



under



presents

## Inter College Competition



**Prof. Shri Prakash Singh**

Director South Campus  
University of Delhi

*Chief Guest*

**SHUT-THE-COURT**  
(Badminton)

**CHASE IT**  
(Kho-kho)

**SMACK DOWN**  
(Tablr Tennis)

**HIVE FIVE**  
(Volleyball)

**BLISS**  
(Yoga)

**PAWN STARS**  
(Chess)

**BREAK THE FLOOR**  
(Aerobics)

### Intra College Competitions

- Three-Leg Race
- 50m Race
- 100m Race
- Relay-Race 4\*100
- Sac Race
- 7 Stapoo
- Tyre Race

*Win exciting cash prizes*



**19th-20th January 2023**



**SRCASW Premises**

Link for Registration



**For any queries, contact:**

Sakshi-95601 66453

Anita- 8791130956

**Dr Bimla Pawar**  
**Organising Secretary**

**Dr Punita Saxena**  
**convenor**

**Dr Payal Mago**  
**Principal**



# SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN



(UNIVERSITY OF DELHI)

ACCREDITED BY NAAC WITH A+ GRADE



## DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS SCIENCES



# PRESENTS

### Inter-college

- Rhythmic Yoga
- Non-rhythmic Yoga
- Aerobics

# SPARDHAA '2023

## Annual sports fest

### Inter-college

- Table Tennis
- Volleyball
- Badminton
- Kho-Kho
- Para Sports
  - Chess

**Date: 19th & 20th January 2023**

**Venue: SRCASW Premises**



**Win exciting cash prizes**

**For any queries, contact:**

**Sakshi-95601 66453    Anita- 8791130956**

**Link for Registration**

**<https://linkmix.co/13611680>**



**srcasw\_sports\_official**



**srcasw\_sports\_official**

**Dr Bimla Pawar  
Organising Secretary**

**Dr Punita Saxena  
convenor**

**Dr Payal Mago  
Principal**



# INSTRUCTIONS



- Registration is free , you have to register through the circulated Google form link to participant in any of the sports
- All the players must carry their identity cards and be in proper sports kit
- Team should report 30 minutes prior to their scheduled match time.
- All the players have to report by 10.00 am for the inaugural function on 19th January 2023
- Only Bonafied students of Delhi University can participate in the Inter College Sports as per Delhi University Inter College eligibility conditions.
- Decision of the Jury/Referee and organizing committee will be final and binding in all matters
- Ensure to register yourself before the mentioned deadlines
- Kindly be present on time