

## **Activities of GirlUp Nayaab(2021-22)**

**Rakt-** Webinar on Menstruation in collaboration with GirlUp Kranti in January 2022.

**Menstrual Health Management-** An online workshop in collaboration with Pratisandhi and WDC in February 2022 with 60-70 participants.

**Panel Discussion-** Conducted an offline panel discussion on women's day in March 2022 with 50-60 participation.

**Zumba Session-** Conducted a Zumba session in March 2022 in Amphitheatre of SRCASW. 50+ participation was seen.

**Donation Drive-** Ran a donation drive for RobinHood Academy in March 2022.

**Building Healthy Boundaries and Consent-** Conducted an online session on building healthy boundaries and consent in collaboration with Pratisandhi in May 2022 with 60-70 participation.