

NSS REPORT:2019-20

S.no.	Pg No.	Event
1.	1	Yoga Day and Camp
2.	1	Swacch Bharat Summer Internship
3.	1	Water conservation Rally
4.	1	Swachhta Pakhwada (fortnight)
5.	1	Orientation programme
6.	2	Talk on Preventive Oncology (by Dr. SushmaDhar, MBBS), Medical and Eye Check-up camp
7.	2	Aids Awareness Talk and Art Competition
8.	3	Fit India movement (in alliance with Department of Physical Education and Sports)
9.	3	Eye and Blood Donation Awareness Campaign (organised by SAKSHAM-Samadrishiti, Kshamata Vikas Evam Anusandhan Mandal)
10.	4	No Plastics Rally
11.	4	Electoral Verification Program
12.	5	NSS Day- best out of waste competition, open mic and slogan writing
13.	5	Anaemia awareness camp
14.	5	Seminar-Meaning and Importance of Constitution by Dr. RituKohli, Professor, Maharaja Agrasen College
15.	6	Drawing Competition for the under-privileged children and a Plog Run
16.	6	Vigilance awareness- anti-corruption pledge and rally
17.	6	NSS camp
18.	7	Fit India Walkathon
19.	7	Road Safety Seminar - Conducted By Honda Motors
20.	7	Beti Bachao, Beti Padhao- Walkathon
21.	8	Election Awareness Campaign
22.	8	SwacchtaPakhwada Week
23.	8	Plastic Abolition Campaign
24.	9	Karvaan'20- "Samavesh"
25.	9	Write-up competition and a slogan writing competition (Along with Youth parliament)
26.	9	Yoga Day Quiz
27.	10	Environment Day- Inter college slogan writing and photography competition
28.	10	Road safety Webinar- hosted by Mr. Jain Kataria, Assistant Executive Honda Motorcycle & Scooter India pvt. Ltd.
29.	11	Yoga day- poster making, video making competition and online yoga session
30.	11	Covid-19 Awareness- Pandemic through posters (handmade, e-posters), social media platforms, messages, poetry etc.
31.	12	Drives-literacy drive, cleanliness, collection drive, vermi-composting, old and orphanage visits, women upliftment and slum adoption.

1. **Yoga Day and Camp:** NSS unit of SRCASW celebrated international yoga day and organised a Yoga Camp from 11th June to 21st June 2019.

No. of Participants: 34

2. **Swachh Bharat Summer Internship:** NSS unit offered an internship opportunity to the volunteers for social work to help maintain cleanliness in Dallupura Village.

No. of Participants: 9



3. **Water Conservation Rally:** The NSS unit organised a rally on the theme, “Water conservation” on 29th July 2019.

4. **Swachhta Pakhwada:** NSS unit of SRCASW observed the Swachhta Pakhwada (fortnight) from 1st August to 15th August 2019.

No. of Participants: 38



5. **NSS Orientation:** NSS unit of Shaheed Rajguru college of Applied Sciences for women conducted its orientation programme and a talk on “preventive oncology” on 20th August, 2019.

Name of Resource Person: Dr. SushmaDhar MBBS (associated with Preventive Oncology Department of Dharamshila Cancer Foundation and Research centre)

No. of Participants: 250



6. **Medical Camp:** NSS unit of Shaheed Rajguru college of Applied Sciences for women conducted a free medical and eye check-up camp on 21st and 22nd August.

No. of Participants: 200



7. **Aids Awareness Talk And Art Competition:** NSS unit of Shaheed Rajguru College of Applied Sciences for women conducted a talk on AIDS and an “Art Work Competition” on 27th August 2019.

Names of Resource Persons: Mr. Tyagi and Mr. Rajendra (Delhi Aids control society)

No. of Participants: 40



8. **Fit India Movement:** The NSS unit and department of Physical Education of SRCASW jointly participated in the launch ceremony of Fit India movement 29th August 2019.

No. of Participants: 67



9. **Eye Donation (Netra Daan) Campaign:** NSS unit of SRCASW hosted an eye and blood donation awareness campaign in the college premises; conducted by SAKSHAM (Samadrishti, KshamataVikasEvamAnusandhanMandal) on 5th September 2019.

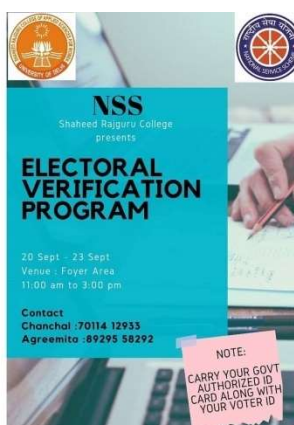
No. of Participants: 76



10. **No Plastics Rally:** NSS Unit conducted a “No plastics” rally on 20th September 2019.
No. of Participants: 31



11. **Electoral Verification:** NSS unit of Shaheed Rajguru college of Applied Sciences for Women organized an Electoral Verification Program from 20th September 2019 to 23rd September 2019.
No. of Participants: 43



12. **Nss Day:** On the occasion on NSS Day, a best out of waste competition was organised for the college students on 24th September 2019.

No. of Participants: 70



13. **Anaemia awareness camp:** A medical camp to test the haemoglobin levels of students was organised to raise awareness about Anaemia on 24th September 2019.

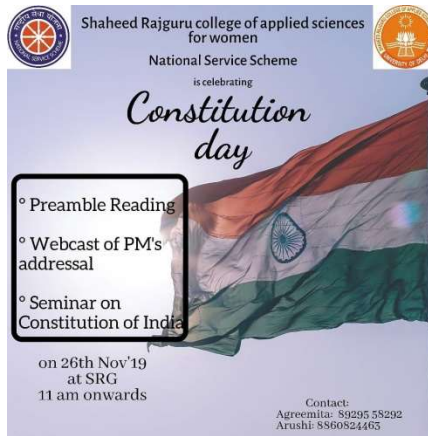
No. of Participants: 150



14. **Constitution Day:** NSS unit of Shaheed Rajguru College of Applied Sciences for Women conducted a seminar on meaning and importance of Constitution to celebrate the 70th constitution day on 26th November 2019.

Name of Resource Person: Dr. Ritu Kohli, associate professor, department of Political Science, Maharaja Agrasen College, University of Delhi

No. of Participants: 55



15. **Gandhi Jayanti:** NSS unit of Shaheed Rajguru college of Applied Sciences for Women celebrated 150th anniversary of Mahatma Gandhi by conducting a drawing competition for the under-privileged students and a plog run.

No. of Participants: 25



16. **VIGILANCE AWARENESS:** NSS unit of Shaheed Rajguru College of Applied Sciences for women celebrated Vigilance awareness week taking an anti-corruption pledge and organizing a rally.

No. of Participants: 100



17. **NSS Camp:** NSS unit of Shaheed Rajguru College of Applied sciences for women organized a 7 day NSS camp in the college premises with the theme 'Women Empowerment' from 17th to 23rd December 2019. The camp comprised of rallies on various themes, visit to orphanage imparting

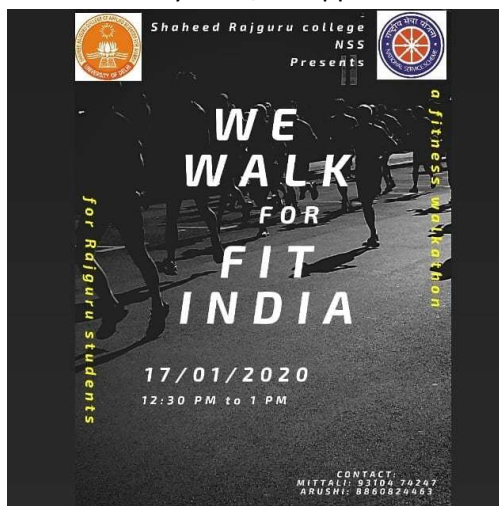
computer skills to under-privileged and teaching children from Dallupura area and many similar activities.

Names of Resource persons: Shr. Pawan Kumar (judge and the secretary of DLSA (East)), Mr. Charan Jeet (panel advocate, Karkardooma Court), Connecting Dreams Foundation team, Mr. Yogesh Pant (certified first aid and CPR trainer), Ms. Shilpa Dalmia (Advocate), Ms. Nirmal Chawla (Bhalla) (B. A. (Hon.) Lib, DLL, DCL & MGT. Advocate), Members from Delhi Police team, Ms. Kirti Madaan (legal aid panel advocate family Court), Honda Motors Team, Ms. Parminder Sehgal programme coordinator, NSS unit, Delhi University, Ms. Sonal Chauhan, (advocate, resource person, Delhi state legal services authority (East District), Karkardooma Court)

No. of Participants: 70



18. **Fit India Walkathon:** NSS unit of Shaheed Rajguru College of Applied Sciences for Women organised a walkathon on 18th January 2020, in support of Fit India Movement.



19. **Road Safety Workshop:** A road safety seminar was conducted by Honda Motors on 21st January 2020.

Name of Resource Person: Mr. Jatin Kataria

No. of Participants: 60

20. **Beti Bachao, Beti Padhao Campaign:** NSS unit of Shaheed Rajguru College of Applied Sciences

for Women organised a Walkathon on National Girl Child Day 2020 on theme, “Beti Bachao, Beti Padhao” on 24th January, 2020.

No. of Participants: 42

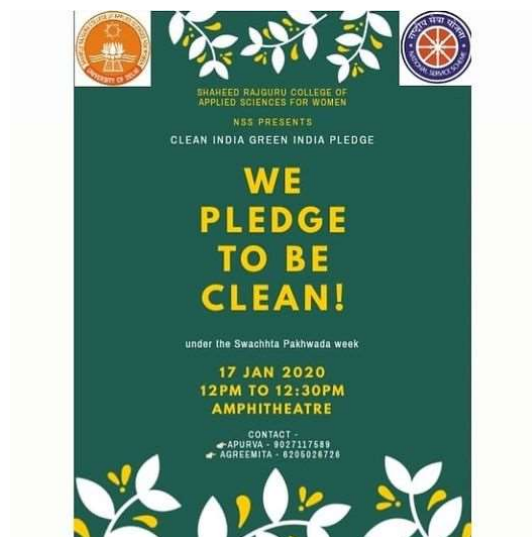


21. **NSS Election Awareness Campaign:** NSS unit of Shaheed Rajguru College of Applied Sciences For women organised an Election Awareness Campaign on 24th January 2020.

No. of Participants: 50

22. **Swachhta Pakhwada Week:** The NSS unit of Shaheed Rajguru College of Applied Sciences for Women organised “Swachhta Pakhwada Week” from 16 January to 31 January 2020.

No. of Participants: 45



23. **Sports Day:**The team of NSS organised a sports festival for the students under literacy drive. The following events were held: 50m Race, Lemon race, Relay race, Frog race and Three-legged race. The winners were awarded with prizes and goodies on 17th January 2020.

No. of Participants: 35

No. of Participants: 35

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN

Youth Parliament society along with National Service Scheme

On the occasion of Dr. Ambedkar jayanti is organising a

WRITE-UP COMPETITION (POETRY OR ARTICLE)

Topic : " Your vision for present India"

Entries should be hand-written without plagiarism

Submissions will be accepted till 12 noon, 14 April 2020

youth_parliament.srcasw@outlook.com
nss.srcasw2019@gmail.com

Contact :
Shivani- 97605 32874 Agreemita-89295 58292 Diksha-9319442075

27. Yoga Day Quiz: The NSS unit along with the Department of Physical Education & sports organised an inter-college quiz on yoga on 5th May 2020.

No. of Participants: 30

Shaheed Rajguru College of Applied Sciences for Women (University of Delhi) Under the aegis of IQAC

Department of Physical Education and Sports & NSS unit jointly organizes

Quiz Competition on Yoga
(May 20, 2020 - 4:00 p.m.)

Highlights

1. Teams of 3 are to be registered.
2. Kindly register for the event here: <https://forms.gle/802N70za0K027AL17>
3. The quiz will be conducted through Zoom app.
4. Please login 5 minutes prior to the commencement of the quiz.

For further queries, contact
Mansi - 95825 03584 Riya - 93196 26449

28. Covid-19 Awareness: The NSS volunteers worked from their homes to spread awareness about the pandemic through posters (handmade, e-posters), social media platforms, messages, poetry etc.

No. of Participants: 100



SHAHEED RAJGURU COLLEGE OF
APPLIED SCIENCES FOR WOMEN



NSS



29. **Environment Day:** Organised an inter college slogan writing and photography competition to celebrate environment day on 5th June 2020.

No. of Participants: 30

Shaheed Rajguru College of Applied Sciences for Women
National Service Scheme

Under aegis of IQAC
is organising a

Photography
and
Slogan Writing
Competition

Theme :
"Time for Nature"

Winners
will get
E-certificates

Last date for submission
7 June 2020, till 8 pm

Email : nss.srcasw2019@gmail.com

Contact
Apurva : 90271 17589 Agreemita : 89295 58292

30. **Road Safety Webinar:**Conducted a webinar on Road safety on 12th June 2020;

Name of Resource Person: Mr. Jain Kataria(Assistant Executive Honda Motorcycle & Scooter India pvt. Ltd.)

No. of Participants: 45



SHAHEED RAJGURU COLLEGE
 OF APPLIED SCIENCES FOR
 WOMEN
 NATIONAL SERVICE SCHEME
 UNDER THE AEGIS OF IQAC
PRESENTS
WEBINAR ON THE TOPIC
ROAD SAFETY
 BY TEAM BONDA

DATE - 12TH JUNE 20, FRIDAY ANY QUERIES -
 TIMING - 2:50PM ONWARDS TRISHA - 9599013594
 MEDIUM - GOOGLE MEET AGREEMITA - 8929558292

MRS. SANJANA MONGA DR. PAYAL MAGO
 PROGRAM OFFICER, NSS PRINCIPAL

31. **Yoga day:** Conducted Yoga day quiz, poster making and video making competition and online yoga session on 21st June 2020.

No. of Participants: 20



SHAHEED RAJGURU COLLEGE OF APPLIED
 SCIENCES FOR WOMEN,
 UNIVERSITY OF DELHI
 NATIONAL SERVICE SCHEME
 Under the aegis of IQAC
 is organising

Theme- Yoga Day

**POSTER-MAKING
 COMPETITION**

e-certificates
 to all the
 participants

[Painting / Sketching]
 Last date for submission
 20 June 2020 till 5 PM.

E-MAIL : nss.srcasw2019@gmail.com

CONTACT

ANJALI - 9719149172 RICHA - 8800172625