

3.3.3

Number of extension and outreach programs conducted by the institution through NSS/ NCC/ Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs) during the year

S. No.	Name of the activity	Link
1	Webinar on “Post-Covid Complications and palliative care impact of COVID-19 on Cancer.”	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
2	Poetry Competition	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
3	Slogan Writing Competition	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
4	Plantation Drive	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
5	Story Telling Competition	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
6	Freedom Run	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
7	Activities on the theme, “Feeding Smart right from the Start.”	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
8	Inter-college Poster Making Competition	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
9	Quiz Competition	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
10	Slogan Writing on "Breaking AIDS myths"	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
11	Activities on the theme, “Independence India@75: Self Reliance with Integrity.”	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf

12	Health Check-up Camp	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
13	Surya Namaskar Session	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
14	"Selfie with Daughter"	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
15	Pledge Taking Ceremony	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
16	Poster making and slogan writing competition	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
17	Interactive Webinar Session	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
18	Intra-college Extempore Competition on "Sustainable Trends for a responsible citizen"	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
19	Webinar Session on "Prevention of gynaecological diseases"	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
20	Interactive Webinar Session	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
21	Movie Screening: 1971	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
22	Slum Visit	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
23	Aerobics Sessions	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
24	Decompositing under Vermicompositing drive	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
25	Pledge Taking "Say no to Drugs"	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
26	Health Check-up Camp	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf

27	Yoga Sessions	https://www.rajgurucollege.com/images/nss/NSS-Activities-2021-22.pdf
28	Gandhi Chhadi, Cleanliness Drive	https://www.rajgurucollege.com/images/pdf/Activities-2021-22.pdf
29	Each One Plant One, Tree Plantation Drive.	https://www.rajgurucollege.com/images/pdf/Activities-2021-22.pdf
30	Dallupura village visit	https://www.rajgurucollege.com/images/Student-Societies/Unnat-Bharat-Abhiyaan/Activities-2021-22.pdf
31	Slogan Competition	https://www.rajgurucollege.com/images/Student-Societies/Unnat-Bharat-Abhiyaan/Activities-2021-22.pdf
32	Dharamshilla Cancer Hospital Visit	https://www.rajgurucollege.com/images/Student-Societies/Unnat-Bharat-Abhiyaan/Activities-2021-22.pdf
33	Open mic on Mental health in rural India-Dallupura village visit	https://www.rajgurucollege.com/images/Student-Societies/Unnat-Bharat-Abhiyaan/Activities-2021-22.pdf
34	Enactus Conclave	https://www.rajgurucollege.com/images/pdf/ENACTUS_Achievements-2021-22.pdf
35	Sanitary Napkin Distribution drive	https://www.rajgurucollege.com/images/pdf/ENACTUS_Achievements-2021-22.pdf
36	Mushroom Cultivation and Faculty Development Program	https://www.rajgurucollege.com/images/pdf/ENACTUS_Achievements-2021-22.pdf
37	Webinar on Menstruation	https://www.rajgurucollege.com/Student-Societies/GirlUp_Nayaab
38	Menstrual Health Management	https://www.rajgurucollege.com/Student-Societies/GirlUp_Nayaab
39	Panel discussion	https://www.rajgurucollege.com/Student-Societies/GirlUp_Nayaab
40	Zumba session	https://www.rajgurucollege.com/Student-Societies/GirlUp_Nayaab
41	Donation Drive	https://www.rajgurucollege.com/Student-Societies/GirlUp_Nayaab

42	Building Health Boundaries and Consent	https://www.rajgurucollege.com/Student-Societies/GirlUp_Nayaab
43	Visharth(a room made for talented artists to show their culture on this independence day!)	https://www.rajgurucollege.com/North-East-Cell
44	Chitra Varnan(picture prompt competition)	https://www.rajgurucollege.com/North-East-Cell
45	Prashnottar Relay(quiz competition)	https://www.rajgurucollege.com/North-East-Cell
46	Bhartiya Aachar(an inter college reel making competition ,celebrating the diversified culture of india)	https://www.rajgurucollege.com/North-East-Cell
47	Taped nritya(dance video competition)	https://www.rajgurucollege.com/North-East-Cell