

NSS REPORT :2018-19

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1.	1	International Yoga Day
2.	1	Legal Literacy Programme on Sexual Harassment at Workspace
3.	1	International Youth Day
4.	1	HEALTH CHECKUP CAMP
5.	2	Graffiti competition for Electoral Literacy Club
6.	2	Inauguration of First Electoral Literacy Club
7.	2	NSS Orientation Day
8.	3	Lecture on Healthy Lifestyle
9.	3	NSS Day
10.	4	Menstrual Hygiene Seminar
11.	4	Surgical Strike Day Celebration
12.	4	Vigilance Week
13.	5	Swachta Hi Sewa
14.	5	Cancer Awareness Seminar
15.	5	Disaster Management Mock drill
16.	6	Self Defense Camp
17.	6	Electoral Education Camp
18.	6	Sport's Day
19.	6	District Youth Parliament
20.	7	Voter's awareness oath
21.	7	Lecture on Disability Act
22.	8	Lecture on Tobacco control
23.	8	Scooty Driving Training Program
24.	8	Blood Donation in University cell of DU for paying homage to Pulwama Martyrs
25.	9	Graffiti competition
26.	9	Lecture on Sexual harassment
27.	9	Blood Donation Camp
28.	9	Legal Literacy program

YEAR 2018-19

1. **International Yoga Day:** It was celebrated in the college campus on June 21st, 2018 to bring awareness about health benefits of Yoga. Students and staff members enthusiastically took part in the yoga session. NSS volunteers from the college also participated in Mass Yoga Demonstration at the University.
No. of Participants- 75



2. **Legal Literacy Programme on Sexual Harassment at Workspace:** NSS unit had organised a session on sexual harassment on July 30th, 2018. The guest of the talk, Ms. Shilpa Dhalmia, had interacted with the students, teaching staff, non-teaching staff as well as the supporting staff, aware them about their legal rights. **Name of Resource Person:** Ms. Shilpa Dhalmia, Legal Aid Counsel for Shahdara District Legal Service Authority
No. of Participants: 63



3. **International Youth Day:** International Youth Day was celebrated on August 12th, 2018 to recognise efforts of the world's youth in enhancing global society. It also aims to promote ways to engage them in becoming more actively involved in making positive contributions to their communities.
No. of Participants- 72
4. **Health Checkup Camp:** NSS had experienced 2 days Health Mela on August 30-31, 2018 organized by BLK Super Speciality Hospital, New Delhi. The two-day Mega Health Check Up Camp included free services of Consultation with the cardiologist/ physician, Dietician counselling, Blood pressure & Blood sugar test, Height & weight check, Bone densitometry test, ECG. Students in large number actively registered themselves for the check up on the first day followed on day 2 as well.
No. of Participants- 365



5. **Electoral Literacy Club:** NSS Unit of SRCASW along with Electoral Literacy Club had organised a camp for students, to make them understand how election procedure is conducted. EVM machines were setup and students were shown how it works. Graffiti Competition was organised on September 6th, 2018 in the college premises on the theme of importance of vote. 38 teams participated in the competition. On September 7th, a grand inauguration function of first ELC was held which was presided by Chief Election Officer of Delhi.

Names of Resource Persons: Sh. Vijay Dev (AS, Chief officer Delhi), Sh. K. Mahesh (District Magistrate East)

No. of Participants- 114



6. **NSS Orientation Day:** NSS along with IQAC had organized its 11th Orientation Day on September 11th, 2018, to welcome the new batch of 2018-19.

Names of Resource Persons: Sudhakar Kumar and Adeeba Hoor, founders of Bharat Uday (a platform to connect volunteers to credible organization having an appreciable track record of community services)

No. of Participants- 475



7. **Lecture on Healthy Lifestyle:** The lecture on Cardiac was organised by NSS, SRCASW to spread the awareness on good lifestyle especially for first year as they are very new to the college environment and must be made aware of the adverse effects of poor lifestyle.

Names of Resource Persons: Dr. Sanjeev Gera, Sr. Consultant, Cardiology, H.O.D, BLK Super Specialty
No. of Participants- 140



8. **NSS Day:** NSS unit celebrated NSS day on September 25th, 2018. We had a rally on Swachha Abhiyaan in college premises and in the DDA market nearby.
No. of Participants: 87



9. **Menstrual Hygiene Seminar:** NSS unit had organised a colloquium on “Menstrual Hygiene” on September 25th, 2018, to disseminate awareness on menstruation and menstrual hygiene to the students by showing some animated videos and indoctrinating the ways of keeping themselves clean and salubrious during their monthly period.

Name of Resource Person: The colloquium was delivered by Mrs. Vyjayanthi K., an active volunteer with youth for Seva

No. of Participants: 60



10. **Surgical Strike Day Celebration:** NSS unit of SRCASW along with IQAC celebrated surgical strike day on September 29th, 2018, by taking pledge to support our armed forces. An oath was taken and a Documentary based on surgical strike carried by Indian Army was shown to the students. Volunteers also attended the ParakramParv at India Gate.

No. of Participants: 72



11. **Pre Republic Day Parade Camp:** One NSS volunteer, SwetaKumari from Computer Science (3rd year) attended 10 days Pre Republic Day Parade Camp for 2019 held by Government of India at Government P.G College Sikar Rajasthan from October 12-22, 2018.

No. of Participants: 1

12. **Vigilance Week:** NSS unit had celebrated the birth anniversary of SardarVallabhbai Patel as Vigilance Week, from October 29th to November 3rd, 2018 to encourage all the stakeholders to participate in a fight against corruption, an oath taking ceremony was conducted to inculcate sensitized toward sincere effort for weeding out corruption from our country.

No. of Participants: 145



13. **Speech and Poster making competition:** Topic “Eradication of Corruption – Build a New India”. College students participated in the competition. Winners were awarded. A quiz competition was organized; the questions were related to the vigilance week. A rally was organized by college students regarding Vigilance week.

No. of Participants: 25

14. **Swachta Hi Sewa:** On this occasion, NSS had organised a cleanliness drive in the college and took out a rally for spreading awareness. Cleanliness drive had a great effect on cleanliness of the college environment. Debate competition, Slogan writing and Poster Making Competition were organized.

No. of Participants: 115



15. **Cancer Awareness Seminar:** To make students and the staff members more aware of cancer, its symptoms and its prevention, NSS unit had conducted a seminar on “Cancer Awareness” in association with IQAC on October 30th, 2018.

Name of Resource Person: Dr. Savera Ahmed (Sr. Consultant, Preventive Oncology, Dharamshila Hospital)

No. of Participants: 150



16. **Disaster Management Mock drill:** The NSS Unit organised a Disaster Mock Drill by Disaster risk management program, District East with motive to sensitize and create awareness about the aspects of disaster management.

Name of Resource Person: Mr. Ajit Banthem, project coordinator DM (district East), Mr. Shikh Khan, EOC operator DM, Mr. Rohit Sharma and Miss Pooja

No. of Participants: 84



17. **Self Defense Camp:** The NSS unit organised a Self Defense camp for the students from 15th -19th January. The students were trained by Delhi Police in order to empower girls and be able to defend themselves.

No. of Participants: 69

18. **Electoral Education Camp:** The NSS unit organised Electoral Education Camp on January 16, 2019. Students were show how EVM's work and a Nukkad Naatak was also organised to portray the importance of voting.

No. of Participants: 79



19. **Sports Day:** The team of NSS organised a sports festival for the students under literacy drive. The following events were held: 50m Race, Lemon race, Relay race, Frog race and Three-legged race. The winners were awarded with prizes and goodies.

No. of Participants: 55



20. **District Youth Parliament:** Youth parliament competition by the Ministry of Youth Affairs was organised in the college under the NSS unit on 29th January 2019. The competition was a debate on the topics- India sets global narratives on Terrorism, India sets global narratives on Economic Offenders, India sets global narratives on Climate Change, Khelo India: a gateway for binding sportspersons to make a mark.

Name of Resource Persons: Abhishek Mehrotra (journalist of digital media), Nitin Tyagi (MLA Laxmi Nagar) Sunita Gupta (founder and secretary, Sakshi Saheli NGO), Pradeep Kumar Gupta (Retired General Manager of NAFED), Dr. Prem Chand (Assistant Professor, National Law University, Delhi)

No. of Participants: 74



21. **Voter's awareness oath:** The NSS volunteers took an oath to register and vote wisely in the elections.

No. of Participants: 94



22. Lecture on Disability Act: The NSS unit organised a lecture on Disability Act on 31st January 2019 to sensitize the students to the disabled people and treat them with respect. Resource person, Mr. T.D. Dhariyal, State Commissioner for Persons with Disabilities, Delhi.

No. of Participants: 113

23. Lecture on Tobacco Control: The NSS unit organised a seminar on tobacco control to make the students aware about the ill-effects of tobacco and encourage them to stay away from it.

No. of Participants: 43

24. Scooty Driving Training Program: NSS along with HONDA has successfully conducted scooty driving training program for 3 days. More than 70 students attended this training. The expert trainers from Honda explained the driving tactics like body posture, driving precaution and proper maintenance of the scooty. NSS also organized a seminar on “Road Safety Companion” on February 22nd, 2019.

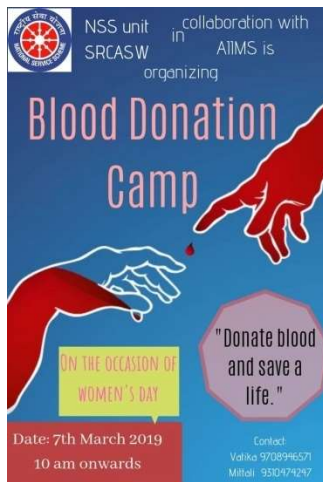
Name of Resource Person: Honda Motorcycles and Scooters team

No. of Participants: 45



25. Blood Donation Drive in University Cell of DU for Paying Homage to Pulwama Martyrs: NSS volunteers joined Blood Donation Camp organized by Delhi University at Conference Centre, North Campus on February 23rd, 2019.

No. of Participants:24



26. Voter Awareness and Graffiti competition: The NSS unit organised voter awareness program. A Nukkad Naatak was also organised to portray the importance of voting on 6th March 2019.

No. of Participants: 76



27. Lecture on Sexual harassment: The NSS unit conducted a talk on Sexual Harassment on 7th March 2019 in association with East Delhi Legal Services Authority.

Name of Resource person:Sh. Pawan Kumar, Secretary East Delhi Legal Services Authority.

No. of Participants: 85



28. Drives-

- literacy drive



- cleanliness,
- collection drive,



- vermi-composting,
- old and orphanage visits,



- women upliftment and
- Slum adoption



No. of Participants: 120

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