
12	Shivam Rathi
13	NISHITA MAVI
14	Ashish singh negi
15	Vanshika Sood
16	Kanishka Gautam
17	Arushi Sharma
18	Kuldeep
19	Hemandra singh
20	Tanisha
21	Mahima
22	Riya Rohlan
23	Neha Singh
24	jyoti priya singh
25	Prachi Gautam
26	Tanya Srivastava
27	Princi singh
28	Monika
29	vanshita kotnala
30	Hrithika Krishnan
31	Khushboo kumari
32	SHAHNAWAZ
33	Saumya mishra
34	Tannu Tiwari
35	Pragati
36	Neha Gautam
37	Amrita singh
38	Gulafsha
39	Diya chauhan



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

40	Khusbu
41	Alok Raj
42	Sarita
43	Khushboo
44	Megha Sharma
45	Shashi sharma
46	Preeti
47	Santanu Sarkar
48	Anam
49	Asad Ali
50	Varsha
TOTAL	50
Faculty Coordinator	Dr. Amit Kumar
	


Soft Skills

5. Talk on balanced calculations of life: A talk on life skill and motivation was organised by Department of Mathematics titled “Talk on balanced calculations of life”. It was delivered by Mr.Harsh Vashist, President- Oberoi @ Curzon House via google meet on 15th February 2022.

- **Resource Person:** Mr.Harsh Vashist, President- Oberoi @ Curzon House
- **No. of students attended:** 125
- **Faculty Co-ordinator:** Prof. Punita Saxena



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
UNIVERSITY OF DELHI
DEPARTMENT OF MATHEMATICS
UNDER THE AEGIS OF IQAC
In its lecture series titled
ABHIGYAN
PRESENTS
A TALK ON
BALANCED CALCULATIONS OF LIFE
By
MR.HARSH VASHIST



DATE: 15TH FEBRUARY
TIME: 11 AM ONWARDS
PLATFORM: GOOGLE MEET

PATRON:
PROF. PAYAL MAGO
PRINCIPAL,
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

ORGANIZED BY:
RAMANARYA, THE MATHEMATICAL SOCIETY

TEACHER IN-CHARGE:
DR. PUNITA SAXENA
DEPARTMENT OF MATHEMATICS

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN



Students enrolled in the event held

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN, UNIVERSITY OF DELHI

Student Enrolled in Event Held

S. No	Name	Roll No
1	Aayushi Sinha	2019701
2	Akanksha	2019702
3	Anjali Kumari	2019705
4	Anjali Chaudhary	2019706
5	Bhumika Bhalothia	2019709
6	Binu	2019710
7	Deepanshi Sharma	2019711
8	Deepika	2019712
9	Jyoti kumari	2019716
10	Jyoti Tiwari	2019718
11	Kajal Kumari	2019719
12	Mitali Mittal	2019731
13	Neha	2019733
14	Nidhi Singh	2019735
15	Priyanka	2019739
16	Sakshi prasad	2019741
17	Shanti Kumari	2019744
18	Shivani Yadav	2019745
19	Shobha Rani	2019746
20	Shruti Mittal	2019747
21	Sonia	2019748
22	Swati Gupta	2019749
23	Tavishi Nagar	2019752
24	Tulika Tiwari	2019753
25	Varsha Shukla	2019756
26	Drishti Agrawal	2019758
27	Omni Yadav	2019759
28	Aditi shourya	2020701
29	Aditi Lobiyal	2020702
30	Aditi Sharma	2020703
31	Akriti Senger	2020705
32	Ananya Ghosh	2020706
33	Ankit Singh	2020707
34	Anshu Pargai	2020708
35	Ashika Soni	2020709
36	Chandni	2020710
37	Chhavi choudhary	2020711
38	Chhavi Tanwar	2020712
39	Disha Kumari	2020713
40	Dolly Bharti	2020714
41	Ekta Prajapati	2020715

Punit

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

42	Garima Solanki	2020717
43	Garvita agarwal	2020718
44	Harshita Joshi	2020719
45	Hensika Bishnoi	2020720
46	Isha Joshi	2020721
47	Jyoti Kumari	2020722
48	Kajal Pal	2020723
49	Khushi Sachdeva	2020724
50	Kusum Bhandari	2020725
51	Mahima Mishra	2020726
52	Manjari Pathak	2020727
53	Mansi Singh	2020728
54	Muskan kumari	2020730
55	Neelam Meena	2020731
56	Neha	2020732
57	Neha Kumari	2020733
58	Neha Nirala	2020734
59	Nikita Andola	2020735
60	Nimisha Dagur	2020736
61	Priya Mishra	2020737
62	Priya Rani	2020738
63	Punita Kumari	2020739
64	Punita Yadav	2020740
65	Rakhi panigrahi	2020741
66	Rima Rani	2020742
67	Sakshi Jaiswal	2020743
68	Sakshi Rani	2020744
69	Sakshi Singh	2020745
70	Sejal Madheshiya	2020746
71	Shabiya Rehman	2020747
72	Shaili Bhati	2020748
73	Shalini Joshi	2020749
74	Shivangi yadav	2020750
75	Suhani Goyal	2020751
76	Tanisha	2020752
77	Tannu yadav	2020753
78	Vijay laxmi meena	2020754
79	Palak Bharti	2020755
80	Himanshi Virani	2020756
81	Heena	2020757
82	Aditi Tomar	2021705
83	Ananya Panwar	2021707
84	Anushika Singh	2021710
85	Bhavna Mittal	2021716
86	Divya Kumari	2021719
87	Kalpana	2021728

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SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

88	Kamini Yadav	2021729
89	kanchan yadav	2021731
90	Kashish	2021733
91	Lipakshi Pal	2021736
92	Mansi Sahrawat	2021744
93	Manvi Jain	2021745
94	Nidhi	2021747
95	Nitika Yadav	2021750
96	Aastha Sharma	2021702
97	Aditi Gautam	2021704
98	Tulsi	2021782
99	Vrinda Avasthy	2021790
100	Sakshi Rathour	2021766
101	Sandhya Yadav	2021771
102	Evi Patel	2021722
103	Rajiya Khurseed	2021759
104	Charu Awasthi	2021717
105	Kalpana Manola	2021727
106	Varsha Deshwal	2021787
107	Ashma Adhikari	2021713
108	Bhavna Mittal	2021716
109	Oshin	2021752
110	Preksha Jha	2021753
111	Pujita Pushkar	2021758
112	Sakuntala Kumari	2021768
113	Shalvi Bhatnagar	2021772
114	Vincy Singh	2021789
115	Yukti Tiwari	2021791
116	Anuradha	2021709
117	Ashma Adhikari	2021713
118	Bharti Rani	2021715
119	Diya Tyagi	2021720
120	Isha	2021723
121	Jahanvi	2021724
122	Jhanki Sahu	2021726
123	Kalpana Manola	2021727
124	Madhu Choudhary	2021738
125	Raksha Tripathi	2021760

Push

Life Skills

1. Community Outreach Programme and Celebration of International Yoga Day: Community Outreach Programme titled "**Integrating Mind, Body and Soul by practice of Pranayama, Yogic Postures and Meditation**" from **21 May to 21 June, 2021 (One month free online camp)** was organized.

- **Resource Persons:** **Prof. Iswar Bhardwaj**, Former Head Dept. of Yoga & Dean Faculty of medical Science & Health, Gurukul, Kangri University, Haridwar, UK, Maha Mandleshwar Swami Devender Anand Giri ji Maharaj, Swami Chander Dev ji Maharaj, Chairman Global Saint Smaj Swami Vidyanand ji , Founder President, World Yoga Federation, Acharya Sushil Munni ji, Shri Anil Arya ji, Rashtriya Adhyaksh, Kendriya Arya Yuvak Parisad, R.Pawar, IPS, Director NCRB, Acharya Satyavir ji, Founder of Atmyog Sansthan & Nandin Gaudham, Shri Anuj Goyal, Chairman Bir Tikendearjit University, Manipur, Dr. Ishwar V. Basavaraddiji, Director of Morarji Desai National Institute of Yoga, Ministry of AYUSH, Govt. of India, Dr. Mukul Bhatia, Shri Ramesh Chandra, Registrar IGTMS University ZIRO, Arunachal Pradesh, Dr. (Prof) Payal Mago, Principal SRCASW & Joint Dean Academic Affairs & Projects, University of Delhi, Prof. Suresh Lal Burnwal, Dean Faculty of yoga & Health, Dev Sanskriti Vidhavidhalaya, Shantikunj, Haridwar, UK, Shri R.B.Grover, Former Additional Member, Railway Board, Delhi.
- **No. of Students Attended:** 148
- **Faculty coordinator:** Dr. Bimla pawar, Assistant Professor, Physical Education & Sports Sciences

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

अंतरराष्ट्रीय योग दिवस समारोह 2021

श्री. आनंदजी महाराज
आचार्य महाराज महाराज जी
आचार्य महाराज महाराज जी

श्री. आनंदजी महाराज
आचार्य महाराज महाराज जी
आचार्य महाराज महाराज जी

श्री. आनंदजी महाराज
आचार्य महाराज महाराज जी
आचार्य महाराज महाराज जी

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International Day of Yoga- 2021
Ayush Ministry govt. of India
Online one month Yoga training program

आयुष मंत्रालय, भारत सरकार के सहयोग से प्रेम सुख इंटरनेशनल चैरिटेबल ट्रस्ट के तत्वाधान में
ऑनलाइन नि:शुल्क " कोविड से बचने के सरल योग ए घरेलू उपचार "

कार्यक्रम: 21 मई से 21 जून 2021

प्रातः 6:45 से 7:47

श्री. आनंदजी महाराज
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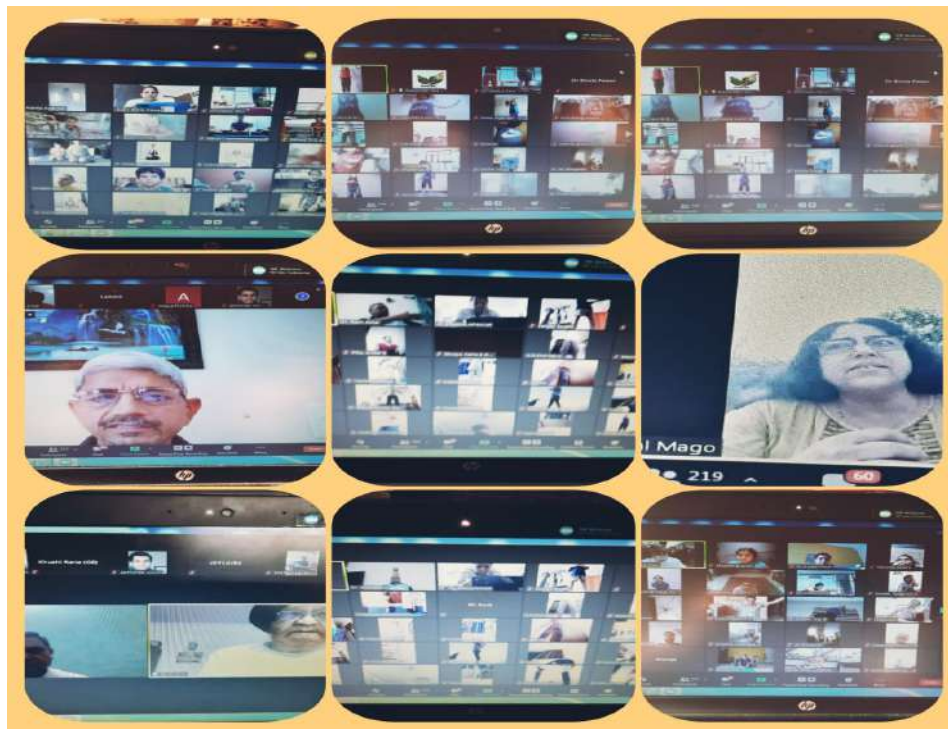
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Supported by



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN**Students enrolled in the Event held**

S. NO.	Roll No.	Student Name
1	2020802	Akansha Bisht
2	2020810	Himanshi Bindal
3	2020815	Pooja Arya
4	2020816	Perna Aggarwal
5	2020821	Shambhavi Mishra
6	2020823	Simran Sharma
7	2020824	Tarushi Arya
8	2020826	Vanshika Tyagi
9	2020827	Poonam Morya
10	2020413	Kirti Tyagi
11	2020421	Ritika Nagar
12	2020422	Ritu
13	2020424	Samishtha Pandey
14	2020425	Shradha Aggarwal
15	2020429	Triddha Datta
16	2020005	Anushka yadav
17	2020032	Tannu Thakran
18	2020033	Tanu Upadhyay
19	20201319	Ishika Bhola
20	20201326	N.R.Shree Divya Darshini
21	2020203	Anita Rawat
22	2020205	Ayesha Khan
23	2020207	Bhavika tolia
24	2020208	Deepali Singla
25	2020210	Farhaque Parveen
26	2020211	Harshita Mathur
27	2020212	Huda Malik
28	2020213	Jordina Khangembam
29	2020216	Khushi Rana
30	2020218	Mamta pal
31	2020220	Nabega Rizwi
32	2020223	Payal Wahi
33	2020224	Pranjali
34	2020225	Priyanka Das
35	2020	Shruti Goel
36	2020227	Ritu Negi
37	2020228	Rivanshi Choudhary
38	2020229	Sandra P Rajesh

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

39	2020233	Shruti kumara
40	2020235	Siddhi Koli
41	2020236	Surat kirti Pal
42	2020237	Tanisha Choudhary
43	2020238	Tanu Chauhan
44	2020239	Vanshika
45	2020240	Vishwaneer
46	2020242	DeepikaPurohit
47	2020243	Niyati Batra
48	2020124	Sonali aray
49	20201204	Anshu singh
50	20201216	Jahantab Azad
51	20201217	Kanchan Chouhan
52	2020218	Kashish Poswal
53	20201221	Khushi Bhadana
54	20201223	Lakshita Gupta
55	20201230	Palak Jain
56	2020717	Garima Solanki
57	2020723	Kajal Pal
58	2020747	Shabiya Rehman
59	2020901	Anamika Tyagi
60	2020902	Ananya
61	2020903	Anjali
62	2020905	Debdipa Pramanik
63	2020906	Deepali kumara
64	2020909	Gunjan Singh
65	2020910	Isha Srivatsav
66	2020911	Jiya Bansal
67	2020912	Kanika Agrawal
68	2020914	Misbah Khan
69	2020915	Monalika Jha
70	2020916	Nishtha Kaushik
71	2020917	Pooja Kumari
72	2020919	Prachie sharma
73	2020920	Prekshi Pal
74	2020922	Ravina
75	2020923	Ruby Prajapati
76	2020924	Sanchita Srivatasva
77	2020925	Shilpa gupta
78	2020926	Shubhi Verma
79	2020928	Simran Kaur
80	2020929	Sonia

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

81	2020930	Tanu shree
83	2020931	Tushaya Longiany
84	2020932	Veeksha Sahu
85	2020933	Vidhi Verma
86	2020934	Manisha Sanger
87	2020936	Harpreet Kaur
88	20201002	Adiba khan
89	20201006	Anjali
90	20201007	Anshika Bhati
91	20201010	Rosie
92	20201011	Diksha Goel
93	20201014	Ishika singhal
94	20201019	Khushi Arora
95	20201018	Khushi Rajora
96	20201023	Laiba Ahmed
97	20201031	Nandini
98	20201033	Neemanyu Poonia
99	20201040	Sakshi Singh
100	20201044	Srishti Prasad
101	20201058	Ritika dabas
102	20201056	Shivalika Dixit
103	20201059	Sonali Singh
105	20201060	Deepti Singh
105	20201061	Neelam
106	20191127	Neha Ranjan
107	2019931	Prerna Yadav
108	20191341	Simran Batra
109	20191120	Khushi Sahu
110	2019511	Jagriti Shastri
111	2019549	Pragati
112	2019829	Chanchal Choudhary
113	2019745	Shivani Yadav
114	2019512	Jyoti
115	2019506	Arushi Sharma
116	2019630	Tarushi Sharma
117	20191345	Vatsla Sharma
118	2019009	Jyoti Kataria
119	2019624	Rupa Yadav
120	2019616	Mitali Pant
121	2019601	Aakanksha Chauhan
122	20191136	Shilpi Kumari
123	2019806	Garima Singh
124	2019013	Neetu Thakur

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

125	2019717	Jyoti Kunwar
126	2020925	Shilpa Gupta
127	2020203	Anita Rawat
128	2020809	Harshita Gupta
129	20201347	Utsav Rani
130	2020110	Ishika Varshney
131	2020033	Tanu Upadhyay
132	2020220	Nabega Rizwi
133	20201204	Anshu Singh
134	20201132	Vandana Patidar
135	2020003	Anushka Yadav
136	2020426	Shruti Srivastava
137	2020930	Tanu Shree
138	2020111	Ishita Thapliyal
139	2020030	Suhani
140	2020803	Ananya Tyagi
141	20201349	Vrinda Juneja
142	20201120	Rishita Srivastava
143	2020617	Manvi Banga
144	2020016	M. Archana
145	2020541	Tanisha
146	2020010	Gauri Gurjar
147	20201124	Sampada Tarika
148	2020630	Tanya Srivastava
Total		148
Teacher cordinators		Dr. Bimla pawar, Ms. Venika Gupta

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

Life Skills

2. Yoga Retreat: The Biochemistry Department of Shaheed Rajguru College of Applied Sciences for Women organized an online Yoga Retreat on 24th June 2021 from 7:30 – 9:00 am via Google meet. The theme of this event was yoga for well-being. Dr Sadhna Jain and Dr Alok Kumar shared their experience about yoga and taught common yoga micro exercises which included breathing techniques and some basic stretching exercises. Dr Lakshmi Devi, former principal of the college also graced the event with her presence.

- **Resource Person:** Dr. Alok Singh, Dr. Sadhna Jain
- **No. of Students Attended:** 123
- **Faculty coordinator:** Dr. Pratyusha



शहीद राजगुरु कॉलेज ऑफ एप्लाइड साइंसेस फॉर वुमैन
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
दिल्ली विश्वविद्यालय (UNIVERSITY OF DELHI)
वसुंधरा एनक्लेव (चिल्ला स्पोर्ट्स कॉम्प्लेक्स के पास) Vasundhara Enclave (Adjoining Chilla Sports Complex)
दिल्ली-110096 Delhi-110096
दूरभाष: 22623503, 22623505 Phone(s): 22623503, 22623505
दूरभाष/फैक्स 22623504 Phone/Fax: 22623504

Ref. No. SRCASW/.....

Date.....

NOTICE

Dated: 21.6.2021

The Department of Biochemistry is conducting "Yoga Retreat", an event to teach yoga for holistic health, happiness, and harmony. The event aims to provide a release from the stress caused by the hectic lifestyle and the pandemic. It consists of micro exercises and meditation conducted by Dr Alok Kumar Singh and Dr Sadhna Jain, followed by a 10-minute quiz on yoga. Winners will be awarded cash prize.

It is compulsory for all the students (first, second and third year) of the Biochemistry department to attend the event to completion.

The event details are :-

Date: 24th June 2021

Time: 7:30 – 8:30 A.M

Venue: Google meet

All the faculty members are cordially invited.

Dr. Sadhna Jain
Teacher in charge
(Dept. of Biochemistry)

Dr. V.A. Pratyusha
(Coordinator)

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
under the aegis of IGAC

DEPARTMENT OF BIOCHEMISTRY
Innovation is our tradition

ORGANIZES

**YOGA
RETREAT**

MICROEXERCISES | MEDITATION | YOGA QUIZ

CONDUCTED BY Dr. ALOK KUMAR & Dr. SADHNA JAIN
24/06/2021 | 7:30 - 8:30 A.M | GOOGLE MEET

REGISTRATION - [HTTPS://FORMS.GLE/NFAYJRS3T8HMRXWT8](https://forms.gle/NFAYJRS3T8HMRXWT8)
CASH PRIZES FOR QUIZ WINNERS
E-CERTIFICATES FOR PARTICIPANTS

FOR QUERIES, CONTACT
MEENAKSHI - 9899022685
AKANSHA - 8587043866

WIN CASH PRIZES WORTH 1000/-

Dr. SADHNA JAIN
TIC, Department of Biochemistry, SRCASW

Dr. V.J Pratyusha
Teacher Coordinator, Department of Biochemistry, SRCASW

Online Yoga Retreat 2021
organised by dept of Biochemistry
SRCASW on 24th June 2021

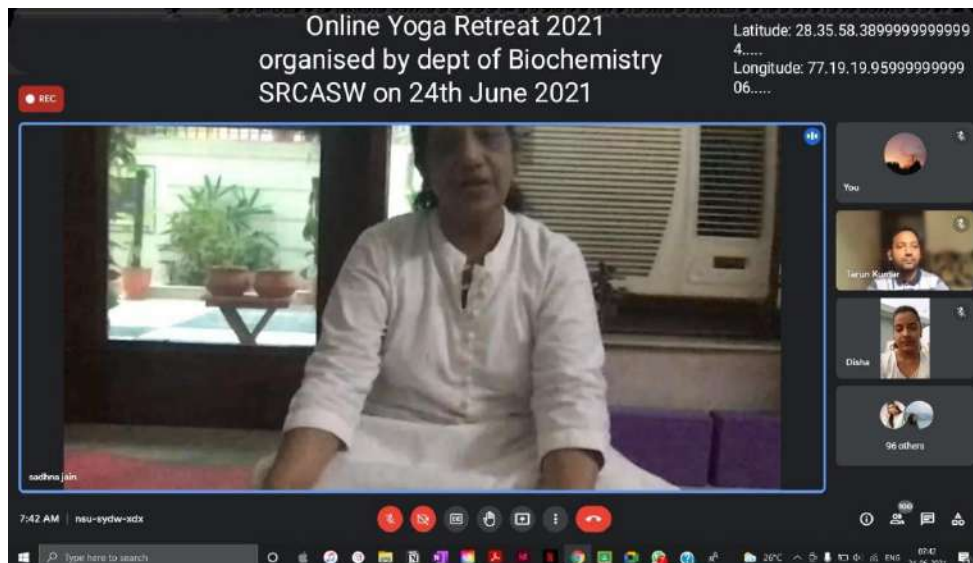
Latitude: 28.35.58.389999999999
4.....
Longitude: 77.19.19.959999999999
06.....

Meet - nsu-syde-xdx

7:38 AM | nsu-syde-xdx

24-06-2021

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN



Students enrolled in the Event held

S.no.	Student's name	Attendance
<i>2nd year :-</i>		
1.	Anamika Sinha	P
2.	Asmita Agrahari	A
3.	Deepika Pant	P
4.	Diksha Belwal	P
5.	Florence	A
6.	Garima Singh	P
7.	Himani Sareen	P
8.	Isha Rathore	A
9.	Ishita	P
10.	Jyoti mittal	A
11.	Kanak Kaul	P
12.	Kanchan Chaudhary	A
13.	Khyati	P
14.	Kritika	P
15.	Meenakshi J	P
16.	Neha Shishodiya	P
17.	Nidhi Rai	P
18.	Pooja	P
19.	Prachi bist	A
20.	Ridhi Pandey	A
21.	Ritika dogra	A
22.	Riya Gupta	A
23.	Sabika	P
24.	Saina malik	A
25.	Shalini	A
26.	Shivangi	A
27.	SonaliDehuri	A
28.	Mansi devi	A

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

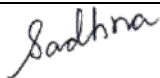
29.	Chanchal Choudhary	A
30.	Aashi	A
31.	Mansi	A
32.	Priya Sahani	P
<i>1st year ;</i>		
33.	Aakanksha Chhokra	P
34.	Akansha Bisht	P
35.	Ananya Tyagi	P
36.	Anushka Saxsena	P
37.	Bhumika Rani	A
38.	Bulbul Saxsena	P
39.	Dakshita Joshi	P
40.	Harshita Gupta	P
41.	Kumari Pragya Viraj	P
42.	Omika	A
43.	Paridhi Singh Panwar	P
44.	Perna Aggarwal	P
45.	Pooja Arya	P
46.	Riyana Ratheesh	A
47.	Shambhavi Mishra	P
48.	Shravani Baruah	P
49.	Simran Sharma	P
50.	Tarushi Arya	P
51.	Vanshika Tyagi	P
52.	Rigzin Angmo	A
53.	Padma Angmo	A
54.	Himanshi Bindal	A
55.	Disha	P
56.	Saumya	P

57.	Thinles Angmo	A
58.	Shiwani Panchal	A
59.	Waniya Khalid	A
60.	Poonam Morya	P
61.	Deepesh	A
<i>Other students :</i>		
62.	Anushka	P
63.	Anamika Tyagi	P
64.	Anita Rawat	P
65.	Anjali Pal	P
66.	Anjali Singh	P
67.	Bhawna Tolia	P
68.	Bimla Pawar	P
69.	Darshita	P
70.	Deepali	P
71.	Deepali Singla	P
72.	Deepika Joshi	P
73.	Deepika Purohit	P
74.	Deepti Singh	P
75.	Devdipa Pramanik	P

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

76.	Disha	P
77.	Farhaque Parveen	P
78.	Garima Solanki	P
79.	Harshita Mathur	P
80.	Huda Malik	P
81.	Isha Shrivastva	P
82.	Ishika Singhal	P
83.	Jagriti Shastri	P
84.	Jiya Bansal	P
85.	Jordina Khangembam	P
86.	Kajal Pal	P
87.	Kanika Aggarwal	P
88.	Khushi Rana	P
89.	Kriti Tyagi	P
90.	Mamta Pal	P
91.	Manisha Sanger	P
92.	Nabega Rizwi	P
93.	Neelam	P
94.	Neemanyu Poonia	P
95.	Palak Jain	P
96.	Paridhi	P
97.	Payal Wahi	P
98.	Pranjali	P
99.	Prekshi Pal	P
100.	Ritu Negi	P
101.	Ruby Prajapati	P
102.	Sandra	P
103.	Shabiya Rehamn	P
104.	Shipa Gupta	P
105.	Shraddha Aggarwal	P
106.	Shruti Kumari	P
107.	Siddhi Kohli	P
108.	Simran Kaur	P
109.	Sonali Arya	P
110.	Sonia	P
111.	Surat kirti Pal	P
112.	Tanu Upadhyay	P
113.	Tannu	P
114.	Tannu Chauhan	P
115.	Tushaya Longiany	P
116.	Vanshika	P
117.	Veeksha Sahu	P
118.	Vidhi Verma	P
119.	Vishwanee Sahu	P
120.	Deepika Singh	P
121.	Kashish Poswal	P
122.	Lakshita Gupta	P
123.	Pooja Kumari	P
	Co-ordinator	 Dr V. A. Pratyusha

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

	Teacher-in-charge	 Dr Sadhna Jain
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Life Skills

3. Session on Mental Health of Elderly: A session was organized on 9th March 2022 on mental health of elderly by the mental health society of SRCASW- Ehsaas.

- **Resource Person:** Mr. Inderjeet Singh (Grey Shades)
- **No. of Students Attended:** 19
- **Faculty coordinator:** Dr. Komal Chandiramani

MENTAL HEALTH OF ELDERLY

DATE: 30.09.2021



Students enrolled in the Event held

S.No	Name	Course	Year
1.	Disha Kohli	B.A. (H) Psychology	II
2.	Aditi Dhoundiyal	B.A. (H) Psychology	III
3.	Arunima	B.Sc. (H) Microbiology	III
4.	Deepansha Datla	B.Sc. (H) Physics	II
5.	Deepti Singh	B.A. (H) Psychology	II
6.	Kavya K R	B.A. (H) Psychology	II
7.	Khushi Kherra	B.Sc. (H) Microbiology	III
8.	Neelam Sorout	B.A. (H) Psychology	II
9.	Pragya Raj	B.A. (H) Psychology	II
10.	Simran Kaur	B.Sc. (H) Microbiology	II
11.	Stuti Sharma	B.Sc. (H) Food Technology	III



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

12.	Vaishnavee Jadaun	B.A. (H) Psychology	II
13.	Sameeksha Luthra	B.Sc. (H) Biomedical Science	II
14.	Pooja	B.A. (H) Psychology	I
15.	Vaishnavi Verma	B.A. (H) Psychology	II
16.	Muskan Mishra	B.Sc. (H) Microbiology	III
17.	Yuvanshi Sethi	B.A. (H) Psychology	II
18.	SIMRAN KAUR	B.Sc. (H) Microbiology	II
19.	Akshita Dixit	B.Sc. (H) Microbiology	I


Life Skills

4. **Fitness through Aerobics:** An Webinar program was organised by Department of physical education and sports sciences on Google meet on 25th october 2021, Monday in its endeavour to motivate the young minds to carve their path in the field of sports and was directed to get the bits of knowledge and comprehend the range of abilities.

- **Resource Person:** Dr. Sheela Kumari .S, Associate Professor, Gargi College, Delhi University
- **No. of Students Attended:** 370
- **Faculty coordinator:** Dr. Bimla Pawar, Assistant Professor, Physical Education & Sports Sciences



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(University of Delhi)
DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS SCIENCE
UNDER THE AEGIS OF IQAC
Organises
An insightful webinar on
FITNESS THROUGH AEROBICS
Date:-26th October 2021
Time:-9:00 AM onwards



Dr Sheela Kumari.S
Associate Professor Phy.Edu and Sports,
Gargi College, University.of Delhi

•Dr.Payal Mago, Principal
•Dr.Punita Sexena,Convener
•Dr.Bimla Pawar, OrganisingSecretary

For Further Details Contact:
Garima: 99580 21975
Anshu: 7065458508

Life Skills

5. Listening Circle- Department of Electronics, SRCASW, organized a listening circle on the topic **‘Reconnecting with oneself: A talk on struggles amid covid, adapting to the changes’** on 17th December 2021. The event began with the concept of reconnecting with oneself and was well explained by our honourable guest Ms. Aastha Jain, Clinical Psychologist. The main aim was to motivate young minds to carve their own path and comprehend their range of abilities.

- **Resource Person** – Ms. Aastha Jain, Clinical Psychologist
- **No. of Students attended** – 40
- **Faculty Coordinator** – Dr. Neha Katyal

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(University of Delhi)
Accredited by NAAC with 'A+' grade

VIDYUT
SOCIETY OF DEPARTMENT OF ELECTRONICS
is organizing a
LISTENING CIRCLE
on
TOPIC - RECONNECTING WITH ONESELF:
A TALK ON STRUGGLES AMID COVID,
ADAPTING TO THE CHANGES.

DATE : 17TH DECEMBER 2021
TIME: 1:00 - 3:00 P.M.
PLATFORM: GOOGLE MEET

SPEAKER: DR. ASTHA JAIN, CLINICAL PYSCHOLOGIST, SRCASW

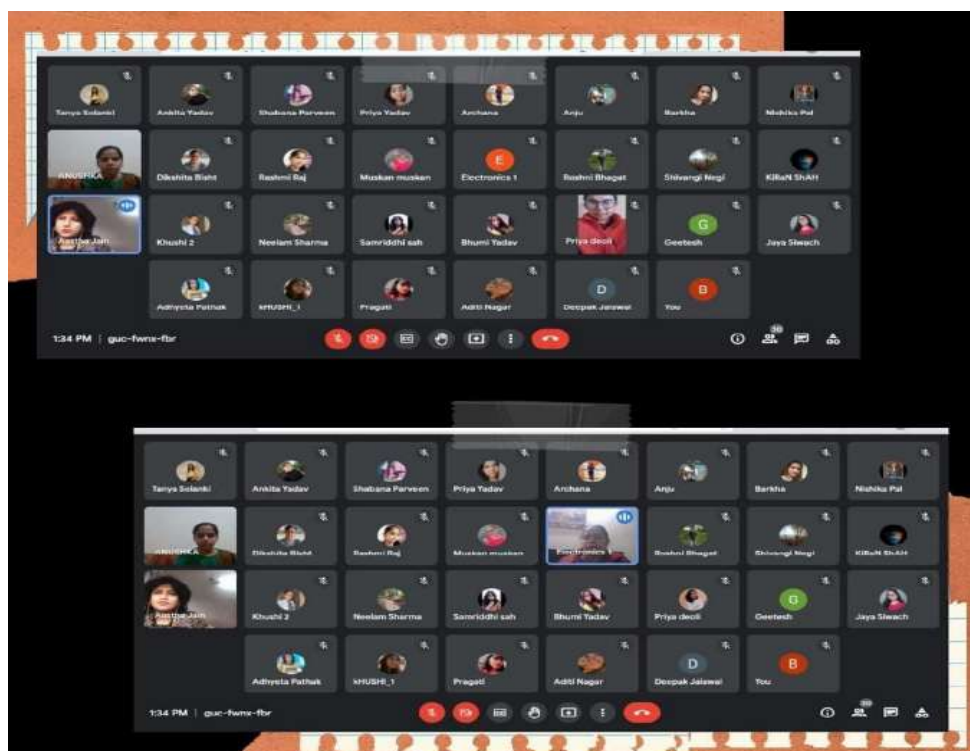
Ms. Preeti Singhal
TIC, Department of Electronics

Teacher Coordinator
Dr. Neha Katyal

Student Coordinator
Ms. Sneha Singh

@vidyut_srcasw | Vidyut - Electronics Department | vidyut_electronics@rajguru.du.ac.in

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

Life Skills

6. **Certificate Course in Therapeutic Yoga:** from 12th October to 11th November, 2020 (Monday to Saturday) from 5:30 pm to 7:00 pm on (online) Google Meet platform for the students, staff member's family and friends.

- **Resource Persons:** Ms Archana Mann, Yoga Coach
- **No. of Students Attended:** 44
- **Faculty coordinator:** Dr. Bimla pawar, Assistant Professor, Physical Education & Sports Sciences

The image is a composite of three parts. At the top left is a poster for the 'Certificate Course in Therapeutic Yoga' organized by the Department of Physical Education and Sports at Shaheed Rajguru College of Applied Sciences for Women (University of Delhi). The poster includes details such as registration dates (till 11th October 2020), course duration (12 Oct '20 to 11 Nov '20), timings (5:30 pm to 7:00 pm), and venue (Google meet). It also lists the entry fee (Rs. 200 for students, Rs. 500 for staff) and contact information for further queries. At the top right is another poster for the same course, featuring a sunset background and the slogan 'BREATHE, STRETCH, STAY HEALTHY'. It provides NEFT/RTGS payment details, including the account holder name (Principal, SRCASW), bank (IDBI Bank), account number, IFSC code, and branch. At the bottom is a screenshot of a Google Meet session. The main video shows a woman in a pink polo shirt, identified as Archana Maan. On the right side of the screen, there is a list of participants: You, Garima, Aakanksha, and 17 others.

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN**Students enrolled in the Event held**

S.No	Roll No.	Name of the Student
1.	2019402	Akansha
2.	2019409	Kalpna
3.	2019413	Mansi
4.	20191330	Priyanshi Jain
5.	2019720	Kanchan
6.	2019742	Sandhya Kumari
7.	2019750	Sweta Pandey
8.	2019746	Shobha
9.	2019755	Vaishnavi Rathaur
10.	2019756	Varsha Shukla
11.	20191115	Hansika Choudhary
12.	20191155	Prachi Bharti
13.	20191139	Shivani Sharma
14.	20191147	Suhani
15.	20191157	Vinita
16.	2019317	Garima Rawat
17.	2019325	Mili Sharma
18.	2019326	Mimansha
19.	2019341	Shalini Singh Verma
20.	20191007	Annupriya
21.	20191022	Mehak Pahwa
22.	20191030	Pallavi Saini
23.	20191059	Prabha Rani
24.	20191032	Radhika Dhingra
25.	20191016	Kashvi Gupta
26.	20191015	Kashish
27.	20191034	Richa Jaiswal
28.	20191038	Sanjeevani Dedha
29.	20191055	Shalu
30.	20191041	Shefali
31.	20191044	Simran Verma
32.	20191051	Tiara
33.	20191053	Vidhi Singhal
34.	2019944	Sunaina Vichitra
35.	2019206	Anjali
36.	2019205	Ananya Bhardwaj
37.	2019242	Himanshi Sagar
38.	2019215	Lata Kumari
39.	2019225	Rakhi
40.	2019227	Rhythm
41.	2019217	Mahima
42.	2019221	Parul

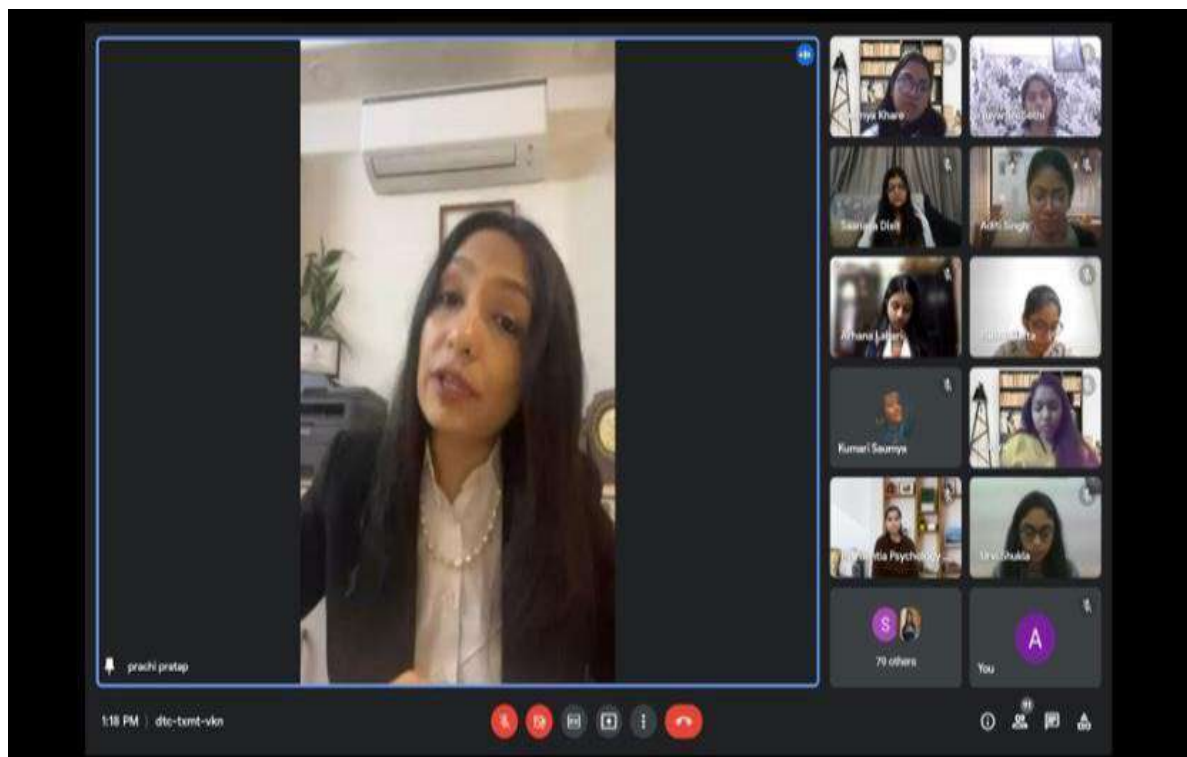
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

43.	2019234	Shagun
44.	2019104s	Anjali Mehra
	Total	44
Teacher coordinators		Dr. Bimla Pawar

Life Skills

7. Mental health of Women during COVID-19- The Department of Psychology organized a webinar on “Mental Health of Women during COVID-19” on February 3,2022. The session was hosted by Ms.Prachi Pratap, Advocate at Supreme Court of India. She mentioned the issues faced by women due to pandemic such as increase in violence and suicidal cases due to depression and triple burden on working and non-working women during the pandemic.

- **Resource Person:** Ms.Prachi Pratap, Advocate at Supreme Court Of India
- **No. of students attended-** 64
- **Faculty Coordinator-** Dr. Daya Bhardwaj



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN**Students enrolled in the Event held**

S.No	Roll No.	Mental Health of Women during COVID-19 3-Feb-2022 Name
1	20201001	Aayushi Tonk
2	20201002	Adiba
3	20201004	Advika
4	20201006	Anjali
5	20201007	Anshika Bhati
6	20201063	Anshika Sharma
7	20201008	Anshika Singh
8	20201060	Deepti Singh
9	20201057	Gomathi Shankar
10	20201017	Kavya KR
11	20201020	Kritika Kalra
12	20201028	Mithali pal
13	20201061	Neelam
14	20201062	Phurbu Dolma
15	20201036	Pragya Raj
16	20201037	Pratibha Yaduvanshi
17	20201038	Preeti Kumari
18	20201040	Sakshi Singh
19	20201041	Saumya Verma
20	20201059	Sonali Singh
21	20201045	Tashi Angmo
22	20201046	Tejaswini Balaji
23	20201047	Unnati khanna
24	20201049	Vaishnavee Jadaun
25	20201055	Zoya Hussain
26	20201019	Khushi arora
27	20201025	Maliha Sen
28	20201029	Muskaan Jain
29	20201032	Navvya Arya
30	20201034	Pallavi Dutta
31	20201056	Shivalika Dixit
32	20201048	Urvi shukla
33	20201054	Yuvanshi Sethi
34	20211001	Aadya kakkar
35	20211002	Aahana Kumar
36	20211003	Aanchal Kalyan
37	20211008	Avantika baliyan
38	20211009	Bhumika
39	20211010	Charu
40	20211011	Disha Gupta
41	20211012	Esha Sharma

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

42	20211017	Ilka saifi
43	20211020	Kashish kamra
44	20211021	Kashish mittal
45	20211019	Kashish chandwani
46	20211023	Khushi Shah
47	20211022	Khushboo Kumari
48	20211025	Navya Sharma
49	20211026	Nimisha pandey
50	20211028	Pooja
51	20211029	Raunak
52	20211030	Ritika
53	20211039	Tanushree
54	20211031	Saanaya
55	20211032	Sakshi
56	20211037	Shuchi
57	20211035	Shreeya
58	20211038	Srishti Sen
59	20211042	Vandita Dayal
60	20211043	Vidhi
61	20211045	Yakshi
62	20211047	Yashika Malhotra
63	20211048	Ziya
64	20211006	Anushka Das
Total		64
Faculty Coordinator	Dr. Daya Bhardwaj	

Life Skills

8. Understanding Queer affirmative Therapy- women and mental health: The Department of Psychology organized a webinar on “ Understanding Queer-affirmative Therapy- Women and Mental Health” on February 4, 2022. Ms.Komal Kaira, an Integrative and Psychotherapist hosted the session and Psychologist.Ms.Komal Kaira started the session explaining gender identities and she also focused on need of Queer-affirmative Counseling. She also discussed some do’s and don’ts of Queer affirmative therapy and also how one can become a successful therapist supporting thousands of queer clients.

- **Resource Person:** Ms.Komal Kaira, an Integrative and Psychotherapist and Psychologist.
- **No. of students attended-** 64
- **Faculty Coordinator-** Dr. Daya Bhardwaj



SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN**Students enrolled in the Event held**

S.No	Roll No.	Understanding Queer affirmative Therapy- women and mental health 4-Feb-2022 Name
1	20201001	Aayushi Tonk
2	20201002	Adiba
3	20201004	Advika
4	20201006	Anjali
5	20201007	Anshika Bhati
6	20201063	Anshika Sharma
7	20201008	Anshika Singh
8	20201060	Deepti Singh
9	20201057	Gomathi Shankar
10	20201017	Kavya KR
11	20201020	Kritika Kalra
12	20201028	Mithali pal
13	20201061	Neelam
14	20201062	Phurbu Dolma
15	20201036	Pragya Raj
16	20201037	Pratibha Yaduvanshi
17	20201038	Preeti Kumari
18	20201040	Sakshi Singh
19	20201041	Saumya Verma
20	20201059	Sonali Singh
21	20201045	Tashi Angmo
22	20201046	Tejaswini Balaji
23	20201047	Unnati khanna
24	20201049	Vaishnavee Jadaun
25	20201055	Zoya Hussain
26	20201019	Khushi arora
27	20201025	Maliha Sen
28	20201029	Muskaan Jain
29	20201032	Navvya Arya
30	20201034	Pallavi Dutta
31	20201056	Shivalika Dixit
32	20201048	Urvi shukla
33	20201054	Yuvanshi Sethi
34	20211001	Aadya kakkar
35	20211002	Aahana Kumar
36	20211003	Aanchal Kalyan
37	20211008	Avantika baliyan
38	20211009	Bhumika
39	20211010	Charu
40	20211011	Disha Gupta
41	20211012	Esha Sharma
42	20211017	Ilka saifi
43	20211020	Kashish kamra
44	20211021	Kashish mittal
45	20211019	Kashish chandwani

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

46	20211023	Khushi Shah
47	20211022	Khushboo Kumari
48	20211025	Navya Sharma
49	20211026	Nimisha pandey
50	20211028	Pooja
51	20211029	Raunak
52	20211030	Ritika
53	20211039	Tanushree
54	20211031	Saanaya
55	20211032	Sakshi
56	20211037	Shuchi
57	20211035	Shreeya
58	20211038	Srishti sen
59	20211042	Vandita dayal
60	20211043	Vidhi
61	20211045	Yakshi
62	20211047	Yashika Malhotra
63	20211048	Ziya
64	20211006	Anushka das
Total	64	
Faculty Coordinator	Dr.Daya Bhardwaj	

Life Skills

9. Session on Art and Care: A session was organized on 21st September 2021 on Mental health for elderly by the mental health society of SRCASW- Ehsaas.

- **Resource Person:** Ms. Monika Kapur (Art therapist)
- **No. of Students Attended:** 21
- **Faculty coordinator:** Dr. Komal Chandiramani

ART & CARE SESSION

DATE: 09.04.2022



Students enrolled in the Event held

S.No	Name	Course	Year
1.	Anushka Saxena	B.Sc. (H) Biochemistry	II
2.	Simran Kaur	B.Sc. (H) Microbiology	II
3.	Riya Kala	B.A. (H) Psychology	III
4.	Vaishnavee Jadaun	B.A. (H) Psychology	II
5.	Yuvanshi Sethi	B.A. (H) Psychology	II
6.	Advika Chaturvedi	B.A. (H) Psychology	II
7.	Shravani Baruah	B.Sc. (H) Biochemistry	II
8.	Deepansha Datla	B.Sc. (H) Physics	II
9.	Stuti Sharma	B.Sc. (H) Food Technology	III
10.	Aditi Dhoundiyal	B.A. (H) Psychology	III
11.	Khushi Kherra	B.Sc. (H) Microbiology	III
12.	Samiksha Yadav	B.A. (H) Psychology	III
13.	Shilpi Kumar	B.Sc. (H) Statistics	III
14.	Kavya K R	B.A. (H) Psychology	II

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

15.	Anvi Gupta	B.Sc. (H) Biomedical Science	I
16.	Anushka Singh	B.Sc. (H) Microbiology	I
17.	Garima Singh	B.Sc. (H) Biochemistry	III
18.	Muskan Mishra	B.Sc. (H) Microbiology	III
19.	Anshika Singh	B.A. (H) Psychology	II
20.	Sameeksha Luthra	B.Sc. (H) Biomedical Science	II
21.	Akshita Dixit	B.Sc. (H) Microbiology	I

Life Skills

10. Community Outreach Program: The department of Physical Education & Sports Sciences of Shaheed Rajguru College of Applied Sciences for women under the Aegis of IQAC has organised a Community Outreach Programme titled "Integrating Mind, Body and Soul by practice of Pranayama, Yogic Postures and Meditation" from 7:30 am to 8:45 am in physical mode at college campus for one month, which was open to all community. The International Yoga Day was celebrated at College premise on 21 June, 2022 on conclusion of this one month program.

In addition, "YOGA AND TRADITIONAL MEDICINE TRAINING CAMP" supported by Ministry of AYUSH (Govt. of India) was held ONLINE jointly with Prem Sukh International Charitable Trust, Delhi from 21 May to 21 June, 2022 as prelude to International Yoga Day 2022.

- **Resource Person:** Dr. Ram Avatar
- **No. of Students attended:** 45
- **Faculty coordinator:** Dr. Bimla pawar, Assistant Professor, Physical Education & Sports Sciences

Shaheed Rajguru College of Applied Sciences for Women (University of Delhi)
Accredited by NAAC with 'A+' grade
Department of Physical Education and Sports
Under the aegis of IQAC
presents
A Community Outreach Program
A Poster making competition
Topic:- Practices of Yoga
OPEN TO ALL IN SURROUNDING COMMUNITY
DATE:- 16 JUNE 2022
TIME:- 12 P.M. ONWARDS
VENUE :-GYMMNASIUM
Registration Link:-
<https://forms.gle/MPYaeWVBt11qfg5m9>
EXCITING CASH PRIZE & CERTIFICATE FOR WINNERS.
For Queries Contact:-
Garima Rawat(99580 21975) Akanksha (85868 72546)

Shaheed Rajguru College of Applied Sciences for Women
(University of Delhi)
Accredited by NAAC with 'A+' grade
Department of Physical Education and Sports
Under the aegis of IQAC
presents
A Community Outreach Program

- **An online Essay writing competition**
- **An Online Yoga Quiz for students & staff**

Topic: Practices of Yoga

OPEN TO ALL IN SURROUNDING COMMUNITY



DATE:- 16 JUNE 2022
TIME:- 12 P.M. ONWARDS

Registration Link:-
for essay writing competition- <https://forms.gle/9aCjsgdhGxNhGswCA>
for yoga quiz competition- <https://forms.gle/xNpJ9Y9NMRKB3qsr5>

EXCITING CASH PRIZE & CERTIFICATE FOR WINNERS.

For Queries Contact:-
Garima Rawat(99580 21975) Akanksha (85868 72546)






Ekal Yog Arogya Yojna
WELCOMES YOU
in celebration of
8th International Day of Yoga
Theme: Yoga for Humanity
21st June 2022
🕒 07:00 am - 08:30 am

75th Year of Independence is being celebrated with participation of
75 Lakh people from more than
1 Lakh Ekal Villages

Associated Organizations:



- 1.) Prem Sukh International Charitable Trust,
- 2.) Career Point University, Hamirpur (H.P),
- 4.) Non Collegiate Women Education Board, University of Delhi,
- 5.) Sawan Kirpal Ruhani Mission, Delhi
- 6.) Kalindi College, University of Delhi &
- 7.) Shaheed Rajguru College of Applied Sciences for Women, University of Delhi

Dr. Ram Avtar
National Prabhari-Ekal Yoga Arogya Yojna
Unit Incharge (Yoga)-Sawan Kirpal Ruhani Mission, Delhi
Former Project Officer "Yog", Govt. of NCT of Delhi
HOD-Yoga, Ayurveda and Naturopathy at BTU
Adjunct Faculty, Career Point University, Hamirpur

Live on:  ZOOM

Link to Join Directly:
<https://us06web.zoom.us/j/85255484706?pwd=bEN0VVJVZHkrenRnSEpJNmVFwTVtdz09>

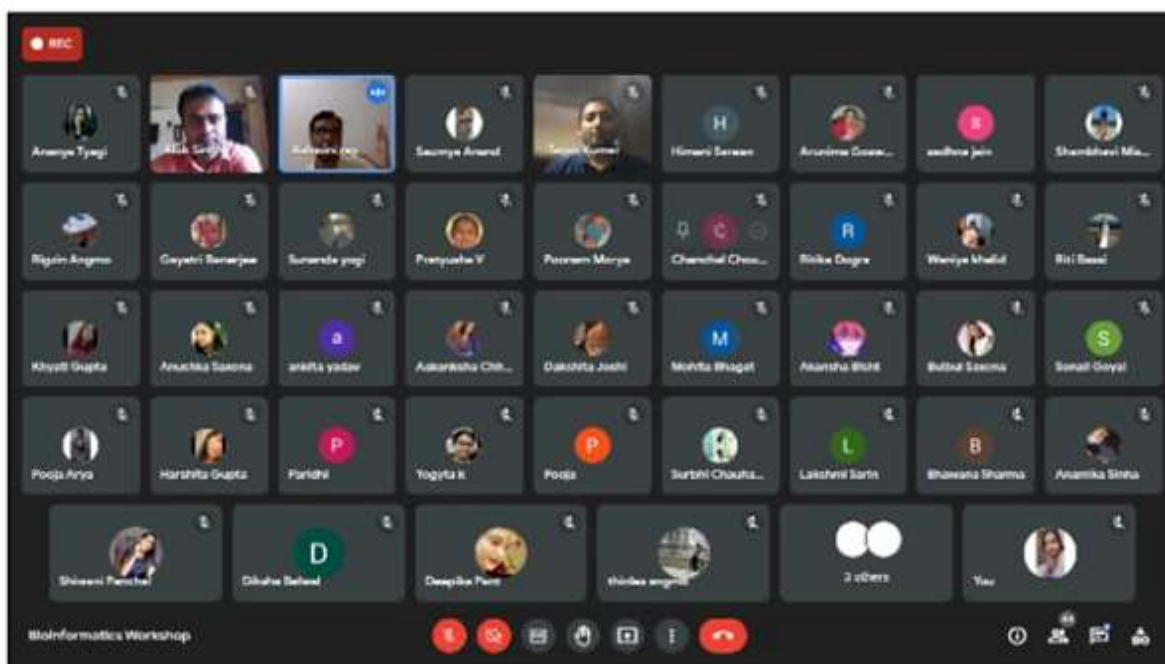
Meeting ID: 852 5548 4706
Passcode: ekalyoga

📞 96254-04442  www.cpuh.in  hp@cpuniverse.in

ICT/ Computing Skills

1. Bioinformatics Workshop: The department of Biochemistry organized an online bioinformatics workshop on July 2-3, 2021. Dr. Ashwini Kumar Ray, Assistant Professor, School of Environmental Sciences and Scientist III (Bioinformatics) at Thermo Fischer Scientific India graced the occasion as speakers and the students were delighted to receive hands on training in bioinformatics. They introduced the students to the various bioinformatics tools and next generation sequencing. The speakers also emphasised on the increasing role of bioinformatics in modern day scientific research.

- **Resource Person** - Dr. Neetu Sain, Dr. Ashwini Kumar Ray
- **No. of Students attended** – 41
- **Faculty Coordinator** – Dr. Tarun Kumar, Dr. Alok Singh



Students enrolled in the Event held

S.no.	Student's name
1.	Anushka Saxena
2.	Waniya Khalid
3.	Vanshika tyagi
4.	Saumya Anand
5.	Gayatri Banerjee
6.	Anjali Jaiswal

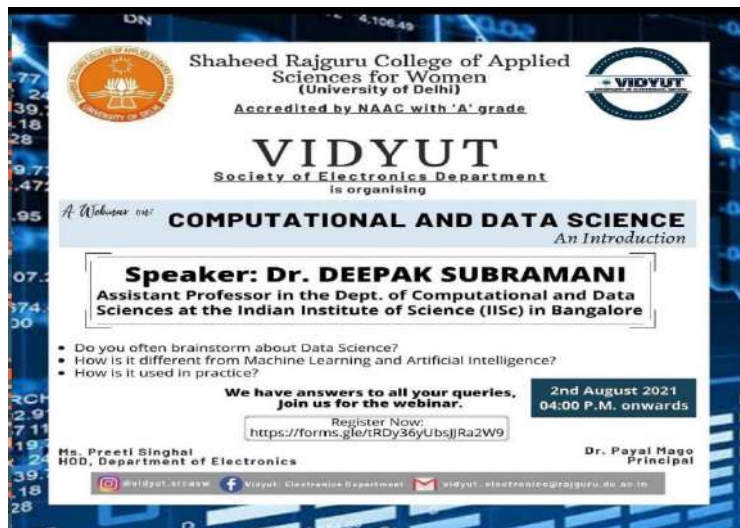
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN


7.	Bulbul Saxena
8.	Ankita Yadav
9.	Shiwani Panchal
10.	Sabika Ali
11.	Anamika Sinha
12.	Surbhi Chauhan
13.	Himani Sareen
14.	Kumari Pragya Viraj
15.	Paridhi singh panwar
16.	Diksha Belwal
17.	Chanchal Choudhary
18.	Ridhi Pandey
19.	khushi bruta
20.	Jahanvi Sharma
21.	Sonali
22.	Arunima
23.	sunanda yogi
24.	Ritika Dogra
25.	Jyoti Mittal
26.	Akansha Bisht
27.	Ananya Tyagi
28.	Simran Sharma
29.	Aakanksha Chhokra
30.	Disha
31.	Poonam Morya
32.	Rigzin Agnmo
33.	Dakshita Joshi
34.	Thinles Angmo
35.	Pooja Arya
36.	deepika Pant
37.	Harshita Gupta
38.	Shambhavi Mishra
39.	Ritika Bassi
40.	Khyati Gupta
41.	Meenakshi J
42.	Yogyta Kumari
43.	Pooja
44.	Dakshita Joshi

ICT/ Computing Skills

2. Webinar on Computational and Data Science - Department of Electronics, SRCASW, organized a webinar on 'COMPUTATIONAL AND DATA SCIENCE' on 2nd August 2021. Dr. Deepak Subramani (Assistant Professor in the department of computational and data science at the Indian Institute of Science in Bangalore) was the hon'ble speaker. The purpose of this webinar was to make students acquainted with the fundamental concepts of data science.

- **Resource Person** - Dr. Deepak Subramani, Assistant Professor, Department of Computational and Data Science, IISc, Bangalore
- **No. of Students attended** – 70
- **Faculty Coordinator** – Ms. Sonia Ahlawat






VIDYUT
Faculty of Electronic Engineering

Presents
a webinar on


COMPUTATIONAL AND DATA SCIENCE - AN INTRODUCTION



Abstract

A simple google search returns millions of hits for the term "Data Science." Beginners of the area usually get confused and wonder what exactly Data Science is? There is a difference from Machine Learning and Artificial Intelligence? Where is data science used in practice? We demonstrate all the topics and explore the fast emerging field of computational and data science in this talk. We provide examples and understand how to think in terms of data.


ABOUT THE SPEAKER





Dr. Deepak Subramani is an Assistant Professor in the Dept. of Computational and Data Sciences at the Indian Institute of Science (IISc) in Bangalore. He obtained his Ph.D. in Mechanical Engineering and Computation from MIT (Massachusetts Institute of Technology), USA, and B.Tech in Mechanical Engineering from IIT Madras. He works in using ML/AI for aerospace applications, aerospace systems, uncertainty quantification, and optimal control of autonomous vehicles. He is an expert in data-driven modeling, numerical optimization, and scientific computing. He has won several awards throughout his career, including the Anant Ramachandran Young Investigator Award, POSPRE Faculty award, the Heera research award at MIT, SNAARE award, IIT Foundation Leader Scholar Award, and National Talent Search. He has more than 200 peer-reviewed publications in top journals and international conferences. He offers Optimization, Machine Learning and Data Assisted courses for regular students of IISc and working professionals through the Center of Continuing Education, IISc.

DATE, TIME AND VENUE

The event has been scheduled on **2nd August 2021**.
Timings - 4:00 PM onwards.
 The venue for the event will be the virtual space.
 Further meeting details will be shared on the day of the event.



 [link:lnkd.in/g...](#)

 [link:fb.com/Electronic_Engineering...](#)

ICT/ Computing Skills

3. 100 Days of Blockchain: On January 24, 2022, departmental fest Tech-Melange was held. Kushal Seth gave the informative session on blockchain. Kushal Seth is an entrepreneur, software architect, early stage startup investor and early stage startup mentor. He emphasized the need for skill building and knowledge about block chain and how it has become so important to the world.

- **Resource Person:** Mr. Kushal Seth
- **No of students attended-**40
- **Coordinator-**Dr. Suruchi Chawla

**Shaheed Rajguru College
of Applied Sciences for Women**
(University of Delhi)

DEPARTMENT OF COMPUTER SCIENCE
(Under the Aegis of IQAC)
presents
Webinar On
100 DAYS OF BLOCKCHAIN

Keynote Speaker
Mr. Kushal Seth
He is an entrepreneur, software architect, early stage startup investor and early stage startup mentor. He has 10+ years of industry experience in Software Development across healthcare, education, fintech, agriculture and ecommerce industries.

in the opening ceremony of
Annual Technical Fest
TECH MELANGE 2022
January 24, 2022 || 09:00-11:30 AM || Google Meet

For Queries Contact -
Kanika Gupta (President) - 7678261795
Ridhima Monga (Vice-President) - 8743828578

ICT/ Computing Skills

4. How to read scientific literature: In the Technical Fest 'Trap', The Department of Mathematics, Statistics, Physics and Chemistry organised a Talk Series titled "How to read scientific literature" on 27th January 2022. The talk was delivered by Dr. Anupama Harshal W (IISER Pune).

- **Resource Person:** Dr. Anupama Harshal W (IISER Pune).
- **No. of students attended:** 43
- **Faculty Co-ordinator:** Prof. Punita Saxena

Shaheed Rajguru College of Applied Sciences for Women
University of Delhi
Accredited by NAAC with 'A+' grade

Department of Chemistry, Mathematics, Physics and Statistics
under the aegis of IQAC

TRAP '22
presents
an informative talk on

How to Read Scientific Literature

DR. ANUPMA HARSHAL W.
Consultant (Science Communication and Public Engagement) MANAV-Human Atlas Initiative, IISER, Pune

• **Date:** January 27, 2022
• **Time:** 10 A.M. onwards
• **Platform:** Google Meet

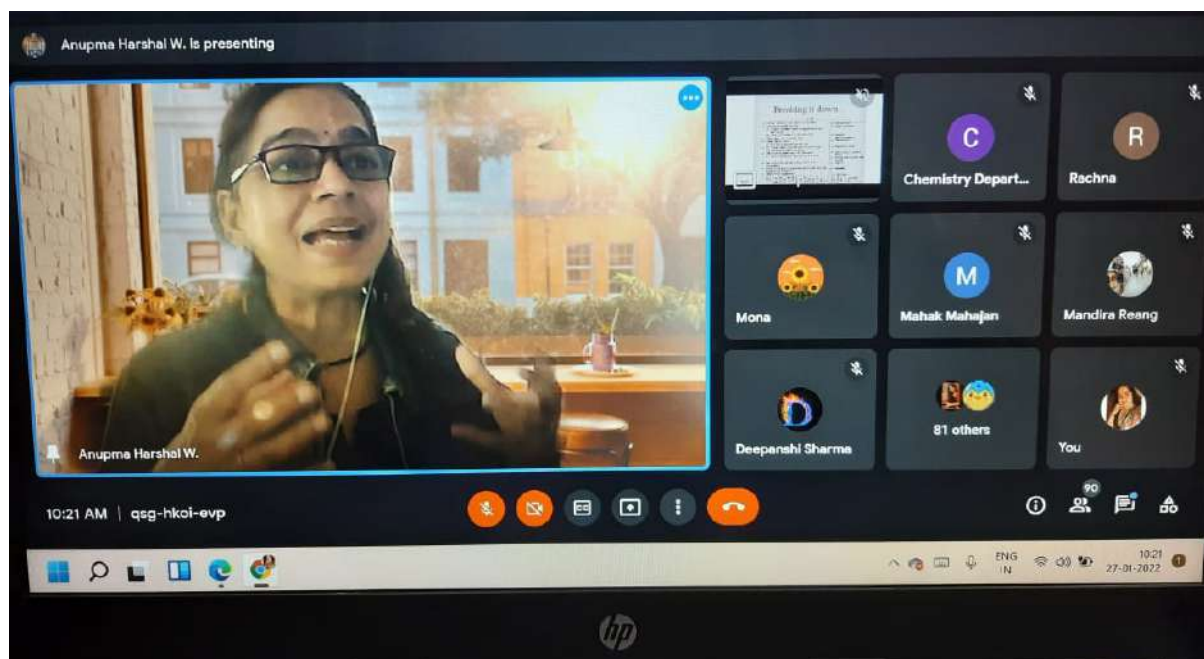
Registration link:
<https://forms.gle/eTV9qyBKyCcgRxvu9>
Registration closing on : January 26, 2022

MEDIA PARTNERS :

For further queries, contact: Monica Mona : 8076575601 Chhavi Tomar: 7417272434

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ICT/ Computing Skills

5. Workshop on Introduction to DSA- Department of Electronics in collaboration with Eniac-The Computer Science Society organized a workshop on 15th February 2022 on the Zoom platform. An online workshop on Introduction to DSA provide the students with the knowledge of Data structures, coding, algorithms, and many more interesting things. The eminent speaker: Mr. Monu Kumar is a computer programmer and an expert in Data structures, Algorithms, and Mathematics.

- **Resource Person** - Mr. Monu Kumar, Computer Programmer
- **No. of Students attended** – 100
- **Faculty Coordinator** – Ms. Venika Gupta

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)
Accredited by NAAC with 'A+' grade

VIDYUT
The Electronics Society
DEPARTMENT OF ELECTRONICS

In collaboration with

ENIAC
The Computer Science Society
DEPARTMENT OF COMPUTER SCIENCE

Presents

**A Workshop on:
Introduction to DSA**

**DATE: 15TH FEBRUARY, 2022
TIME: 3:00 P.M. ONWARDS
PLATFORM: ZOOM**

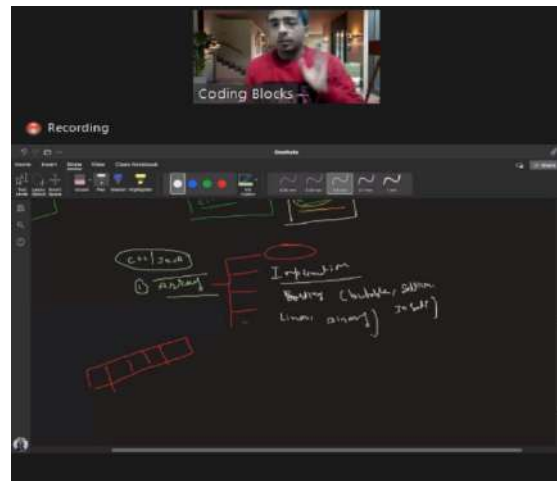
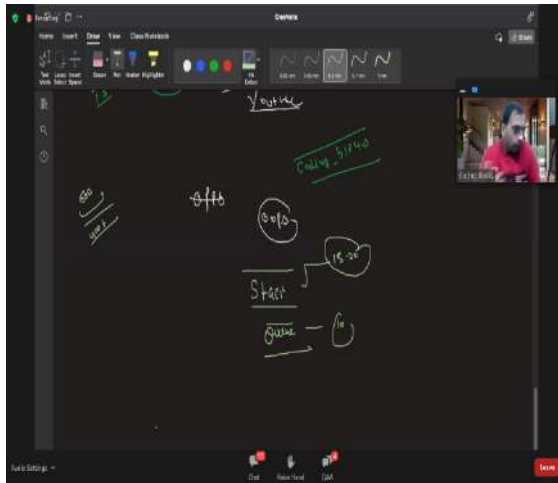
Monu Kumar is a Competitive programmer and an expert in Data structures, Algorithms, and Mathematics. He has a strong grasp on the core subjects of Computer science. Over the past years, he has mentored 20000+ students.

FOR QUERIES CONTACT-
ANUSHKA YADAV- 6399195928
KANIKA GUPTA- 7678261795

@VIDYUT.SRCASW
vidyut_electronics@rajguru.du.ac.in

@TECH_MELANGE
eniac.srcasw@gmail.com

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN



ICT/ Computing Skills

6. Roadmap to DSA (in collaboration with GeeksforGeeks): It was an intuitively informative webinar session organized in order to establish the true path required to cover the real journey of DSA's concepts analysis as well as its implication. Date of event was March 5, 2022

- **Resource Person:** Mr. Yash Dwivedi
- **No. of Students attended:** 25
- **Faculty Coordinator:** Dr. Suruchi Chawla

Shaheed Rajguru College of Applied Sciences for Women
(University of Delhi)
NAAC GRADE A+ | NIRF Rank-37 (College Category)

Department of Computer Science

Under the Aegis of IQAC
Presents webinar on

ROADMAP TO DSA

5 March, 2022
12:00 pm - 1:00 pm
Google Meet

Yash Dwivedi
Speaker

He is currently working as an associate mentor intern at GeeksForGeeks. He has 2 years of experience in competitive programming and is Expert on CodeForces and 5 star on Codechef.

For queries contact -
Kanika Gupta (President): +91 7678261795
Ridhima Monga (Vice President): +91 8743828578

ICT/ Computing Skills

7.. Seminar on Internet of Things - Organized a Seminar on 'Internet of Things ' on 7th April 2022. Mr. Kartik Gupta from CETPA Infotech private Limited was the hon'ble speaker. The purpose of this seminar was to make students acquainted with the fundamental concepts of IOT.

- **Resource Person** - Mr. Kartik Gupta, CETPA Infotech Private Limited
- **No. of Students attended** – 90
- **Faculty Coordinator**- Ms. Venika Gupta

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UNIVERSITY OF DELHI
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

Shaheed Rajguru College of Applied Sciences for Women, University of Delhi (Department of Electronics) Organizing Seminar on

Internet Of Things

on 7th April, 2022 at 2:00 PM

Speaker
Mr. Kartik Gupta
5+Years Experience

Organizer
Ms. Preeti Singhal
Associate Professor

Ms. Nishika
(Student Coordinator)

Partners: Microsoft Partner, N.S.D-C, ERICSSON, Panasonic, SAP, GDU-GKV

B-58, Sector-2, Red FM Lane, Noida-201301. For details Call or Whatsapp: +91-8287972568
www.cetpainfotech.com. (Other Branches: Roorkee | Lucknow | Dehradun)



ICT/ Computing Skills

8. Smart and adaptive environment for internet of things : Department of Computer Science organized an informative session regarding internet of thing on 2nd April 2022.

- **Resource Person:** Shailesh Pratap Singh
- **No. of Students attended:** 73
- **Faculty Coordinator:** Dr. Suruchi Chawla

Shaheed Rajguru college of Applied Sciences for Women
(University of Delhi)
NAAC GRADE A+ | NIRF Rank-37 (College Category)
Department of Computer Science
UNDER THE AEGIS OF IQAC
presents session on
**SMART AND ADAPTIVE ENVIRONMENT
FOR INTERNET OF THINGS**

SHAILESH PRATAP SINGH

He has a working experience of 19 years in industry in different capacities. He is currently working with the Research and Development department at Ericsson in Gurgaon.

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For Queries Contact :- Kanika Gupta (President) : +91 7678261795
Ridhima Monga (Vice President) : +91 8743828578